

Adams Lake Indian Band

Cstélnec Newsletter

March 2016

March 31, 2016

Attn: ALIB Membership

Re: **GENERAL BAND MEETING**

ALIB Members are invited to attend the General Band Meeting:

Date: Wednesday, April 13, 2016

Time: 5:00—8:30 pm

Location: ALIB—Gymnasium

Re: 2016/2017 Budget Presentation

Agenda:

5:00—6:00 pm: Dinner

6:00—6:15 pm Opening Remarks by Chair

6:15—6:45 pm Finance Committee Presentation

6:45—8:45 pm: 2016/17 Budget Presentation.

For more information on 2016/2017 Budget contact members of the Finance Committee:

Valerie Michel , Joyce Kenoras or Lucy William at
(250) 679-2221



2016/2017 Budget Information Session held on March 2.



Sun Peaks, let's talk about it.

Membership Open Houses

April 5, 2016

ALIB Gym (Adams Lake Indian Band)

April 6, 2016

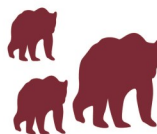
Quaaout Lodge (Little Shuswap Lake Indian Band)

Drop in between 4pm to 7pm.

Snacks and refreshments will be provided!

talksunpeaks@gmail.com

Can't make it? Fill in a survey at
www.talksunpeaks.ca



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CHIEF'S REPORT

I would like to start by offering my condolences to the Ar-nouse and Ignace/Sampson family. I had the opportunity to see both elders before they passed and it is always difficult when they are making that final journey home. Sle7e Jones had a lot of advice for me and I felt bad making him talk so much during his last few hours. The message he gave me was “rebuild our laws, rebuild our Secwepemc government”. I have always listened to what he has said for years and we have hosted several workshops on governance this past year. It is a major loss when we lose elders that knew our language, culture, and traditions.

Well it has been one year since becoming Chief and I have been honored to serve my community. Listed below are a few positive and exciting initiatives the Adams Lake Band is working on:

Title and Rights

- Finalized an agreement on Mica 5/6 bringing a significant cash payment and \$4M in direct award contracts to the Bands.
- Initiated an agreement with Interfor that has key provisions such as accommodation payment per cubic metre of wood, employment and contract opportunities, timber/lumber for housing and infrastructure, etc.
- Initiated discussions on Section 35 negotiations on roads that pass through our reserve (ie Kamloops/Shuswap road, highway 1) that could bring new lands and compensation for past use, etc. and a corridor-wide agreement for all Trans-Canada projects heading east to the Alberta border.



Infrastructure

- Secured funding for Chief Atahm School expansion (\$2.25M) with additional funding already being negotiated.
- New water lines, treatment plants, and other projects under construction.
- New housing subdivision for Switsmalph 6 nearing construction – planning stages for IR#4 subdivision.

Governance

- Formed new governance committee to assist the Adams Lake's self-government initiatives.
- Proposal drafted to initiate negotiations on self-government.
- Drafting community education program on governance to all age groups.

Economic Development

- Finalizing restructuring of development corporation.
- Developing business plans for real estate and agriculture development
- New opportunity with Glen Echo Resorts
- Secured funding for feasibility study to build an Elder's Care Facility in Salmon Arm.
- Examining feasibility of bison cow/calf operation with CP holders.

Education

- Partnership for Construction Craft Training program in Westbank, BC – Adams Lake produced 5 grads and will host Phase 2 next year.
- Completing feasibility of developing a post-secondary training institution to host a wide variety of community-based training (ie Law Enforcement Prep, early childhood education, etc.).



- Proposal drafted for language program targeting non-fluent speakers and off-reserve Band members using latest technology (online training courses).
- Hosted women's self-defense training to compliment Murdered and Missing Indigenous Women initiative.

There are a lot more initiatives in development and it is important that we all work together to leave a better future for our children. Once again prayers for those that lost love ones recently and I see even though they have passed they will bring our people together. I am firmly committed to working hard every day and take my responsibility as Chief seriously.

I look forward to spring; and please feel free to drop by for a visit or invite me over for coffee.

Kukstsemc, Robin Billy, Chief, Adams Lake Indian Band

Administration Pillar

Councillor Brandy Jules

Report for February—March, 2016

Weytk-p Xwexwèytep

Knucwente-kuc es yegwyegwt.s-kuc

Culture & Language:

March 9-11 was the 2016 Salish Language Conference in Spokane, Washington. In the sessions I attended, I was amazed at the amount of speakers I was surrounded by.

A saying that stuck with me is “How do you plan to Improve if you don’t speak your language”.

Because technology is popular with our youth, they have implemented a modern video game in Salish.

Pre- School Immersion Session included:

- ♦ Their Mission Statement is strong and they stand behind what they say
- ♦ If parents want to enroll their children into their school, they must commit to learning the language or your child will not be enrolled
- ♦ Parents must complete 4 hours a month and child care is offered and different times of the day to accommodate
- ♦ Their school is 90% funded by donations

Chief Atahm School (CAS) expansion celebration was held on Monday March 14th which had speakers share the history of how Chief Atahm first started and some obstacles but



that it is common for any process to face and overcome and become successful as long as you always remember the “Vision”.

- ♦ It might be a need, or a want or one child to start but just do it and always believe
- ♦ CAS is the first immersion school to operate in BC and was built in 1997

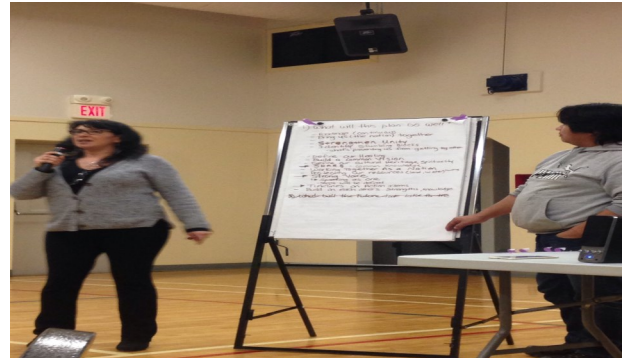
Reading the report “B.C First Nations Languages 2014”

here are some stats from the communities within the Secwepemc Nation who reported:

- ♦ 11.5% learners
- ♦ 12% semi speakers
- ♦ 2% fluent speakers

Language is in our “Oath of Office”, Language is also mentioned in our Swixweytec (Our Ancestral Voice), in our Community Health Needs Assessment.

My goal is to be mentored one on one and start with setting one day a week aside to visit an elder and learn, learn more than I know today.



CCSP Coordinator Karen Everard presenting our Swixweytec at the Secwepemc Nation Unity Meeting with assistance from ALIB member Larry Johnny.

CCSP:

Our CCSP Coordinator remains busy with budget and work plans in process. This fiscal we do plan to host an annual Information Session and update our Membership on where we are at. The key message of our Swixweytec was to be utilized as a guiding tool for current leadership to have direction from the community. The purpose was to always engage our community and staff on changes as we grow.

The CCSP was 7 years of work and included many community meetings and sessions, as well as Department Head engagement sessions and updates to Chief & Council.

It has always been supported by Leadership, past and present. The 6 pillar approach always had the Vision of 6 “Directors” reporting to the “Band Manager” to reduce 17 managers reporting to one person which would enhance more effective reporting and accountability.

February 4 & 5 our CCSP Coordinator presented our CCSP process at the Secwepemc Nation Unity meeting in Bonaparte.

We received good feedback and our CCSP Coordinator did a great job in presenting our Pro’s and successes in our community and that is something any CCSP has highlighted is the positives in the community and how to overcome those obstacles.

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Councillor Brandy Jules continued

Human Resources:

C&C will be doing interviews for the Executive Director all day on Thursday March 24th. It's important that we have someone who fits within our community and can take what we have and be motivated and committed to implementation.

