

## ADAMS LAKE INDIAN BAND - NOTICE OF BY-ELECTION

PLEASE TAKE NOTICE that pursuant to the 2014 Adams Lake Secwepemc Election Rules (the "Election Rules"), of the By-election for one (1) Chief and three (3) Councilor's; and important dates:

**Thursday, November 24, 2016:**

**NOMINATION MEETING:** will be held on **Thurs. November 24th, 2016** at the Adams Lake Band Gymnasium – 6349 Chief Jules Way, commencing 6:30 pm and lasting for at least two hours.

*\*See Section 7.1 of the Election Rules as to the eligibility requirements. Also, See Section 13.9 of the Election Rules, as to the candidate requirements to file the required documents with the Electoral Officer, prior to the close of the nomination meeting. Any candidate, who fails to file the required documents with the Electoral Officer prior to the end of the nomination meeting, will have their name removed as a nominee.*

**Thursday, December 1, 2016:**

**CANDIDATES FORUM:** will be held on **Thurs. December 1, 2016** at the Adams Lake Band Gymnasium – 6349 Chief Jules Way, commencing 6:00 pm to 10:00 pm. Moderator: Bonnie Leonard.


**Thursday, December 15, 2016:**

**ELECTION DATE:** will be held on **Thurs. December 15, 2016** at the Adams Lake Band Gymnasium – 6349 Chief Jules Way, commencing at 8:00 am to 8:00 pm.

Any questions pertaining the By-Election, please contact Raymond D. Phillips, QC; ALIB Electoral Officer at 216 – 345 Chief Alex Thomas Way, Kamloops, BC, V2H 1H1; Toll free: (855) 355-4441; Fax: (778) 471-7090; Email: chuckpalsht@gmail.com

Dated this 16th Day of November, 2016

George Bailey, Interim Executive Director



### ALIB Vision Statement

*"Our Creator placed us on this land to take care of our people, our land, our language, our customs, our knowledge, our culture, our title, to be ours forever and ever. Ensuring that we live in a safe, healthy, self sufficient community where cultural values and identity are consistently valued promoted and embraced by all."*

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November 14, 2016

File #: 88151.2  
Direct: 604 647 4119  
Email: jyuen@boughtonlaw.com

**BY E-MAIL (GBAILEY@ALIB.CA)**

Adams Lake Indian Band  
P.O. Box 588  
Chase, BC V0E 1M0

Attention: George Bailey

Dear Mr. Bailey:

**Re: Letter from ALIB Elders & Community Representatives dated November 6, 2016 (the "Letter")**

I have reviewed the Letter and provide the following comments on the three main points raised in the Letter.

1. Issue #1 in Letter- *Ron Jules, Gina Johnny and Brandy Jules have been reinstated as Councillors by the ALIB members at a general band meeting.*

Comment: As per s.26.1 of the ALIB Election Rules, Ron Jules, Gina Johnny and Brandy Jules ceased to be Councillors when they were removed by the Community Panel. If they are unhappy with the decision of the Community Panel, their recourse is to seek a judicial review of the Community Panel's decision (s.23.17). There are no provisions in the ALIB Election Rules for their reinstatement by a vote of members at a general band meeting. For greater certainty, neither you nor the remaining two Council members have the authority to reinstate them as Councillors either.

2. Issue #2 in Letter - *The ALIB office cannot operate without a quorum of Council. It is "illegal".*

Comment: While a quorum of Council is required for the adoption of BCRs, BCRs are not required for the day-to-day operations of the band office. So long as you are abiding by existing policies and procedures, you are properly carrying out your duties as the interim executive director.

3. Issue #3 in Letter- *"Two councilors cannot call a by-election."*

Comment: I confirm your advice that the by-election will be held on a date set by the Electoral Officer, which date is within 60 days of the Chief and the 3 councillor positions becoming vacant. This is consistent with the ALIB Elections Rules (s.3.5) which provide that by-elections shall be held on the date set by the Electoral Officer in accordance with Part 27.

Let me know if you wish to discuss further.

