



Applied Suicide Intervention Skills Training (ASIST)

May 2 & 3, 2019

8:30-4:30

At Quaaout Lodge

- ◆ Lunch will be provided
- ◆ Childcare Not Provided
- ◆ Open to: Community members of;
- ◆ Little Shuswap Lake Indian Band (LSLIB)
- ◆ Adams Lake Indian Band (ALIB)
- ◆ Neskonlith Indian Band (NIB)

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop that teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—anyone 16 or older can learn and use the ASIST model.

*****must register*****

Contact Rachel @ 250-679-3702 to register