

Adams Lake Indian Band

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ALIB Community Communique

FOR IMMEDIATE RELEASE

Oct 14, 2021

Adams Lake Covid 19 Update

Submitted by;
Sexqeltqin Health & Wellness Department

Current Active Covid Cases	Recovered Covid Cases	Isolating at Home (Confirmed case or close contact)
2	73	2

Total cases since January 1, 2021: 75 cases.

*approximate, as we don't know all contacts.

Flu vaccine: it is again the time of the year to get your flu vaccine.

What does the flu vaccine protect against? The flu vaccine protects against the Influenza virus.

What is influenza? The influenza virus is a virus that causes respiratory illness. The Influenza virus can cause from mild to severe respiratory illness and even death.

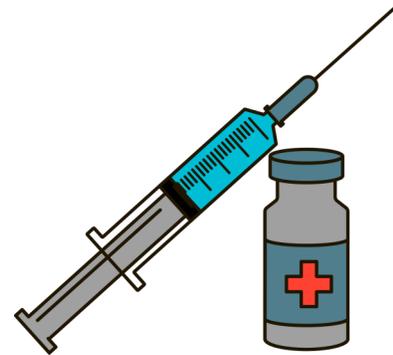
Why should I get the flu vaccine when Covid is present? The flu vaccine will create immunity against getting sick with the influenza. Being sick with the influenza decreases your immune system so your body would be less able to fight Covid.

Who can get the flu vaccine? Children over 6

months, Elders, pregnant women, teens, adults, essential workers, and people with medical conditions.

You can learn more on Influenza at: www.immunizebc.ca

How do I book my flu vaccine? There will be some flu clinics at Adam's Lake (at the gym) and some clinics at Gleneden (third to end October). If you have young children or children with anxiety to vaccine, please call the Adam's Lake Indian Band Health centre to book private appointments **250 679 7726**.



Update on Covid passport

The deadline to be fully immunized is October 24, 2021. If you have not received your Covid vaccines yet or received the second vaccine, please call **8-1-1** to book an appointment or go online at www2.gov.bc.ca

If you did not get your vaccine passport, go to www2.gov.ba.ca. you can download it on your phone. If your immunization record is wrong, please scroll down to the first website page to "My immunization is wrong" then it will ask you to upload a picture of your Covid vaccine card. If you don't have access to internet call **1-833-838-2323**.