Yours truly,

Boughton Law Corporation  
by Jean Yuen Law Corporation

Per:  
Jean Yuen  
JY/en

Phone	604 687 6789	Boughton Law Corporation
Fax	604 683 5317	Suite 700 - 595 Burrard Street, P.O. Box 49290
Email	info@boughtonlaw.com	Vancouver, BC Canada V7X 1S8 boughtonlaw.com

AC/4967987.1  
Boughton Law Corporation



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## Questions and Facts Regarding the 2014 Adams Lake Secwepemc Election Rules

**Question:** What is the historical timeline of our custom election rules?

**Answer:** First draft was on December 6<sup>th</sup>, 1996. First amendment was on December 8<sup>th</sup>, 2005, Second amendment was on December 11<sup>th</sup>, 2011. The final approved rules were passed at a General Band Meeting (GBM) on June 19<sup>th</sup>, 2014.

**Question:** Did any of the recently removed Councilors participate in the June 19<sup>th</sup>, 2014 GBM to approve the election rules?

**Answer:** Yes two of the recently removed Councilors were on Council at the time, and were present for the vote. The other removed Councilor was not on Council at the time but was on the Elections Committee, and was present for the vote.

**Question:** Why was the October 25<sup>th</sup>, 2016 community meeting not a valid General Band Meeting?

**Answer:** The scheduled GBM was determined invalid due to a loss of Council quorum after the October 23<sup>rd</sup>, 2016 Community Panel decision to remove three Councilors. The decision was announced to the community the next day October 24<sup>th</sup>, 2016.

**Question:** On October 24<sup>th</sup>, 2016 did the Chief retract the decision to cancel the GBM?

**Answer:** No he did not, but he did agree that only a community meeting would still proceed on October 25<sup>th</sup>, 2016.

**Question:** Were the community votes to reinstate the three removed Councilors, and dissolve the Community Panel, valid motions?

**Answer:** No they were not due to Part 28.7 of our election rules that states the amendment process shall be in compliance with seven mandatory steps. The steps were not followed thereby the results of the community meeting votes, and motions, are invalid. In addition, there was no longer a quorum of Council after the Community Panel's decision prior to the meeting.

**Question:** Was the petition to remove three Councilors a valid submission to the Community Panel?

**Answer:** Yes it was according to the definition of petition on page 6 of our custom election rules. The definition means a petition to remove Band Council members (s) from the office of Band Council. The bracketed (s) behind the word member allows for a single petition to include a number of members, and not just one.

**Question:** Was the Community Panel decision to remove three Councilors valid.

**Answer:** Yes it was because Chief & Council signed an oath of office that states: "I will comply with the Community Panel's decision for removal from office".



## **Frequently Asked Questions**

### **Election Rules – Community Panel**

- Q. What is the history of the Community Panel and how did it come into existence?**
- A. The Community Panel was in existence as far back as 1999 when the election rules were approved by Band membership**
- Q. What is the role of the community panel?**
- A. The Community Panel shall consist of five (5) elected members of which a quorum is mandated to make decisions on all appeals and petitions held to dispute an Election or any petition(s) to remove a Band Council member(s) from the office of Band Council; held in accordance with the ALIB Election Rules.**
- Q. When can a Council member be removed from Office?**
- A. Band Council member/s may be removed from office on one or more of the following grounds:**
- a) he/she has violated the ALIB Election Rules; or**
  - b) he/she has breached their Oath of Office.**
- Q. How does the Community Panel remove a Council member from office?**
- A. The community panel as per its terms of reference must make a decision on whether there are facts to substantiate the removal of a council member due to a breach of their oath of office.**
- Q. How do we make changes to the Community Panel?**
- A. As per Part 28 of the Adams Lake Indian Band Election rules,**
- a) the Electoral Officer recommendations for change of the ALIB Election Rules, submitted to the Band Manager; or**
  - b) a petition signed by not less than ten (10) ALIB Members requesting an amendment to the ALIB Election Rules submitted to the Band Council; and**
  - c) a majority of the Electors present at a General Band Meeting who voted the ALIB Election Rules be amended.**
- Q. Can a Council member appeal the decision of Community Panel as per their Oath of Office?**
- A. As per the Council's members Oath of office**  
**Item 7 the Council member declares to abide by: "I will comply with the Community Panel's decision for removal from office."**
- Q. Is the decision of Community Panel subject to a judicial review?**
- A. All decisions of a Community Panel made under these Rules shall be final and binding and not subject to appeal or judicial review in any court provided, however, that an application for judicial review by an appellant or petitioner, as the case may be, or an Elector, shall lie to the Federal Court of Canada upon the grounds that the members of the Community Panel:**
- a) failed to observe a principle of natural justice or otherwise acted beyond their jurisdiction;**
  - b) erred in law in making their decision, whether or not the error appears on the face of the record; or,**
  - c) based their decision on an erroneous finding of fact made in a perverse or capricious manner or without regard for the material before them.**
- 23.18 An application for judicial review under Section 85.1 (2) of the Indian Act shall be made within 30 days of a decision being rendered by a Community Panel.**
- Q. What are the next steps after a Removal and to fill the vacant seats?**
- A. As per Part 27 in the Secwepemc Election Rules a by-election shall be held within sixty (60) days on a date set by the Electoral Officer.**

