

# #OneTeam1Voice Chase

## Mental Health Fair

February 19th, 2020

At Chase Secondary School

(420 Cottonwood St, Chase, BC)

Students Session 1:30pm-3pm

General Public 3:00pm-7pm

Guest Speakers 1:45pm & 6pm

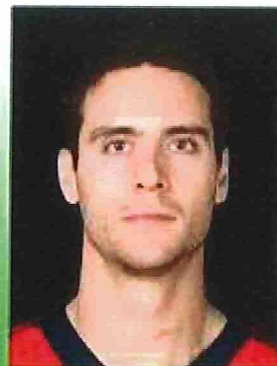
### Guest Speakers:

#### Myles Mattila



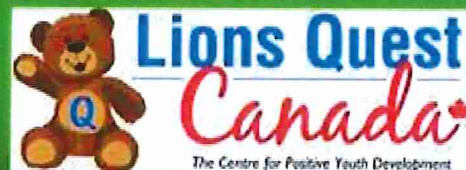
Myles is a Mental Health Advocate, Business Student, Junior Hockey Player, and the founder of MindRight. Which is a program that helps athletes end the mental health stigma within their peer group, and assist players with seeking the necessary help, they need from the P2P Resource Team and existing community resources.

#### Aaron Volpatti



As a retired NHL player, Aaron has experienced the ups and downs of life, both on and off the ice. From the highs of being called up to the NHL in his Sr year of university, to the lows of retiring from the NHL due to injury. Aaron not only has firsthand experience with his own mental health, but with those that are around him.

Sponsored By:



For more information contact:

Lana 250-574-3681 or Andrea 250-318-6342