



Secwepemc Child & Family Services

Circle of Security and Indigenous Parenting Group

Sometimes we all feel lost in our parenting journey; imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

The Indigenous Parenting Program is modeled around our traditional teachings, culture, and holistic parenting. Participants will explore indigenous parenting practices, traditional family systems, and the sacred teachings/philosophies of our ancestors.

Join us and discover:

How to support your child's ability to successfully manage emotions.
Understand your child's emotional world and read emotional needs/cues.
How to enhance the development of your child's self-esteem.
How to honor your natural wisdom and desire for your child to feel secure.

Facilitators:

Maureen Rothman, Mental Health Clinician
Ashley Rankin, Early Years Intervention Specialist

Start Date: June 19th, 2019

Days: Wednesdays 5pm-7pm

Location: Adams Lake Health Center

**** Snacks & Childcare are provided but must be registered ****

Registration

Name: _____

Contact number: _____ Child minding required: Y or N

Address: _____ Ages of children _____

Main Office:

300 Chilcotin Rd., Kamloops, BC V2H 1G3
Ph: 250-314-9669 Fax: 250-314-9609

Urban Office:

285 Seymour St., Kamloops, BC V2C 2E7 Ph: 250-461-7237 Fax: 236-421-1620