**If you have more questions please refer to Re Cstélnec Secwépemc Tkweníple7tn 2014 Adams Lake Secwepemc Election Rules on the Adams Lake Website: [www.adamslakeindianband.org](http://www.adamslakeindianband.org)**



RECEIVED

NOV 09 2016

ADAMS LAKE BAND

## Adams Lake Indian Band Notice of By-Election

PLEASE TAKE NOTICE that pursuant to the Adams Lake Secwepemc Election Rules (the "Election Rules") a by-election for one (1) Chief and three (3) Councilor's will be held on the **15th day of December, 2016**.

A **NOMINATION MEETING** will be held on **November 24th, 2016** at the Adams Lake Band Gymnasium – 6349 Chief Jules Way, **commencing 6:30pm** and lasting for at least two hours.

Each Candidate must meet the "eligibility" provisions set out in section 7.1 of the Election Rules:

- a) be a registered ALIB member with Secwepemc ancestry;
- b) have attained the age of 18 years as of the Election Date;
- c) be nominated pursuant to the provisions in the Election Rules;
- d) not have committed an Indictable Offense in the last 5 years and have passed an acceptable RCMP criminal records check. (an offense relating to the assertion or exercise of aboriginal rights or title, will not disqualify a candidate);
- e) reside within a 65 kilometer radius of any ALIB IR#1 to IR#7;
- f) not have an outstanding financial debt owing to the ALIB (if there is a debt then shall have current payment plan in place and such payment plan must be in good standing); and
- g) not have committed a Corrupt Practice or Immoral Conduct determined to be of serious nature.

Pursuant to section 13.9 of the election rules, candidates are required to file the following documents with the Electoral Officer prior to the close of the nomination meeting.

- (a) declare acceptance of the nomination;
- (b) provide their eligibility as a Candidate;
- (c) provide a current resume;
- (d) provide a current criminal record check (obtained from the RCMP);
- (e) provide a letter of financial standings from ALIB finance, confirming no debt owing to ALIB; debts payable shall have a current plan in place and be in good standing;
- (f) provide a non-refundable nomination fee of two-hundred fifty (\$250) dollars; payable to ALIB; via cheque, cash or money order; receipt will be given.
- (g) not have violated any Sections of the ALIB Election Rules.

Any candidate who fails to file the required documents with the Electoral Officer prior to the end of the nomination meeting, will have their name removed as a nominee. A copy of the voters list and election rules are available at the ALIB band office.

Dated this 8th Day of November 2016.



Raymond D. Phillips, QC  
Electoral Officer  
216 – 345 Chief Alex Thomas Way,  
Kamloops, BC V2H 1H1  
Toll free: (855) 355-4441; Fax: (778) 471-7090; Email: chuckpalsht@gmail.com

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NOV 09 2016

ADAMS LAKE BAND

### Electoral Officer's Oath of Office

I, Raymond D. Phillips, Q.C., appointed as the Electoral Officer for the Adams Lake Indian Band, MAKE OATH AND SAY THAT I WILL:

- (a) uphold and comply with the ALIB Election Rules;
- (b) fulfill the duties and responsibilities as outlined within the ALIB Election Rules;
- (c) carry out their duties faithfully, honestly, impartially and to the best of their abilities;
- (d) keep confidential, both during and after their term, any matter or information which, under the ALIB Election Rules is considered confidential;
- (e) always act in the best interests of ALIB in carrying out their duties; and
- (f) inform Electors of the upcoming Election timelines and process.