Finance:

C&C contracted out former Director of Finance John Mosimann to work on our 2016/2017 budget and come up with a balanced budget. Draft 6 was presented to C&C at our Council meeting on March 22 and was passed by Motion to present to Community on March 29th for approval.

Conferences:

In February, was the annual AFOA Conference held in Montreal, Quebec. This was my first experience attending the Annual AFOA conference and had the opportunity to hear 5 former National Chiefs speak.

Some quotes that stick with me:

- ♦ "The young ones can teach us"
- ♦ "Open your Heart"
- ♦ "Reconciliation starts everywhere and we all have a responsibility"



Former National Chief Shawn Atleo, ALIB Director of Finance Leah Gaze and myself at the Annual AFOA Conference in Montreal, Quebec

Councillor Norma Manuel

Community Services Pillar

It has been one year since I was elected to the ALIB Council. (February 28th, 2015)

The following is my three-minute presentation to the Community.

My name is Norma Manuel. My parents are J.D. Manuel and Susan Allen. My sle7e and kye7e are Tommy and Helen Harris.

The reason I want to be a Band Councillor is based on my belief and value of a supportive healer. Coming from a healing perspective I feel it is important to work towards a vision of a healthy community. This perspective will guide me to make sound decisions on behalf of our community. I am an effective team player who can share my vast knowledge acquired throughout my years of work experience and personal growth.

I have the ability to communicate with all individuals within and outside our community, listening to their concerns.

I believe a wellness perspective and approach is key to the success of all our endeavours.

I have 3 goals I want to address:

1. Facilitate trauma healing in our community.
2. Facilitate a process of care that assures children, elders, and individuals needs of health, and education are met, and ensure they are not living in poverty.
3. To communicate information of band concerns in a timely, consistent manner.

These characteristics demonstrate my capabilities, as a Secwepemc woman, to represent our community with knowledge, respect and integrity.

I will present a 10-minute power point presentation after this meeting.

Kukstsemc

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Report from Norma Manuel, Councillor.

As I reflect on the contents of this presentation I have accomplished many of the goals I've named. A community needs assessment was completed under the direction of Rod Jefferies, Trauma Clinician. The results of the assessment are being put into place in a timely manner. The layer of trauma our community has experienced requires a well-developed process to commence. The long journey of recovery for our community is important for our generations yet to come.

The process of care of our children has been a challenge. The system that is in place comes from a European perspective. I have reviewed several other approaches such as Safety First as well as Splatsin Child Care finding that as a community we need to include "Our Practices of Child Rearing" to make a difference. The recent Cindy Blackstock Human Rights case win in the Canadian Supreme Court will help in this respect. An outcome of this victory is that children on welfare on the reserve will get equal what is received off reserve.

I have attended the Elders Meetings that were held in their space to listen and learn from them and also to assist in their needs.

Our community's individual needs of health and education are being met through developments of policy ensuring available dollars are secured. That important information is available to community members. The challenge of members living in poverty is on going.

In order to communicate current information on our concerns I encourage members to attend all community meetings, such as Title & Rights, Governance, Finance presentation of budgets by all departments. Meetings that are a priority for Chief and Council are those where we have the opportunity to seek funding, such as Ministry of Transportation; Interfor; BC Hydro and others.

Education is another area where I attend meetings to ensure funding for Chief Atahm School (CAS) and the Public School are receiving dollars that are allotted to these schools, ensuring that the community is aware of the systems that are in place to deliver the funding.

My Pillar is the Community Services, which includes Health, Education, Chief Atahm School, Daycare and Head start. Throughout the past year Chief and Council have been making changes to the Pillars in order to have an accountable structure in place that will better serve the community as a whole. This supports my vision of a healthy community as a foundation for a productive future for generations to come.

To conclude this report, I say Kuktsemc to the Community, my Family and my Friends for their support during the past year.



CSTELEN CHIEFS
Nicola Valley Jr Native Hockey Tournament
Bantam Champions 2016

Councilor Greg Witzky

Natural Resources Pillar Update for January & February 2016

Forestry:

We have approved timber harvesting permits in the Mt. Ida area, Cahilty, Louis Creek and in Ptarmigan Hills.

Negotiations with Interfor continue to examine how we can implement an impact benefit agreement, which has been discussed regularly at our monthly title & rights forums held on the last Wednesday of each month.

There has been opposition from some community members who say anyone who signs consultation, accommodation, reconciliation and impact agreements is a sellout. Naturally we do own the resources and are responsible to conserve and protect them for the next generations, but the government and industry see it from a different view point. Our biggest challenge is in working together to assert our ownership and jurisdiction over the land and resources. Blaming, shaming, finger pointing and airing our dirty laundry in public only results in dividing us because when we feel intimidated, or threatened, we tend to put up a wall between each other. Healthy proactive communication then gets put on the side burner while we defend our opinions and positions. The powers that be continue on with business as usual while we fight to prove who is right and who is wrong. In reality it might take at least ten years of political advocacy, lobbying, protest and civil disobedience to entrench our Secwepemc world view, and spiritual connection with the land, into the way resources are managed and shared. It will take even longer if we don't work together in unity. I plan on continuing as a band councilor for as long as it takes to get this important work done.

Fisheries:

The Lower Adams River Sockeye salmon run was the lowest recorded in history on this cycle year, while on the other hand the South Thompson Chinook salmon run was the highest ever recorded during this cycle.

For the second year in a row there will be **no** targeted commercial fisheries in the Lower Fraser River, or in the ocean approach fishery.

Archeology:

Corey and Roger Saul continue to monitor highway construction on the off-reserve section by Hoffman's Bluff.

Archeology & Cultural Heritage Assessments for Forestry:

We have service agreements in place with industry to do field surveys and identify potential arch sites in proposed logging cut blocks.

Recreation Site Maintenance:

In the process of negotiating the co-management agreement again. The Province and Interfor to fund the campground maintenance program this year.

Meetings and Conferences:

On January 7th Council met with the new Interim Executive Director Andrew Leach, who was hired to replace acting Band Manager Beatrice Anthony. We decided to hire him because of his proven track record in restructuring over eighty Band organizations during his career. I learned that for the past nine years previous Councils have been talking about changing our band administrative structure, in order to provide improved services and programs to our members. As a new Council we evaluated the band administrative processes and determined there was a need to develop an effective strategy for change. We have followed up on our mandate to do this, in order to make an investment in the community and provide membership with a better quality of life. The change in management structure is a hard pill to swallow for some staff, but all-in-all it is the health, wealth and happiness of the community, as a whole, that is more important than individual self-interests.

On January 8th I was able to participate in the Incident Command System Level 100 training. This course is now mandatory for members of our Emergency Management Team. I am the liaison officer of our Emergency Operations Committee.

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Councillor Greg Witzky continued

Meetings and Conferences:

On January 15th I participated in the walk and red ribbon tying ceremony to recognize and honour missing and murdered indigenous women and children.

From January 26-28th I attended the Fraser Salmon Conservation & Management Forum in Richmond, BC. The intent of the forum was to provide us with post-season fisheries information from 2015. As the past ALB Fisheries Manager from 1998 - 2007 I attended many of these forums. One good thing now is that more and more First Nations leaders are sitting at the table, and are making decisions to support our concerns about salmon returning to spawn in our traditional territory. Most of the fisheries management issues are still the same but at least more First Nations are now unifying to protect the resource for future generations.

