



Circle of Security[®] PARENTING SERIES



Secwepemc Child & Family Services

Sometimes we all feel lost in our parenting journey; imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security[®] Parenting[™] program is based on decades of research about how secure parent-child relationships can be supported and strengthened. Target age of children age 0 – 12 years old

Join us and discover:

- How to support your child's ability to successfully manage emotions
- Understand your child's emotional world and read emotional needs/cues
- How to enhance the development of your child's self esteem
- How to honor your natural wisdom and desire for your child to feel secure

Facilitated by:

Maureen Rothman and Emily Edmundson

Location: Sexqeltqin Health Centre (6424 Village Rd.)

Dates: Thursday October 25th – December 13th, 2018 (8 weeks)

Time: 10AM-12PM (2hrs)

Course Cost: Free

Child minding "Subsidy" available
(Payable to your Babysitter)

Snacks Provided

Registration

Parent Name(s): _____

Contact number: _____ Address: _____

\$20 Child minding "Subsidy" required: Yes / No (flat rate/week/class/session)

***Name of Adult Babysitter who cheque will be payable to** _____