Sworn before me this 8<sup>th</sup> Day of  
November, 2016 at Kamloops, BC

*Mark E. Kland*  
Mark E. Kland

A commissioner for taking affidavits  
For the Province of British Columbia

*Raymond D. Phillips*  
Raymond D. Phillips, Q.C.

Wolf



mélemstye

### EATING SMART ON THE RUN

Take It with You...  
Create Your  
Own **Snack Bag**

#### IDEAS FOR YOUR SNACK BAG

Dry unsweetened cereal  
Fresh fruit  
Rice cakes  
Raisins or other  
dried fruits  
Pretzels  
Graham crackers  
Low-fat granola bars  
Baked chips  
Low-fat crackers  
Vanilla wafers  
Bottled water

#### ADDITIONAL ITEMS

Vegetable sticks  
or baby carrots  
Yogurt  
Pudding  
Cottage cheese  
String cheese  
Juice boxes

### FOUND

A pair of prescription eye glasses were  
found down by the fish station.

Can claim at Front Desk, Sahhaltkum  
Administration building, Chase, BC.



Did you know . . . . .

### Some fun facts

Did you know Cherophobia is the fear of fun.

Did you know during your lifetime, you will produce enough  
saliva to fill two swimming pools.

Did you know when hippos are upset, their sweat turns red.

Did you know a baby spider is called a spiderling.

Did you know a baby octopus is about the size of a flea  
when it is born.

Did you know slugs have four noses.

Did you know there are no bridges over the Amazon River.

Did you know bullfrogs do not sleep.





SUN PEAKS  
RESORT

CANADA'S ALPINE VILLAGE



# Fun at Sun Peaks Resort Skiing or Snowboarding

**Monday December 12th, 2016**

**Monday January 9<sup>th</sup>, 2017**

**Monday and Tuesday February 6<sup>th</sup> and 7<sup>th</sup>, 2017**

**Monday March 6<sup>th</sup>, 2017**

**Departure at 7:00 am from ALIB Gym (6:00 am at  
Swits youth center) Return at 7:00 pm**

## **To Qualify:**

1. **Priority to Adams Lake Band members, limited seats in Van.**
2. **Youth ages 10 plus**
3. **Must take full day lessons for all first-time skiers or snowboarders**
4. **Must fill register/waiver forms, presets (height, weight, age, shoe size, ride style or skier type) and handed in, by the 30th of November and to Tim Johnson, or Sandy Lund (778-257-4123)**
5. **Cost \$10 for dinner and must bring own lunch.**
6. **ALIB members get 5 free lift tickets and free Equipment rentals during the week, on the weekend you will receive equipment rentals at half price. If you would like more info on using the free lift tickets, please contact Crystal Kelly at the health center 250-679-7726**



## Adams Lake Health and Wellness Happenings December 2016

### Notice to all SA Clients

Good Food Box Delivery for December will be on  
December 15 in the afternoon  
Please be sure you are home to receive your Good  
Food Box  
Contact Crystal if you have any questions

### Are you curious about the Health Centre Expansion?

Join us November 28th from 1-4pm  
& learn more about the Health Centre Expansion  
plans!!  
We'll have some tasty treats and lots of prizes!!

### Chase Hamper Society

### Christmas Hamper Registrations

November 28, 2016 from 9-11am

December 12 from 1-3pm

You must bring

- ♦ ID for all persons in the home
- ♦ Proof of residence (eg: Piece of mail with physical address)

Registrations will **only** be excepted during these times.

