

Appendix 9 - Personal Preparedness Checklists

EMERGENCY PERSONAL PREPAREDNESS KIT CHECKLIST

If time permits, it is recommended that residents prepare for emergencies by organizing a Personal Preparedness Kit that is easy to transport in the event of an evacuation order. Some suggested items and documents include the following:

ITEMS:

- Portable radio with spare batteries
- Flashlights with spare batteries
- Candles & matches (remember to place candles in sturdy containers and to put them out before going to sleep)
- Sleeping bag or warm blanket for each person
- Pre-packaged thermal blankets
- Leak-proof container of soap
- Small towel and washcloth
- Toothbrush and toothpaste
- Plastic knives, forks & spoons
- Bottled water - at least 4 liters of water per person per day (including small bottles that can be easily carried in the event of an evacuation order)
- Food that will not spoil (e.g. canned food, energy bars and dried foods)
- Small fuel-driven stove and fuel
- Pet food for several days and pet supplies
- First aid kit
- Toilet paper and other person care supplies
- Garbage bags for personal sanitation
- Multi-purpose tool or basic tools (e.g. hammer, pliers, wrench, screwdriver, work gloves...etc.)
- Spare contact lenses and/or glasses
- Medications
- Small amounts of cash & coins
- Credit cards
- Cell phone, cell phone charging cords and a disposable battery charger if possible
- List of emergency contact numbers of immediate family members & relatives

DOCUMENTS:

- Driver's License
- Health Care Card / Number
- Social Insurance Information
- Birth Certificates
- Will
- Name / Phone number of children's school
- Insurance Policies
- Insurance Agent's name & contact information
- Mortgage Papers
- Treaty Card/Identification
- Name & phone number of out of town/province contact
- Passport
- Bank Account Numbers
- Medical Cards
- Name/Address of Doctor
- Medical Prescriptions
- Medication lists (suggest they write down what they take and how often)
- Professional Licenses and Credentials
- Photos or video of personal property
- Title to vehicles (cars, boats, RV's etc.)