From January 30-February 1st I was involved with bringing back the communal elk hunt over in the Shuswap Indian Bands traditional hunting grounds, around Invermere, BC. The intent of the hunt was to bring some of our youth out on the land and harvest elk meat for the elder's group meals. During my past employment with the band I was responsible for organizing communal elk hunts, but no youth were involved back then. Those hunts were focused on harvesting enough elk to hand out some to each and every elder. That was not the intent this year, but I will be bringing back that kind of communal hunt for next season. Tim Johnson and Jeremy Biron helped chaperone the following youth; Louie, Lelyn, Jarvis, Trey, Julian, Brent, Tony and Austin (Ozzy).

On February 3rd all Council participated in a one day organizational restructuring workshop facilitated by Andrew Leach. The intent was to utilize the CCSP six pillar (portfolio) structure and only have six senior managers, instead of the current seventeen, reporting directly to the executive director. The process involved moving staff positions around, inside the CCSP pillar framework, in order to find the best fit for them within the bands improved administrative structure. The CCSP pillars were not changed only the management reporting requirements were adjusted, in order to improve services and hold staff more accountable for their positions.

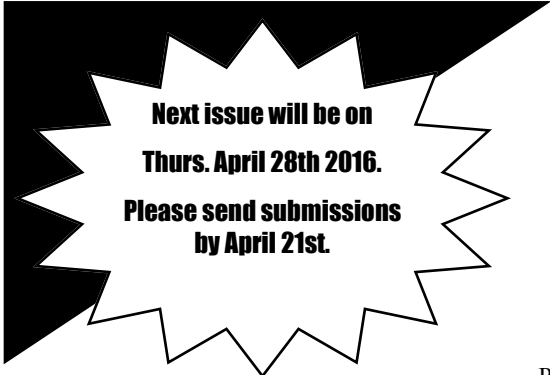
On February 5th I attended the Secwepemc Nation Unity meeting in Cache Creek, BC. The intent was to work towards developing a Secwepemc Nation vision from our individual community visions. I now have a better understanding of the difference between governance and government and how each has different functions, but are still closely related.

On February 10th I chaired the Membership Committee meeting. The intent was to review and update the membership rules, which have been on the back burner for a long time now. We plan to present the updated rules to Council by the end of March 2016 before going to the community for a vote to accept them, or not.

From February 15-16th a group of volunteers helped cut up the communal elk harvested on January 31st. The volunteers included; Tim Johnson, Jeremy Biron, Honey, Sarina, Loretta and Linda wood, a few of the youth from the hunt and Beverly Saul.

On February 25th I attended the Secwepemc Fisheries Commission Steering Committee meeting in Kamloops, BC. The intent of the meeting was to receive updates on First Nations fisheries management projects in our territory. I presented a one page document outlining ALB's position in the First Nation-to-First Nation fisheries management planning process. The position paper will be presented to all First Nations fishery representatives at the next Fraser Salmon Forum. A copy of the position paper is available in my office upon request.

On February 26th I participated in the StS/SEI joint planning session. The intent was to integrate the political and economic strategic initiatives from each of the three communities involved. This information will be used to set direction for SEI and to create important documents, such as strategic plans and governance manuals for SEI.



**Next issue will be on
Thurs. April 28th 2016.
Please send submissions
by April 21st.**

Councillor Ron Jules

Infrastructure & Emergency Services Pillar



Feb – Mar 2016

Feb. 3/16 – We had a visit from the Statlimc tribal police. Their spokesperson is Debra Doss. We last had a visit from them about 25 years ago, when Mike Leech was in charge. We have remained as Adams Lake Security and the Statlimc have gone on to become full policemen and police women. It was agreed that ALIB would form an Alliance with the Statlimc Police as they presently are alone in what they do and what we want to do.

Feb. 6/16 – I attended the Annual General meeting of the Secwepemc Cultural Education Society, the meeting was in a trailer behind North Kamloops High School. Apparently this was their second office move in the past year. There were six or seven people in attendance, this is a far cry from when all seventeen bands started this organization around 1982. This was to preserve our language culture and help teach all of it. Over the years the participation has dwindled a lot.

Feb. 10/16 – I attended the CSRD (Columbia Shuswap Regional District) in Salmon Arm. The highlight of the agenda was a presentation on the condition of the Lakes with the amount of phosphorus being released in the surrounding lakes and rivers, phosphorus is quickly degrading our water and habitat in many ways.

Feb. 11/16 – Today I went to visit Marge Johnny, she seemed in a good way and is always happy. She said we should get the Glen Eden Eagles going again so I can watch them. (the Eagles are the old team from Glen Eden), and they were a strong team. She now has a care giver seven days a week. Later that day I attended a meeting at Little Shuswap Band on the protection of pictographs. There have been pictographs destroyed and others tampered with around the Adams area, there is protection methods being worked on, so this doesn't happen again.

Feb. 14/16 – I attended a meeting at TRU on the Harper Lake Logging case of 1999. There were professors – lawyers – law students and Sylin and Secwepemc there, we were discussing opinions on different ways to proceed to court, such as - should we proceed separately or together or even go back logging. The charges stem from Sept. 1999 and has not gone forward because we are not unified, basically.

Feb. 15/16 – The next day I attended the Interior Alliance meeting at TRU, which was a two-day meeting, there was a lot of talk and updates on First Nations issues, such as treaty vs non-treaty. The Tsilhqot'in supreme court of Canada decision and what's being done. There were academics present to help answer and address question.

Feb. 18/16 – I attended the UBCIC (Union of BC Indian Chiefs) for the second day as I am still their Elders Representative. We sit most of the day and hear all the updates, reports and ask questions if we have some. Musqueam – ALIB has always been a supporter of the UBCIC since it started at Kamloops in 1969.

Feb. 19/16 – I attended a BC Elders Board Meeting at Chilliwack as recommended by the UBCIC, they wanted me to join the Board for six months, and when they moved and seconded it, it was for three years and it was too late to back out.

Feb. 22/16 – Our whole Council and Dave N. met with the Simpcw Council at Simpcw. We went over maps of areas of joint concern, the areas that we both shared today and in the past. This issue must be always remembered and passed down to our people.

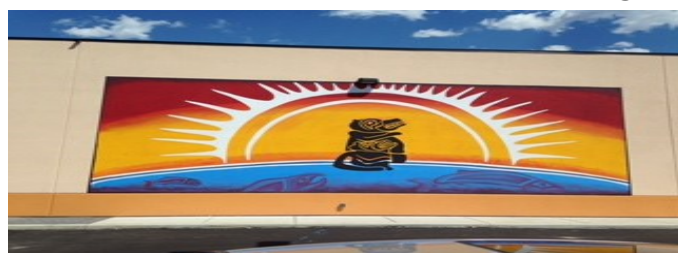
Feb. 23/16 – We postponed Council today to attend Francis' funeral in Xaxlip. This was a well-run funeral and a lot of Secwepemc in attendance. Francis will always be remembered.

Feb. 26/16 – We had SEI planning at Quaaout Lodge (Sts-Sei) Sexqeltk'emc te Secwepemc, this is the business owned by Adams Lake – Splat'sin and Neskonlith bands. The first two hours were spent talking by band reps about the importance of getting along, later we broke into four groups and did group discussions on priorities.

Mar. 2/16 – We had the first budget meeting at the gym, there was much discussion that required a follow-up.

Mar. 8/16 – I attended the Annual Salish Language Conference in Spokane. We had about ten of us who went down, our main goal this year was to get information on setting up different models for the language for adults on our band. Presently we are beginning to organize classes for adults, so we can be more committed to speak as we are left behind by our children. Presently, as in our Oath for Council – We must strive to achieve the language, but all our families must also strive to learn the Secwepemctsin. This will be a benefit in many ways as this Council is in full support – (skle'w). There are classes now and we will make sure they continue. Down there they have a model beginning in Sept. Where they will pay students who attend language classes, but they will be full committed, not coming when you feel like going.

