

NATIONAL ADDICTIONS AWARENESS WEEK

WORKING TOGETHER FOR WELLNESS

In Canada, for every ten individuals there is one person suffering from some type of substance disorder. As a nation we are all impacted by its effects. Whether or not their disorder is visible or hidden we all know someone suffering. It may be oneself, a colleague, a friend or a family member. Addiction is not a choice, it is a serious health condition that needs to be addressed. Join us during National Addictions Awareness Week to help reduce the stigma associated with substance use. Each evening we will be combining comfort with culture and working together for wellness.

FREE EVENT
EVERYONE WELCOME

WHEN
November
26-29, 2018
6 pm - 8 pm daily

MONDAY, NOV 26TH:
Drumming and smudging circle
at Sk'elep School of Excellence.
365 Powwow Trail.

TUESDAY, NOV 27TH:
Traditional storytelling at
Thompson Rivers University.
Event to take place in the House
of Learning, Room 190.

WEDNESDAY, NOV 28TH:
Walk for sobriety. Event to begin
at the Riverside Park tennis courts.
ROUTE: Through the park, up
Third Ave, up Victoria St, and
then up Fourth Ave to the United
Church. Feel free to join in at any
point.
Please bring a jar and candle.

THURSDAY, NOV 29TH:
Photo Voice Exhibit. Event to take
place at the United Church. 421 St
Paul st.

For more information please contact either Dave Manuel or Bobbi Sasakamoose

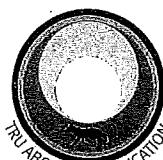
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Maintaining Balance



bcresponsiblegambling.ca



Interior Health
Every community counts