



PLEASE JOIN US FOR 3-DAYS

Adams Lake Indian Band welcomes Crisis & Trauma Resource Institute (CTRI) to deliver on-site Workshops:

- **SEPT. 9** - Anxiety in Children & Youth - Practical Intervention Strategies
- **SEPT. 10** - Mental Health Concerns in Children and Youth
- **SEPT. 11** - Wellness Strategies for the Helping Professional

Please join us for one or two or ALL of our sessions!!

FREE

Adams Lake Indian Band Recreation Centre

Meals will be served

Doors will open at 8:30am, event will start at 9am

INSPIRING LEARNING. IMPROVING LIVES ~ CTRI



Adams Lake
Indian Band

For more information about our workshops, please call Jolene Anderson, BSW at 250-679-7726 or janderson@alib.ca or Natasha Billy, BSW at nbilly@alib.ca for registration.



**Adams Lake
Indian Band**

**3 Day Workshops
September 9 - 11, 2019**

Adams Lake Indian Band Recreation Centre
For ALIB Members and Community Members

REGISTRATION

Name (PRINT Clearly): _____

Company/Organization: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Home #: _____ Work #: _____ Cell #: _____

E-mail Address: _____

Which Event Can You Attend? (Please check all that apply)

- Anxiety in Youth Practical Intervention Strategies – Sept. 9
- Mental Health Concerns in Children & Youth – Sept. 10
- Wellness Strategies for the Helping Professional – Sept. 11

Where did you hear about this event?

Would you like to be added to our email list for future events & updates? YES or NO

~Coffee/Tea, meals are included. Please list any food allergies: _____

~Registration will start at 8:00am at ALIB Rec Centre on September 16 with breakfast and event will start at 9am Sharp

~Space is limited, please register early

****Please send completed registration forms to Jolene Anderson, BSW, ALIB Health
Centre at janderson@alib.ca**

Thank you!