Continued on Page 9.



Councillor Ron Jules continued

Mar. 16/16 – Attended RIH at am for X-rays on left knee and hip, was on wait list about one year for new knee cap and new left hip and was told I didn't need one. This same thing happened in 2008 when I ten went to Kelowna for new hip from x-rays taken at Revelstoke when I worked there. All I can say is, our Indian medicine is the best there is.

Mar. 17/16 – Attended the RFA Chiefs meeting at Hotel 540 in Kamloops (Reconciliation Framework Agreement) This is an Agreement between Adams Lake – Skeechestn – Splatsin – T'kemlups te Secwepemc – Shuswap and British Columbia. This is to be a step in the reconciliation process to establish and implement common-law obliga-

tions to consult and economic participation by the bands.

Mar. 21/16- Attended a workshop on Economic Development for First Nations in Kamloops. It was good to hear ideas on opportunities and ways to plan them through in economic development. Also, as we all know this past Easter will never be forgotten as we paid our farewells to Jones and Regina, our respected Elders, big families from near and far. Also today, our friend Emery Robbins is getting buried at Vernon. So sad for his young family. That's all for now. Take care. (make sure the students have good grades)

Yours Sincerely,
Councillor Ron Jules



Adams Lake Indian Band: Lands Negotiation with MOTI

WHAT'S GOING ON?

Over a number of years, Adams Lake Indian Band (ALB) has lost various amounts of land from its reserve base as a result of takings by the Ministry of Transportation and Infrastructure (MOTI) under Section 35 of the Indian Act.

These takings have never been resolved and there has been no alternative land or cash settlement.

ALB leadership approached us (The Castlemain Group) to provide support in the upcoming negotiation and land selection process related to the resolution of this section 35 takings of ALB land.

WHERE ARE WE GOING? HOW DO WE GET THERE?

Our work is divided into 4 tasks, and throughout the project it is **important that community members are informed and involved!**

- **Task 1:** Over the coming weeks, ALB and The Castlemain Group will work together to establish the overall Terms of Reference with MOTI. This is the **Negotiation Framework** where we will ensure that ALB leadership and membership interests are defined and represented throughout the project.
- **Task 2:** Once the Negotiation Framework has been defined, the **Land Appraisal process** can begin immediately. The goal of this process is to establish a fair market value for the land — this is the amount of compensation MOTI will be required to pay, whether in the form of land or cash to buy land, or both.
- **Task 3:** Once the appraisal is complete and the overall property value has been established, the **Land Selection Process** can begin. We will work with ALB to prioritize the possible land options based on community feedback and identified needs.
- **Task 4:** Supporting the overall project, the **Community Engagement Process** is a key component of the overall negotiation. It is important that ALB members are kept up to speed on what is happening and that any outcome is consistent with community priorities.

Community Driven Development

TOGETHER, we will work to ensure that ALB is fairly compensated for reserve land takings in the upcoming negotiation with the Ministry of Transportation and Infrastructure (MOTI).

Adams Lake Indian Band: Lands Negotiation with MOTI

HOW DO YOU WANT TO BE ENGAGED?

Over the coming months, ALB leadership will be reaching out to members for feedback throughout the negotiations with the Ministry of Transportation and Infrastructure (MOTI).

Help us stay in touch by filling out the short form below (don't worry, we promise we won't send you any junk mail). If you have any questions or comments, you can leave them below or contact the Band Office.

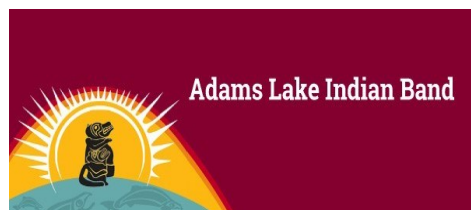
First Name:		Last Name:	
Alias:		Date of Birth:	
Address:			
Postal Code:		City:	Province:
Telephone:		Email:	

How do you prefer getting Band information (select as many as you like)?

- ☐ Mail ☐ Phone ☐ Newsletter ☐ Other: _____
☐ Email ☐ Facebook ☐ Community Meetings

Questions/Comments:





Cstélnec Newsletter

We invite stories, recipes, photos, articles and any other information that would be of interest to our communities and membership. We reserve the right to accept or refuse submissions and edit for content and length. We also reserve the right to refuse advertising that in our opinion does not reflect the concept of the newsletter.

Contact the

Cstélnec Newsletter Team:

Karen Everard – CCSP/Communications
Co-ordinator

Bernadette Dennis-

Document Management File Clerk

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PO Box 588, Chase, BC V0E 1M0

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6453 Hillcrest Rd, Chase, BC V0E 1M0

Hours

Monday – Friday 8:00 am to 4:30 pm

Closed weekends and holidays.

The winner of the draw for those who submitted their applications for the ECAP program with BC Hydro/Fortis BC was Lynn Duck Chief. Thank you to the 17 people who completed the applications and made their submissions for the \$100 GC draw before March 4 @ 4 pm.

Adams Lake Indian Band
P.O. Box 588; Chase, BC/V0E 1M0
PHONE: (250) 679-8841/FAX: (250) 679-8813

March 23, 2016

Important Notice to Community

Adams Lake Indian Band Chief and Council have been alerted of suspicious activity taking place in our Community.

We urge all residents to report suspicious activity to Adams Lake Indian Band Security David Jules – 250-371-2027.

Kukstsemc

Sahhaltkum Daycare

Situated on Adams Lake Band
6439 Hillcrest Rd.
Chase, BC

250-679-2229
or 250-679-8841

- Fully qualified ECE Workers
- For Ages: 3 months to 12 years
- Open from 7:30 a.m. to 5:00 p.m.
- Some extra services available (ie. Hot lunch, after daycare service)

Sahhaltkum Daycare has space available in our:

- Infant/Toddler (under 3 years) Program
- 3 to 5 Years Program
- Out of School Care Program (6 to 12 years)

www.PageBorders.net

ALIB EDUCATION MANAGER — SHANE COUTLEE

My name is Shane Coutlee — your new Education Manager. I am a Lower Nicola Indian Band member and I am the son of George Coutlee Jr and Vivi Jorgensen. My grandparents Harriett (Margaret) Gilmore and George Coutlee Sr were both LNIB members as well. I am married to Karen VanEislander of Kamloops and our daughters are Paige and Miya. I should also share that I have an extended connection to your community through my wife's family as her grandparents adopted Patty John who I spent time with on many occasions with family before her passing. I continue to be "Uncle" to both of Patty's children.



Many of you might remember me when I worked with School District #83 as a Vice Principal at Salmon Arm Secondary (Sullivan and Jackson). My area of expertise is focused on Educational Leadership and my primary purpose in my new position with ALIB is to increase the education capacity at all levels for your membership (both on and off reserve). Donna and Diane created a strong foundation for me to work with and I look forward to taking your Education Department to the next level with the support of both Diane and future additions to our team.

I am the first to acknowledge that my credentials will only provide value to Adams Lake Indian Band if I take the time to learn what is important to the community and incorporate your direction into the execution of our Department's plan. Over the course of this first developmental year I will be reaching out to the community to gather information that will set the vision for our Department. I look forward to meeting all of you during this process.

As a visitor to your Territory I feel both honoured and privileged to be asked to provide my expertise to your community. I look forward to learning from you and I will continue do my best to earn my position within your community.