Registrations for the "Toy shop will be during these times as well

### Speech Pathology appointments available

Would you like your child to see a speech pathologist? Speech and Language pathologist Andrea Yates will be available on Monday December 5 at the ALIB Headstart/Early years. Call the Health and Wellness Centre to book an appointment! 250.679.7726

### Adams Lake Community Christmas Luncheon

December 11, 2016 from 11am-3pm

Join us in celebrating the Holiday Season with a  
luncheon at the Adams Lake Gym

Santa will stop by for a visit with gifts for  
Children (0-18 yrs) & Elders (60+)

Call the Health Centre with any questions





# EXPRESSION OF INTEREST

For Adams Lake Band Community

Catering services required for December 11<sup>th</sup>, 2016

Community Christmas lunch @ Adams Lake Recreation & Conference Centre

**Provide lunch for approx. 450 people:**

## Menu Plan

A strict schedule will be followed; meals are as scheduled:

12:00 pm - lunch menu: \$12.00 - \$15.00; Certified kitchen must be used; Own transportation for food delivery; Must have own cooking utensils/ware if not at the gym; Responsible for clean-up of kitchen area used including, dishes, utensils, pots/pans, bowls etc.; Responsible for general clean-up of tables/chairs/floor/ used for serving; Responsible for paper supplies (beverage cups, paper plates, eating utensils napkins, coffee/tea, cream, sugar, salt & pepper).

**Pre-organization** regarding shopping for food & Obtain Pre-Authorization for budget.

## **Methods of bidding:**

Food, kitchen rental, wages, must be all included in bid. Provide actuals for food needed to be purchased and estimates for purchase costs. Successful bid will be required to sign a contract. Successful contractor will do the shopping.

## **Cancellation Policy;**

Includes Acts of God, circumstances beyond our control. Refunds are to be total amount of contract

48 hours Prior to Event:

Pay back all funds paid for wages, supplies

Sub-contractors- any assignments to this contract requires pre-authorization.

## **To apply for catering services:**

1) Present lunch menu and budget 2) Facilities used or required for preparing food <may be cost> 3) Acquisition of equipment; or gym and equipment request 4) Other requirements: proof of transportation and facility availability 5) Certification – minimum requirement Food Safe (copy required) 6) Chef training or certification 7) Knowledge of Canada Food Guide

**Deadline:** December 2, 2016 at 9:00 A.M. – **(NO EXCEPTIONS)**

**Attention:** Sexqeltqin Health Centre

**Mail/Fax to:** Adams Lake Band

P.O. Box 588, Chase, B.C. V0E 1M0

Phone: 250-679-7726 Fax: 250-679-2234 Email: [dmarr@alib.ca](mailto:dmarr@alib.ca)

## Household Hints & Tips

- Have houseplants with dusty leaves? Grab a banana and eat it and keep the skin. Use the skin to clean the leaves. The dust will stick right to it and the juice is healthy for the plants.
- Get a basket for your remote controls so they stop getting lost under cushions or behind the couch.
- Clean your microwave with ease by boiling a cup of water in it first. The steam from the water condenses on the walls, loosening the caked on food and it easy to wipe it off.





## **JOB POSTING**

### **Special Education Teacher's Assistant**

Responsible for planning, implementing and supervising activities to meet the physical, emotional, intellectual and social needs of one student with autism spectrum disorder in the Special Education program in accordance with relevant policies and procedures

## **JOB POSTING**

### **JOB SUMMARY**

Under the general direction of the principal, assists the classroom Teacher in tutoring support services to students with autism and/or special needs in a classroom setting in acquiring learning, behavior and social skills. Goals are established by the collaborative educational team and the student's individualized educational plans.

### **ESSENTIAL FUNCTIONS & RESPONSIBILITIES:**

1. Provides a variety of responsible instructional support activities to enhance the educational environment of students and to meet the educational/training objectives of the program and the collaborative educational team.
2. Oversees students during class, tutoring, mainstreaming, playground, eating activities, emergencies and preparedness drills, etc.
3. Supervise students in a variety of situations under the jurisdiction of teacher, the collaborative educational team, and parents, always observing students' behaviors carefully to ensure personal and group safety.
4. Assists assigned children in instruction, communication, social activities and integration, recreation, sports, arts and crafts, personal hygiene, and other designated activities.
5. Assists and supervises in transferring children to and from buses, special equipment, classrooms and events, ensuring student safety at all times.
6. Creates progress reports and communicate this information with the student's guardian and collaborative educational team.
7. Prepares materials to use in classroom and therapy. Assists in maintaining a disciplined, neat, orderly and attractive learning environment.
8. Discuss progress or problems of the student with collaborative education team in order to determine plans for improvement.
9. Establish routines for the student providing them with positive guidance and building their esteem.
10. Develop and maintain current, accurate and confidential student files.
11. Within the framework of establish policies and procedures, assist students in classroom activities in the absence of the teacher; report observations of student skills, behaviors and abilities to appropriate personnel.
12. Understand and apply guidelines involved in the confidentiality of student information.
13. Assist in crisis intervention procedures and restraints; communicate with parents and legal authorities, collaborative educational team to facilitate crisis intervention; engage in physical and sometimes strenuous activities with students.

