



Interior Region – Central Contact Information

Däkelh Dené | Ktunaxa | N. Stát'imc | Nlaka'pamux | Secwepemc | Syilx | Tsilhqot'in

The Interior Region FNHA is happy to announce that we are now able to provide our Nations, communities and members with a direct phone number and email address to access resources specifically related to;

- **Mental Health**
- **Cultural Supports**
- **Crisis Support**

We hope that this new pathway will be better able to provide you with simple, accurate and timely access to programs and services

Our goal is to connect members, staff and partners with the right people the first time!

Below are the ***NEW*** Mental Wellness contact details:

General Inquiries Toll Free Phone Number:

1-833-751-2525

E-mail Inquiries:

IRSupports@fnha.ca