Seeking General Feedback

Over the past 6 months the Newsletter Team have made changes to production of our monthly newsletter. We are seeking general feedback on the recent progress. Can you suggest anything that might help in anyway for future issues? Please call Karen at

(250)679-8841 Ext 2242 or email

keverard@alib.ca

Karen Everard

Adams Lake Indian Band

Planning/Communications Coordinator

Adams Lake Band Members & Community Members

Please hand in last year's Recreation receipts dating from April 1st 2015-March 31st 2016 if you already haven't done so. The Health & Wellness department will not pay for the former fiscal years recreation receipts after March 31st 2016. Please drop them off the Recreation applications and official receipts at the Sexqeltqin Health Center. Recreation applications can be found at the Adams Lake Indian Band office in Chase (Elders room: Daidri Marr) and Sxwetsmellp (Annie Williams).

**Thank you for all who participated in the FNHA Winter Wellness 2016 Grant, Community Kitchens
from Jan 14, 2016 to Feb 15, 2016 ALRCC**

Submitted by Denise Michel

Coreen Williams	Verity John	Jasmin John
Simon Baptiste	Isaiah Narcisse	Kenny Cameron
Denise Michel	Miya Deneault	Max Young
Ethel Billy	Marya Wood	Elianna Copping
Alisha Billy	Hanna Willis	Annie Michel
Megan Williams	Brooke Stensrud	Cindy Johnny
Tim Rylan	Gina Johnny	Howie Sterling
Lissa Kenoras	Mel Charters	Kye Charters
Yonni Johnson	Larry Johnny	Shauna D
Howard Johnson	Lana Louis	Pete Saul
Ester Michel	Charity Johnson	Sarah Michel
Sandy Lund	Mary Dennis	Dalla Powder
Julie Desautels	Margaret Deneault	Tanner Dennis
Aiyanna Gregoire	Serina Netowaysin	Kim Dennis
Mikayla Williams	Connie Manuel	Jessie Michel
Michaela Dennis	Corbyn Arnouse	Colby Eustache
Desmond Arnouse	Cassius Duckchief	Hannah Wilson
Ryder LeBourdais-Louis	Tyson Narcisse	Gage Ginther
Brendon Sampolio	Craig Duckchief	Ken Billy

See photos on Page 13



Highlights FNHA Winter Wellness 2016



Local Artist

A great opportunity to display your talent, the Chances Casino on our Switsemalph IR # 7 reserve in Salmon Arm, is looking for local artist to display art work for sale.

If you are interested in this great opportunity please contact Lesley Thiessen,

Food and Beverage Manager at:

250-832-5634 or

Email lthiessen@berezan.ca



Looking for Elders photos

The Health & Wellness Department is currently looking for past and present photographs, size 8×10 / 8.5×11 photo sizes preferred.

The photos will be framed & displayed in the ALIB Chase Admin building.

If you have any questions, or would like to submit an Elders picture please contact Daidri Marr (250) 679-7726 (Ext 2372)

Or stop by the ALIB Elders room.

TRAINING COURSE



SEXQELTKMC
ENTERPRISES INC.



April 4-15, 2016

501 First Nations Road Salmon Arm, BC

2 WEEK TRAINING COURSE

Sexqeltkmc Ent. Inc. is please to offer a two week training course that will feature Traffic control flagging, life skills, first aid with transportation endorsement and a full week RISC Archaeological Field Technician Course. 14 Seats available.

Course Schedule

Week 1 April 4-8, 2016

Days 1-2—Certified Traffic Control Flagging Course

Day 3— Life skills Course

Days 4-5 First aid with transportation endorsement

Week 2 April 11-15, 2016

Full RISC Archaeological Field Technician Course

Upon successful completion of the two-week training course participants will hold valuable skills to help them attain full-time employment.

*Trans Canada highway
4 laning project from
Kamloops to Alberta
border will produce
roughly 3300 jobs over
the next 10 years*

Registration info

Sexqeltkmc Ent. Inc.
#102-440 Squilax—Anglemont Rd
Chase, BC
Dorry William (250)679-2108
Email dwilliam@sxcloud.ca
CCsbilly@sxcloud.ca



Objectives

- Certified traffic control
- First aid with Transportation Endorsement
- What is Archaeology
- Site types
- Site Survey

Sexqeltkmc Ent. Inc. 250-679-2108 #102-440 Squilax-Anglemont Rd. Chase BC, V0E 1M2



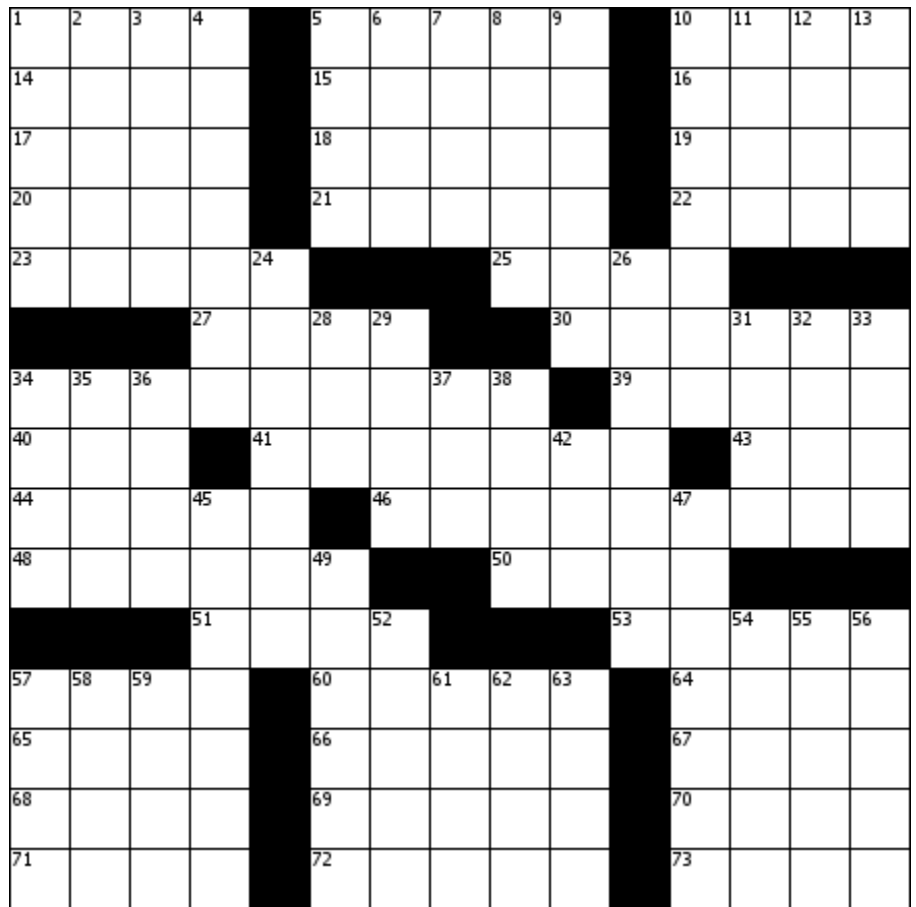
We are looking for some volunteers

To help us with our group of boys and girls. Come support our Beavers, Cubs & Scouts. Please call Timothy at 250-961-8308



Across

1. Feels unwell
5. Sleeved garment
10. Folded tortilla dish
14. Out of work
15. Seoul's country
16. Range part
17. Actor ____ Connery
18. Not fitting
19. Function
20. Buddhist monk
21. Belief
22. Hooting birds
23. Gladden
25. Bank transaction
27. Burden
30. Groups of eight
34. Symbolize
39. Hot chocolate
40. Lode yield
41. Yarn craft
43. Oil-drilling equipment
44. ____ Gras
46. Big, hairy spider
48. Self-____
50. Baseball's ____ Rose
51. Office acronym
53. Breaks sharply
57. Stated
60. Noblewomen
64. Actor ____ Guinness
65. Speak imperfectly
66. Separate
67. Short letter
68. Bright thought
69. Radio and newspapers, e.g.
70. Better late ____ never
71. Young adult
72. Construct
73. Pepper's mate



1. Bride's path
2. Flawless
3. Andean animal
4. Member of Congress
5. Brief play
6. Sharpen
7. Mideast country
8. Ward off
9. Skin art
10. The Blue Jays' city
11. Declare openly
12. Jail room
13. Wallet fillers
24. Foes
26. Emphasizes
28. UN member
29. Religious subgroup
31. Unbleached color
32. Work hard
33. Heroic narrative
34. Italian city
35. Periods in history
36. Cheeky
37. Gun owners' org.
38. Field cover
42. Bombshell ____ West
45. Without expression
47. Renters
49. French title
52. Document
54. Luau greeting
55. Flower part
56. Fragrance
57. Narrow cut
58. Staff officer
59. "____ dead people!" (2 wds.)
61. Fabricated
62. Funnyman ____ Idle
63. EMT's word

Answers Page 19

You're Joking

Q - What's the difference between a guitar and a fish?