### **REQUIRED KNOWLEDGE AND SKILLS AND ABILITIES**

1. Must have Special Education Diploma with specialty courses in Autism
2. 5 years of experience in special education with experience in autism spectrum.
3. Ability to pass a criminal background, vulnerable check and child abuse record check.
4. Knowledge of B.C. Special Education Policies and Procedures
5. Excellent verbal and written communication skills.
  - Strong working knowledge of Microsoft software, including Word, Excel, etc.
  - Knowledge of the Secwepemc culture an asset.

### **TERM OF POSITION:**

Start date is ASAP to June 23, 2017.

Interested applicants please direct resumes to:

Debra Sloat, Adams Lake Band Human Resource By E-mail to [jobs@alib.ca](mailto:jobs@alib.ca)

Deadline for applications will be Friday November 30, 2016





## **Adams Lake Indian Band**

### **JOB POSTING**

#### **School Bus Driver**

Reporting to and under the general direction of the Director of Infrastructure and Emergency Services the School Bus Driver is responsible for safely transporting students over assigned routes and the mechanical safety and operation of the bus.

#### **RESPONSIBILITIES**

- Operates a School Bus to safely transport students over assigned routes including field trips.
- Performs pre-trip inspection prior to departure.
- Responsible for all travel and maintenance logs.
- Secures bus upon completion of route.
- Maintain internal/external cleanliness of the bus.
- Reports mechanical failures and accidents to appropriate supervisor.
- Do minor repairs needed to bus as required.
- May be required to assist physically and mentally handicap students when transporting them.
- Maintains appropriate behaviour and completes Discipline Reports on appropriate students.

#### **Knowledge, Skills and Abilities**

- Ability to maintain effective working relationship with public, parents, students, school district employees, and band employees
- Ability to operate a school bus and adhere to all safety and traffic regulations
- Ability to maintain discipline on a school bus
- Knowledge of the mechanical operations of a school bus
- Must have Valid BC Class 2 Driver's License with Air Brake Endorsement and the ability to pass an annual medical examination
- Must Have Minimum of Grade 12 education
- Knowledge of the mechanical operations of a School Bus
- Knowledge of disciplinary limitations and regulations regarding children
- Must be willing to consent to Criminal Record Check.
- Preference will be given to successful qualified First Nation applicants.

#### **TERM OF POSITION:**

On-Call Starting ASAP

Interested applicants please direct resumes to:

Debra Sloat, Adams Lake Band Human Resource By E-mail to [jobs@alib.ca](mailto:jobs@alib.ca)

**Deadline for applications will be December 2, 2016**



BC Cancer Agency

CARE + RESEARCH

An agency of the Provincial Health Services Authority

# Get a Mammogram

On board the BC Cancer Agency's digital mammography coach



Mammograms are available for women ages 40 and over.

Talk to your doctor about the benefits and limitations of mammography.

Visit [www.screeningbc.ca](http://www.screeningbc.ca) to learn more.

The BC Cancer Agency's digital mammography coach will be providing breast screening outside  
**SAFETY MART FOODS**

on **DECEMBER 8 - 9, 2016.**

Book your appointment today: **1-800-663-9203**

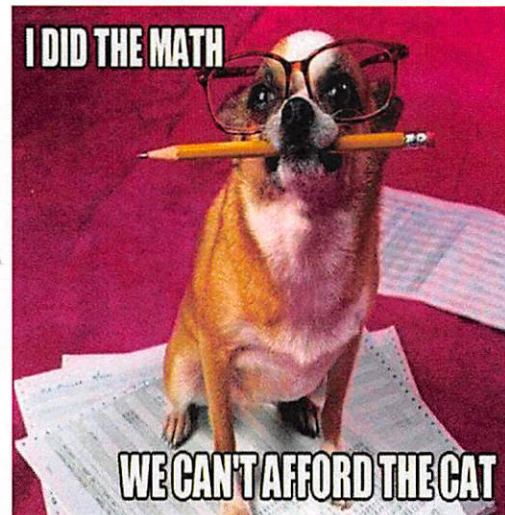
Presenting  
Sponsors:

