

Adams Lake Indian Band Health and Wellness Department Urban Support Services

October, 2020

Attention: Adams Lake Band Members living in Lower Mainland (Greater Vancouver Area)

Weykt Xwexweyt-ep

Re skwest Rebecca Jules. Le7 es w7ecs ne7eliye me Secwepemculecw. St'ek ke Cstel nec te Secwépemc. Harvey Jules le Sle7e lu7 ell Mary Jules le Kye7e lu7. Re Kye7e skwest.s Eva Saul. Re qe7tse skwest.s Rod Jules (Joyce ODonaghey) ell Delvin Hall. Re ki7ce skwest.s Deborah Hall ell Dorothy Munro.

Pyin mút-ke ne ec r elkst, ell seyse ne Vancouver, BC, in the unceded Coast Salish Territories of the Xʷməθkʷəy̓əm (Musqueam), Sk̓wx̓wú7mesh (Squamish), and Seíłwítulh (Tseil-Waututh) and ǵíc̓əy̓ (Katzie), kwikʷəł̓əm (Kwkwetlem), Qayqayt and numerous Stó:lō Nations.

Hello Everyone,



My name is Rebecca Jules, I am Secwepemc from Adams Lake. My grandparents on my father's side are the late Harvey and Mary Jules, and on my mother's, Eva Saul. My parents are Deborah Hall, and Rod Jules (Joyce O'Donaghey). My stepparents are Delvin Hall and Dorothy Munro.

Today I live, work and play in Vancouver, in the unceded Coast Salish Territories of the Musqueam, Squamish, Tseil-Waututh, Katzie, Kwkwetlem, Qayqayt and numerous Sto:lo Nations.

I have recently been contracted to a pilot program by the Adams Lake Indian Band Health Centre initiative to provide urban support to members living in the Lower Mainland (Greater Vancouver area). I can assist with referrals and support services in the areas of child and family services, health, education, or connecting you to family, culture, and language resources within ALIB and in the urban area.

Even for those who are new to the city, please do reach out if you need any help getting set up, finding places, getting your bus pass or even if you just want to go for coffee.

I am looking forward to helping our urban membership. Please feel free to contact me at any time.

Kukstemc,
Rebecca

**Contact Adams Lake Indian Band Office
Toll Free 1-877-679-8841 or the
ALIB Health Centre at 250-679-7726**