A - You can't tuna fish.

Q - What do you call a baby monkey?

A - A Chimp off the old block.

Q - What do lawyers wear to court?

A - Lawsuits.



INDIGENOUS PATHWAYS to Language



May 6th & 7th, 2016
Kamloops, BC

THOMPSON RIVERS UNIVERSITY

S p l u l k ' w s r Q e l m u c w ũ w i

*Chief Atahm School and Thompson Rivers University invite you to an
International Indigenous Language Conference*

Tony Trinick

Te Kura o Te Puna Wananga School of Māori Education
University of Auckland

**& Other Maori
Language Educators**

Sami Language Revitalization
Finnmark, Norway

Jane Juuso

Chief Atahm School Staff

TPR, Storytelling through Language, Immersion
Strategies, Land-Based Learning and more!

Call Now to Register! 250-679-8837

caschool@alib.ca



chiefatahm.com



Indigenous Pathways To Language Survival
International Language Conference
Thompson Rivers University, Kamloops, BC
May 6th & 7th 2016



Registration Form

Please Complete Conference Registration Form & fax, email or mail to: (See Address below). Upon receipt of completed Conference Registration Form and payment, a confirmation of registration will be sent to the billing contact along with Participant Workshop Selection Forms for each paid registrant.

Billing Information:

Bill to Organization _____
Contact Name _____
Mailing Address _____

Payment Method

☐ Certified Cheque/Money Order ☐ Purchase Order # _____

Please note, all purchase orders will be charged the regular registration fee. No Purchase orders will be accepted after April 30, 2016

Make Payments payable to Secwepemc Ka- Language, Box 1068 Chase BC, V0E1M0.

Cancellations: All Cancellations must submit a cancellation request form no later than April 30, 2016. A Cancellation fee of \$25 will be billed for each registrant. After April 30, 2016, there will be no refunds. Substitutions are acceptable.

Registration Information (Check only one):

		Quantity	
<input type="checkbox"/>	Early Registration (Until Mar 28, 2016)	\$350/person	x ____ = \$ _____
<input type="checkbox"/>	Regular Registration fee (Mar 29 to Apr 30 2016)	\$400/person	x ____ = \$ _____
<input type="checkbox"/>	On-Site Registration (After Apr 30 2016)	\$450/person	x ____ = \$ _____

Registration Sub-Total

Minus Group Discount

(Only if 5 or more participants on same payment)

Registration Sub-Total _____ X 10% = (\$ _____)

Group Discount: To receive 10% group discount, 5 or more registrants must be billed to one invoice. Please list the names of all registrants in the group below. Each registrant must complete a registration form to indicate their workshop selections.

Registration Total \$ _____

For More Information Contact:

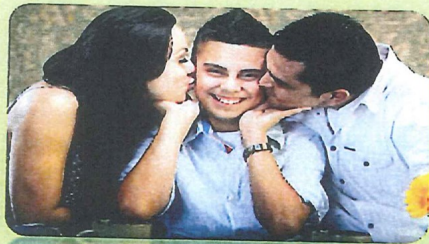
Tanya Arnouse or Kim Dennis - Conference Assistants

Box 1068, Chase BC, V0E 1M0

Phone: 250-679-8837 Fax: 250-679-8862

Email: chiefatahm@telus.net

Website: www.chiefatahm.com



Reclaiming Connections is a free 10-week program to support parents and caregivers of pre-teens (ages 8 – 12) and teens (ages 13 – 17). Caregivers meet in groups of 8-10 with two group leaders for 1.5 hours each week.

Traditional Cultural Knowledge

Reclaiming Connections has grown out of our work on Connect, a relationship based program for parents and caregivers of youth. Reclaiming Connections recognizes the unique strengths and history of Aboriginal peoples in Canada. Reclaiming Connections supports Aboriginal families in ways that are safe and respectful, integrating traditional cultural knowledge and teachings, in accordance with their specific meaning and fit within local communities. The program has been structured so that leaders can adapt the program to fit the unique needs within each community.

Understanding and Connecting with Our Youth



Do you worry that your child doesn't listen to you? Do you worry about their emotional, social and spiritual wellbeing? Strong relationships with parents and caregivers protects youth, promotes mental health and helps them thrive, but sometimes it's difficult to find ways of connecting with our children. In Reclaiming Connections we find new ways of understanding and strengthening our relationships with our children.

What do Parents and Caregivers Do in Reclaiming Connections?

Parents and caregivers meet together and learn new information about big changes our teens experience, from changes in their brains to emotional and social changes. Group leaders do role plays to show common challenges, as they guide parents through helpful exercises to reflect and learn new strategies.

Where Can I Find Reclaiming Connections?

Reclaiming Connections is provided by trained individuals who have experience working with Aboriginal families and hold cultural knowledge. Groups are provided in a many settings to meet the needs of families and communities across British Columbia. Contact us to find the nearest location.

Join Us in Shaping Reclaiming Connections

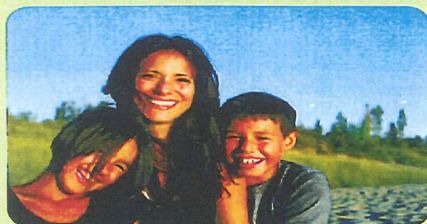
Reclaiming Connections is shaped in collaboration with Aboriginal families, mental health professionals and researchers. Through a mutual dialogue and partnership with all levels of community, we continue to gather information about how to make the program stronger and ensure cultural sensitivity and safety. Information gathered belongs to each community; and with consent, new knowledge will be shared broadly to support learning.

This research is funded by the Canadian Institute of Health Research. It is approved by Simon Fraser University Research. You are welcome in the program even if you do not want to participate in research.



What We Work Toward in Partnership with Parents, Caregivers and Communities

- Building our understanding of our child's needs, feelings and behaviours in relationships
- Building our understanding our needs, feelings and behaviours as parents and caregivers
- Exploring new ideas and strategies to support our children and take care of ourselves
- Promoting our child's social, spiritual and mental health



Parents and caregivers have shared that the program leaders respected them, helped them feel less stressed, more positive and hopeful about their relationships with their children. They have noticed positive growth in their child's wellbeing.

To find Reclaiming Connections in your community, please contact:

INSERT LOCAL CONTACT

NORMA MANUEL
250-679-2841



Or, please contact
Karla Braber at 604-660-5842
E-mail: Karla.Braber@gov.bc.ca

For more information, please visit:

www.connectparentgroup.org

www.adolescenthealth.ca

connectparentproject@sfu.ca

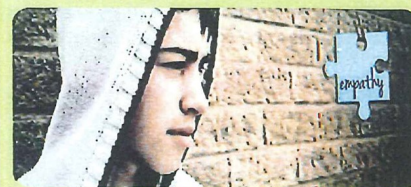


All enquires are completely confidential



Reclaiming Connections

Strengthening Relationships Between Youth, Parents and Caregivers, Through Aboriginal Knowledge



Information for Parents, Caregivers and Communities

Upcoming Events from other organizations/groups

Lillooet's 13th Annual AA Roundup

April 29—May 1 at T'tit'q'et Administration Gym, Lillooet, BC Candle light meeting, banquet, dance, guest speakers, breakfast meeting. Contact Mark at (250)256-7934.

