



# Assistant Camp Cook and Professional Cook Level I

This **TUITION-FREE** program prepares students for employment in the cooking industry. The program consists of Assistant Camp Cook training and gives the students an option to seek employment in a camp environment or move forward into the Professional Cook Level 1 Certificate.

The Assistant Camp Cook program allows students to gain the practical skills and knowledge required for an entry level position in a large kitchen or remote camp setting. Students will become familiar with kitchen layouts, camp layouts, menu planning, food orders and equipment used in every day cooking for large numbers. This course offers both classroom and hands-on experience cooking and preparing food.

The Professional Cook Level 1 Certificate provides the fundamental knowledge needed for successful employment as a cook in one of the many areas of food service. A Professional Cook Level 1 typically works in a supervised environment and performs basic cooking and food preparation tasks utilizing knife skills, correct terminology and a variety of cooking methods. They must be able to follow recipes, weigh and measure food accurately, and have an understanding of the major techniques and principles used in cooking, baking and other aspects of food preparation. Upon completion of the program, Level 1 professional cooks will have a solid foundation of culinary skill.

Also included in the training is employability skills, FOODSAFE Level 1, WHMIS and Occupational First Aid Level III

## PROGRAM DATES:

Sept. 24, 2018 – July 12, 2019

## To be eligible for this FREE training program applicants must:

- Self-identify as an Aboriginal person
- Be legally entitled to work in Canada
- Be a resident of British Columbia
- Not be a student (i.e., enrolled in high school or other post-secondary training)
- Not be participating in another LMA funded program



For more information contact  
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Funding provided by the Government of Canada through the Canada-British Columbia Job Fund, and the Province of B.C.



CONTINUING STUDIES