

Adams Lake Indian Band

P.O. Box 588; Chase, BC V0E 1M0

PHONE: (250) 679-8841 FAX: (250) 679-8813

www.adamslakeband.org email: receptionist@alib.ca

ALIB Community Communique

FOR IMMEDIATE RELEASE

February 5, 2021

Adams Lake Covid 19 Update

Submitted by Health & Wellness Department

First Nations Health Authority has informed Adams Lake Indian Band that we will be receiving some Covid 19 vaccine soon (but not our whole allotment). ALIB Health & Wellness Department staff are working together to organize upcoming immunization clinics.

Once we do get Covid vaccine, our vaccine roll-out will go to Elders and Immunocompromised people first. If your immune system is compromised, and you are wondering whether you should get the vaccine, you **need to have a conversation with your doctor** to discuss this as soon as possible. If you do not have a doctor, you can call FNHA 'Doctor of the Day' service at **1-855-344-3800 7 days a week**. Because the vaccine is fragile, and has strict storage and use guidelines, we will be given limited time with the vaccine. To make this process smoother, if you are wanting to get a Covid vaccine, please call the Health Centre to get your name added to a list, so we may contact you quickly once the vaccine comes in. This does not book you a confirmed Covid -19 vaccine appointment, it simply lets us know that we can call you on short notice to book you an appointment when vaccine is available for you.

If you live in the Chase community, call the Health Centre at **250-679-7726**, and if you live in the Gleneden community, please call the Health Centre at **(250) 833-0356**.

First Nations Health Authority indicates that the goal of the Covid-19 vaccine campaign is to provide '**Community Immunity**', or a protective bubble over the community of people who live at Adams Lake. Because of this, the Covid-19 vaccine that ALIB receives will look like this:

The ALIB Covid-19 vaccine is for:

- People who live in the Community at Adams Lake who are 18 years and older (whether status, non-status, Indigenous, or non-Indigenous)
- People who work in the community of Adams Lake, 18 years and older (as they bring Covid risk into the Community)
- ALIB members who live close to the community and have regular interactions within the community (as they bring Covid risk into the community)

The ALIB Covid-19 vaccine is not for:

- ALIB members who live elsewhere in the province – due to current travel restrictions, and the increased risk of Covid spread to the community, these ALIB members will be on priority lists in the areas where they live.
- People who lease from the band and live separately and don't have regular interactions/access services from the community.

Getting a Covid 19 vaccine is an important step to prevent getting sick with Covid 19 disease. We care about your health. Getting vaccinated now will help protect you and the residents in our communities.

We understand you may have questions about the vaccine. Covid 19 vaccines are being held to the same safety standards as all other vaccines. You may have some side effects, which are normal

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signs that your body is building protection. The most common side effects are pain at the injection site, fever, and chills. These side effects tend to be mild to moderate and go away on their own within 1 - 2 days.

FNHA has great resources about the vaccine if you want to learn more:

<https://www.fnha.ca/what-we-do/communicable-disease-control/coronavirus/public>

Covid 19 vaccines are an important tool to help stop the pandemic. After vaccination, everyone should continue to follow all the current safety guidelines to protect themselves and others. Including:

- Washing your hands
- Staying home when sick and getting tested
- Keeping a safe distance from others
- Wearing a mask in public spaces.

Vaccines do more than protect you from Covid 19, they also protect everyone around you. The more people in a community who are immunized against Covid 19, the harder it is for the virus to spread.

Total cases since January 1, 2021: 30 cases.

Current Active Covid Cases	Recovered Covid Cases	Isolating at Home (Confirmed case or close contact)
7	23	*21

*approximate, as don't know all contacts.

It is important that people known to be quarantined and isolation to **stay home for their set time, not leave home and **stay away from others**.**

It is important part of stopping the spread of the virus and protecting the community. Kukstsemc.

Chief Atahm School Update

*Submitted by Robert Matthew,
Chief Atahm School Principal*

Adams Lake Indian Band (ALIB) Health Centre and myself were informed that a member of Chief Atahm School community was exposed to a positive COVID-19 case. They are self-isolating at home.

Based on the information available to the ALIB Health Centre and Chief Atahm School, the school will stay in session.

The school will continue to have enhanced cleaning which includes disinfecting common areas twice daily, with a complete clean each evening. As well, each building has a sanitizing station and a log-in book. Masks, hand sanitizers and disinfectant are available for all staff, students and their families.

The bus is cleaned after each trip. Masks are available for all bus riders.

We are working with the local health authority to determine if any additional steps are required.

We are reminded by Interior Health Authority, that only they can determine who is a close contact. We will continue to work closely with Interior Health and ALIB Health Centre to provide ongoing communication as required.

The safety and well-being of our students, families and staff remains our highest priority.

Chief Atahm School will continue to follow all processes outlined in the ALIB COVID-19 Protocols and FNSC COVID Protocols for schools during this pandemic.