Secwepemc Governance Meeting

May 8—11 at Splat sin Community Centre, Enderby, BC . Facilitated discussions and engagement on governance and Secwepemc title & rights, health and wellness, children and families, implementation planning, setting priorities. To register or more information call Kelly-Ann at SNTC (778)471-8208.

Together Shuswap 6th Annual Workshop

May 11 at Splat sin Community Centre, Enderby, BC. Bring cultures, governments, sectors and community members of the Shuswap together for a day of education, celebration, sharing, exploration and action toward creating a better Shuswap for all of its people.

Walhachin Walha-Schindig Spring Celebration

May 14 from 10 am to 4 pm at Walhachin Soldiers Memorial Hall, 4359 Central Ave, Walhachin, BC (between Savana and Cache Creek, BC) Music, games, artisan & flea market. Table rental, admission by donation. For more information call (250)318-6100.

Expression of Interest

Community Wellness Needs Assessment

The Chief and Council are establishing a working group to guide the planning and implementation of the Wellness Plan.

The group will include six participants of:

- Leadership
- Elder
- Youth
- Community member, and
- Staff

Purpose:

To review the Adams Lake Indian Band Community Needs Assessment document and recommendations.

Prerequisite:

- Adams Lake Indian Band Member living in the community
- Recognize the need for community wellness
- Be available to attend meetings
- Effective communication
- Recognize the need for self-wellness ad role model this to community
- Group will follow Adams Lake Indian Band Committee Guidelines

Apply in writing to:

Norma Manuel
Adams Lake Indian Band
PO Box 588
Chase BC, V0E 1M0



Did you know Some fun facts

Did you know rabbits like licorice.

Did you know the smallest bones in the human body are found in your ear.

Did you know honey is the only natural food which never spoils.

Did you know the only continent with no active volcanoes is Australia.

Did you know toilets use 35% of indoor water use.

Did you know Koalas sleep around 18 hours a day.

Did you know your foot has 26 bones in it.

To Adams Lake Community and beyond

March 31, 2016

In our time of grief, our friends and family stepped forward, to help with ensuring mom had a wonderful life celebration March 28, 2016.

Kukstemc, to all the helpers, singers, drummers, diggers, elders, speakers, leaders, cooks, visitors, travelers, workers, writers, card players, cleaners, fire keepers, traditional and non-traditional, long-time friends, story tellers, organizers, and many more, we could not have done it without your help.

Including, family and all those that could not make it back to our community to join in with the celebrations. We are sure mom would understand.

To the ones who traveled far, safe travels home. Apologetic if we missed anyone.

All, our Family and friends, Mom and Jones brought us together to help begin the healing of our families and community.

Through our trying times many, many have stepped forward to help, for this we will be forever grateful. The calls to encourage, console, remember and continue.

Mom was cared for by some very dedicated care givers from Ponderosa, Over Landers, and Ridgeview Lodge, for this the family is very, very grateful.

Some speakers have reminded us of the humor and smiles mom inspired. Like the reading of the eulogy by Councillor Ron Jules mentioning the "Kiss" rather than "Miss". It broke the tension at just the right time. Mom's way of playing her final joke on Ron.

The very special mention and comments from elders, members, and the hard work done by the great grand sons, daughters.

The 3 promises to Mom, whether appreciated or not, it was done.

Bring her home
A mass service
Be buried before noon.

They are in a better place, where all the other ancestors are.

The Arnouse Family, Kukstemc.



Learn Secwepemctsin Words

Chief Atahm School (CAS) has archived and teach our language using **First Voices** web based tools and services . On this website you can engage and learn Secwepemctsin words, phrases, songs, stories, the alphabet.

Go to: www.firstvoices.ca

- ◆ Click on English
- ◆ Click on Choose a Language
 - Scroll down to near bottom
- ◆ Choose Secwepemctsin (Eastern Dialect)
 - This brings you to CAS Community Portal
- ◆ Click on Learn Our Language
 - On left hand side bar you can pick:
Words, Phrases, Songs, Stories, Alphabet.
- ◆ If you click on Secwepemctsin word, you will hear audio on how to say the word.



Secwepemctsin

(Eastern Dialect)

English

kyé7e

grandmother

slé7e

grandfather

kweséltken

cousins, relatives, friends

You're Joking

Puzzle Solution © OnlineCrosswords.net

A	I	L	S		S	H	I	R	T		T	A	C	O
I	D	L	E		K	O	R	E	A		O	V	E	N
S	E	A	N		I	N	A	P	T		R	O	L	E
L	A	M	A		T	E	N	E	T		O	W	L	S
E	L	A	T	E						L	O	A	N	
				O	N	U	S			O	C	T	E	T
R	E	P	R	E	S	E	N	T		C	O	C	O	A
O	R	E		M	A	C	R	A	M	E		R	I	G
M	A	R	D	I		T	A	R	A	N	T	U	L	A
E	S	T	E	E	M					P	E	T	E	
				A	S	A	P			S	N	A	P	S
S	A	I	D		D	A	M	E	S		A	L	E	C
L	I	S	P		A	P	A	R	T		N	O	T	E
I	D	E	A		M	E	D	I	A		T	H	A	N
T	E	E	N		E	R	E	C	T		S	A	L	T

Q - How do you make a tissue dance?

A - Put a little boogey in it.

Q - How do you shoot a killer bee?

A - With a bee bee gun.

Q - What do you call sad coffee?

A - Despresso.

Q - Why are frogs so happy?

A - They eat whatever bugs them.



Ingredients

- 1/2 cup flour
- 2 teaspoons paprika
- 1 1/2 teaspoons salt
- 1/4 teaspoon pepper
- 2 pounds boneless pork chops
- 1/2 cup butter or margarine
- 1/2 cup chopped onion
- 1/2 cup chopped green bell pepper
- 1/2 cup chopped celery
- 4 ounces sliced fresh mushrooms
- 2 cups milk
- salt and pepper to taste
- 2 tablespoons lemon juice

Baked Pork Chops



Directions

In a pie plate or wide, shallow bowl, combine 1/4 cup flour, paprika, salt and pepper. Lightly dredge chops in flour mixture. In a heavy skillet, melt butter or margarine over medium heat. Brown chops on both sides; transfer to a shallow baking dish. In the same skillet, sauté chopped onion, chopped bell pepper, and chopped celery until onion is tender; add mushrooms and continue cooking until onion lightly browns; add remaining 1/4 cup of flour, blending in well.

