

## **Adams Lake Indian Band**

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# **ALIB Community Communique**

FOR IMMEDIATE RELEASE

**June 25, 2020**

## **Adams Lake Response to Covid 19 Pandemic Emergency**

*Submitted by Health & Wellness Department*

### **Phase 3 of BC's Restart Plan**

Premier John Horgan announced June 24<sup>th</sup> that Phase 3 of **BC's Restart Plan** could now proceed cautiously. All of the safety measures in Phase 2 still apply (physical distancing, staying home when sick- no exceptions, good handwashing, enhanced cleaning, keeping social bubbles small, etc.), but some additional industries are opening up. We still need to keep our social bubbles at about 60-65% of pre-Covid norms during Phase 3. The additional sectors opening up are:

- ◆ Hotels, resorts, RV campgrounds, cabins will open up with safety guidelines.
- ◆ BC Parks overnight camping.
- ◆ Motion Picture and television production.
- ◆ K-12 in person classes 2020/2021 school year. A return to full-time in-class learning will happen in September 2020 as part of Phase 3, if it's safe to do so.
- ◆ Post-secondary in person classes 2020/2021 Academic Year. Many institutions have decided to continue with mostly online delivery this fall, while delivering hands-on, experiential training where needed while practicing

physical distancing. Returning and prospective students are encouraged to visit their post-secondary institutions' website for the latest information.

- ◆ Non-essential travel within BC.

As we look ahead to the summer, it will be a different one this year. In so many ways, it will be better than we expected only a few months ago, but it is certainly not a return to "normal programming". Non-essential travel has now opened up, and we are being asked to proceed with caution, and use our 'travel manners' when we explore other parts of the Province. British Columbians have worked really hard at flattening the curve, and we want to protect and steward this hard work – we do not want a fall and winter of a spike in Covid-19 cases, as we are seeing in the United States. This means if you decide to travel in BC this summer, you need to make a travel safety plan and do your research before you leave your home. We will be in Phase 3 now until a medication or vaccine is approved for use, then we will move to Phase 4.

When you hit the open roads this summer, **you are not leaving COVID-19 behind.**

- ◆ Consider the health and safety of people in your bubble, and whether you want to take any extra risks.

If you decide to travel, take the same health and safety precautions you do at home:

- ◆ Wash your hands often.
- ◆ Practice safe distancing, 2 metres.
- ◆ Spend time in small groups and open spaces.
- ◆ Clean spaces often.

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If you are feeling sick, stay home. **No exceptions.** If symptoms develop while travelling, self-isolate immediately and contact 8-1-1 for guidance and testing.

**Do your research and arrive prepared:**

- ◆ Plan ahead to make sure the community you want to visit is welcoming visitors.
- ◆ Be respectful of locals.
- ◆ Contact the local Tourism Association or Chamber of Commerce to learn what services are available.

Arrive prepared to smaller communities if they don't have the resources to support you.

- ◆ Bring groceries and essential supplies, if possible.
- ◆ If you get sick, self-isolate immediately and contact 8-1-1 for guidance and testing.

If communities are welcoming visitors, support their small businesses when you can.

For additional information on Phase 3 of BC's Restart Plan, visit:

[https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/phase-3?bcgovtm=20200526\\_GCPE\\_AM\\_COVID\\_6\\_\\_A\\_DW\\_BCGOV\\_EN\\_BC\\_\\_TEXT](https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/phase-3?bcgovtm=20200526_GCPE_AM_COVID_6__A_DW_BCGOV_EN_BC__TEXT)

Yucwestsútcwiye (Everyone take care).