

Cstélen Elders Unity Meeting



Saturday February 23, 2019

9:00 AM– 3:00 PM

**Adams Lake recreation community centre
6349 Chief Jules**

Meeting called by Kukpi7 Cliff Arnouse

Attendees: Cstelen Elders age 60+, anyone who wishes to listen & participate in the group sessions (Please note that this event is not suitable for small children)

Agenda: 9:15-12:00 noon Cstelen calendar months, 13 months/13 moons, seasonal activities session (Howard Sheilds, Derek Williams)

12:00 noon lunch

1:15-2:45pm Traditional values and resilience (Facilitator TBA)

Adams Lake Indian Band

For more information please contact Daidri Marr 250-679-7726 (Ext 2372)