Canadian  
Breast Cancer  
Foundation  
BC • YUKON



**SHOPPERS**  
DRUG MART

**I DID THE MATH**



**WE CAN'T AFFORD THE CAT**

## Winter Word Search

C	S	M	F	S	N	O	W
O	C	B	R	C	S	M	H
A	A	Q	O	O	B	V	K
T	R	E	S	L	F	E	I
W	F	O	T	D	Q	S	Z
L	W	K	Y	Q	I	C	E
V	Q	W	I	G	L	O	O
H	W	I	N	T	E	R	N

### Are you an Adams Lake Member living off reserve looking for a copy of ALIB Monthly Newsletter?

Each issue, as well as past issues are posted on the website:

[www.adamslakeband.org](http://www.adamslakeband.org)

Communications Department

PO Box 588

Chase, BC V0E 1M0



- Or you can subscribe to be added to our mail or e-mail list

- Fill in Contact Information/Communications List Form

**Adams Lake Indian Band**  
**Toll: 1-877- 679-8841**

COAT  
COLD  
FROST  
ICE

IGLOO  
SCARF  
SNOW  
WINTER





*"It is time for a renewed, nation-to-nation relationship with First Nations peoples."*

-Prime Minister Justin Trudeau



## Governance Engagement Session Quaaout Lodge

**The momentum is building.**

Secwepemc Nation we are asking for your participation in helping to re-establish our traditional way of governing ourselves.

Join the movement. Share your vision. Every voice matters.

**Saturday November 26th 2016**

**10:00am—4:00pm**

Quaaout Lodge (1663 Little Shuswap Lake Rd)

Door Prizes &  
Youth Prizes!

Story of Porcupine by  
Kenthen Thomas

Bring your hand drums!  
Lunch Provided!



For more information contact Shuswap Nation Tribal Council  
Tel. 778-471-8209 Email. [artcoordinator@shuswapnation.org](mailto:artcoordinator@shuswapnation.org)



[www.shuswapnation.org](http://www.shuswapnation.org)  
Shuswap Nation Tribal Council



## — Quaaout —

Governance Engagement Session

**Saturday November 26th 2016 10am-4pm**

At Quaaout Lodge

1663 Little Shuswap Lake Rd, Chase, BC

### Agenda

Morning Smudge/Brushing Off

Opening Prayer

Chief Oliver Arnouse Welcome

Circle Prayer Ceremony & Song

Agenda Overview

Story of Porcupine w/Kenthen Thomas

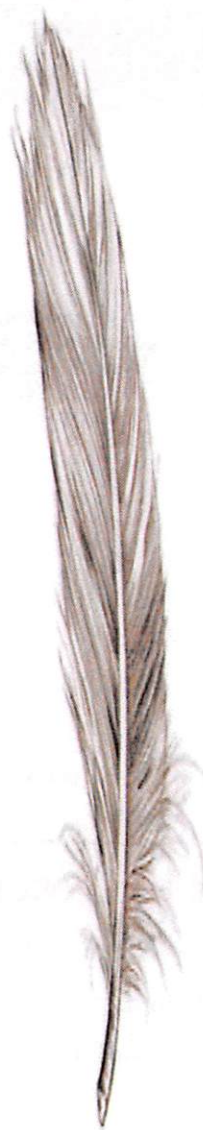
Governance Workbook Activity

Lunch & Story by Kenthen Thomas

Open Floor Dialogue

Closing Remarks & Acknowledgements

Closing Song & Tobacco Prayer



For more information contact:  
Shuswap Nation Tribal Council  
[artcoordinator@shuswapnation.org](mailto:artcoordinator@shuswapnation.org)  
778-471-8209





# **Aboriginal Management Certificate 2017**

**Open minds. Open doors. Open worlds...**



**Register now! Space is limited!  
You may be eligible for \$6,000 to study  
business!**

Aboriginal participants (First Nations, Metis, Inuit, status and non-status) from across Canada have attended Ch'nook's Aboriginal Management Program (AMP). Graduates receive a certificate from a world class business school – the Sauder School of Business at the University of British Columbia. Sessions are held in Vancouver, led by distinguished Sauder faculty and industry experts. Explore business concepts and business fundamentals in a professional Aboriginal context. The AMP is a part-time program that is designed to allow you to learn while continuing to work or operate your business.