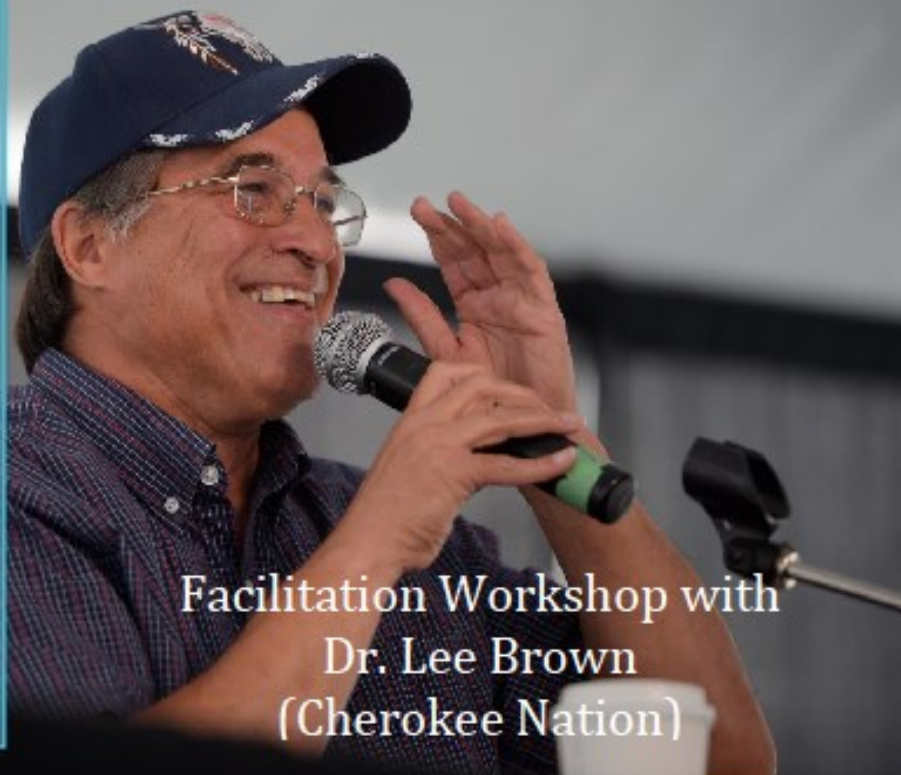
Add milk slowly, stirring constantly, until sauce is thickened. Taste and season to taste; add lemon juice. Pour sauce over chops in baking pan. Cover with foil and bake at 350° for 1 hour. Serves 4 to 6.



Emotional Competency

When:
9:00am – 12:15pm
Wednesday
April 20th 2016

Where:
(ADAMS LAKE
CONFERENCE CENTRE)
6349 Chief Jules Drive
Chase BC
Contact:
caschool@alib.ca
250.679.8837



Facilitation Workshop with
Dr. Lee Brown
(Cherokee Nation)

Dr. Lee Brown is the former Director of the Institute of Aboriginal Health in the College of Health Disciplines and the Indigenous Doctoral Program in the Department of Educational Studies at The University of British Columbia. He has developed a theory of holistic emotional education that is predicated upon six principles of emotional competency that arise out of his research. Lee also facilitates the annual Emotional Education Conference and is a co-founder of the Global Emotional Education Association. Lee is published in Academic Journals on the subject of Emotional Education including the Canadian Journal of Native Education.

EVERYONE WELCOME
DEADLINE: APRIL 14th / 2016 (4:00pm)

CONTACT :
caschool@alib.ca
250.679.8837 (phone)

SECWEPEMCSTIN LANGUAGE CLASS FOR FAMILIES



MONDAYS 5:30-7:30PM
Jan.25th -April 25th

Adams Lake Old Hall, Adams Lake reserve

Free, Bring potluck item to share
Bring your own dishes and cutlery

Sponsored by the George Manuel Institute

Chief Atahm School High School Parent Meeting



Tuesday April 26, 2016

Chief Atahm School High School Portable

5:30 pm

Please attend to discuss the Program for the 2016-2017 School Year

Planning meeting for next School Year Program
Parents who would like to enroll new students are also welcome

For more information contact school: 250-679-8837



Household

Hints & Tips

- ◆ Remove onion smell from your hands by first washing them with soap and water. Then while hands are still wet rub them over the faucet spout. No more smelly hands.
- ◆ To clean oil based paint off of your hands, use vegetable oil. Then wash hands with warm soapy water.
- ◆ To remove the smell of smoke place bowls of white vinegar around the house to absorb the odor.
- ◆ Salt and lemon juice mixed together remove mildew stains.
- ◆ When younger kids begin to get bored with their toys, put some toys away for a few weeks, then bring them back out. Alternate the toys every few weeks and the kids think they have something new to play with.
- ◆ To help repel the dust on dashboards between cleanings wipe with a used dryer sheet.

RED NATION WARRIOR JAM SESSIONS

EVERY WEDNESDAYS

7PM- 10PM

SPIRITUAL CENTER

**WE ARE ALSO GOING TO HAVE SECWEPEMC
SONGS AND DANCE LESSONS ONCE A MONTH
ON THESE DATES.**

February 17th, March 16th, April 13th, May 11th, June 1st.

(MARK THEM DOWN)

6pm @ Spiritual Center

PLEASE EVERYBODY COME ON OUT!

Save Paper/ Keep Informed

Provide the Band Office with your e-mail address and we can keep you informed on Band News, Notices, Initiatives, Projects, Program/ Services, Chief & Council Reports, Upcoming Meetings/Events etc.

Call Karen at (250)679-8841 or

toll free 1-877-679-8841

Can also check out our website www.adamslakeband.org

Upcoming Meetings/Events

Bingo

Sun. Apr. 3rd Doors open 5:30 pm; Warm Up 6:15 pm; Walk Ins 6:45 pm; Early Birds 7:00 pm; Regulars Start 7:10 pm. At Adams Lake Recreation & Conference Centre, Chase, BC, Free Coffee, Door Prizes, Concession. Contact ALRCC at (250)679-3515.

Sun Peaks, Membership Open House

April 5 at from 4:00 pm to 7:00 pm at Adams Lake Recreation & Conference Centre, Chase, BC.

April 6 from 4:00 pm to 7:00 pm at Quaaout Lodge, Little Shuswap Lake Band, Squilax. Snacks and refreshments will be provided. Can't make it? Fill in a survey at www.talksunpeaks.ca More information e-mail talksunpeaks@gmail.com

Friday Night Stick Games

Every Friday. Doors open at 5:30 pm. Adams Lake Band Hall, Chase, BC. Potluck Feast, bring your dishes, Entertainment, Open Games, Concession, 50/50. Everyone welcome.

Wednesday Night Jam Sessions

Every Wednesday from 7:00 to 10:00 pm at Adams Lake Spiritual Centre, Chase, BC. All songs are shared. Everybody is more than welcome to come out to sing and learn and teach us.

General Band Meeting—2016/2017 Budget Ratification Vote

Wed. Apr. 13 from 5:00 pm to 8:30 pm at Adams Lake Recreation & Conference Centre, Chase, BC. Dinner from 5:00 to 6:00 pm; 6:00—6:15 Opening remarks by Chair/Director of Finance; 6:15—6:45 pm Finance Committee Presentation & Director of Finance. 6:45—8:45 pm 2016/2017 budget presentation. ALIB membership are encourage to attend this ratification vote.

Secwepemc Cultural Community Day

Mon. Apr. 18th starts at 8:45 am at Quaaout Lodge & Talking Rock Golf Resort, 1663 Little Shuswap Lake Road, west. Some activities include: canoeing, story telling, hand drumming, scavenger hunt, pit house. All hand drummers welcome. For more information contact Dawn at (250)679-3702.

Emotional Competency Workshop

Wed. Apr. 20th from 9:00 am to 12:15 pm at Adams Lake Recreation & Conference Centre, Chase, BC. Everyone welcome. Deadline April 14th at 4:00 pm. For more information call Chief Atahm School at (250)679-8837.

Title & Rights Information Sessions

Wed. Apr. 27th, Info Sessions are always the last Wed of the month to provide updates on projects being proposed in our traditional territory. Please come out to monthly title and rights meetings to discuss important title and rights developments. To strengthen two-way communications, encourage community engagement, be informed, to give input and dialogue.

International Indigenous Language Conference

May 6 & 7th at Thompson Rivers University, Kamloops, BC Call Chief Atahm School to register (250)679-8837.