**Program Dates**

**Module 1: January 29 – February 4, 2017**

**Module 2: March 5 – March 11, 2017**

**Module 3: June 4 – June 9, 2017**

**Graduation Ceremony: June 9, 2017**

**See our website for more details [www.chnook.org](http://www.chnook.org)  
Application Deadline is December 9, 2016**

**Call (604) 822-0988 or email [chnookadmin@ch-nook.ubc.ca](mailto:chnookadmin@ch-nook.ubc.ca) or visit our website [www.chnook.org](http://www.chnook.org)**

## **Off Reserve Addresses**

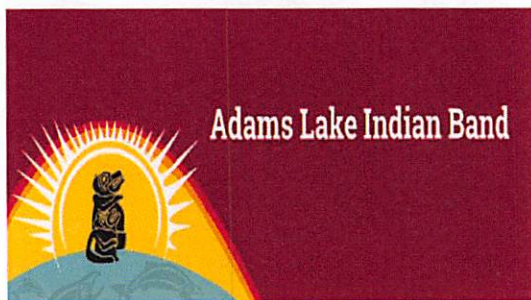
By Karen Everard

Communications Department

It's coming close to ALIB By-Election time again. For those Band Members who live off reserve, please submit your address to the office so you are included on the mailing list. An off-reserve address list is maintained confidentially, and the responsibility lies with Band Members to notify of their address.

In order to help those that may not visit ALIB as much, or may not be as familiar with candidates who become nominated, the ALIB webpage will be updated to include information from candidates for the office of Chief or Council. It will be the responsibility of the candidate to submit their information to Karen Everard, Communications Department, in order that their information will be made available so that members are given the opportunity to vote for candidates who they feel is best suited to lead our First Nation to success.





Adams Lake Indian Band

We invite stories, recipes, photos, articles and any other information that would be of interest to our communities and membership. We reserve the right to accept or refuse submissions and edit for content and length.

Contact the Cst  lne   Newsletter Team:

**Karen Everard**

CCSP/Communications Co-ordinator

**Bernadette Dennis**

Administrative Support

**Mail** PO Box 588,  
Chase, BC V0E 1M0

**Office** 6453 Hillcrest Rd.,  
Chase, BC V0E 1M0

**Phone** (250)679-8841

**Hours** Monday – Friday  
8:00 am to 4:30 pm

Email [keverard@alib.ca](mailto:keverard@alib.ca)

Web [www.adamslakeband.org](http://www.adamslakeband.org)

Closed weekends and holidays.

# You're Joking

Q - What is faster Hot or Cold?

A - Hot, because you can catch a cold.

Q - You cannot eat me unless you undress me?

A - Banana.

Q - What does the cobbler say to the cat when the cat enters his shop?

A - Shoe.

## Sahhaltkum Daycare

Situated on Adams Lake Band  
6439 Hillcrest Rd.  
Chase, BC

250-679-2229  
or 250-679-8841

- Fully qualified ECE Workers
- For Ages: 3 months to 12 years
- Open from 7:30 a.m. to 5:00 p.m.
- Some extra services available (ie. Hot lunch, after daycare service)

**Sahhaltkum Daycare has space available in our:**

- Infant/Toddler (under 3 years) Program
- 3 to 5 Years Program
- Out of School Care Program (6 to 12 years)

[www.PageBorders.net](http://www.PageBorders.net)



## Learn Secwepemctsin Words

Chief Atahm School (CAS) has archived and teach our language using *First Voices* web based tools and services . On this web-site you can engage and learn Secwepemctsin words, phrases, songs, stories, the alphabet.

Go to: [www.firstvoices.ca](http://www.firstvoices.ca)

- ◆ Click on English
- ◆ Click on Choose a Language  
Scroll down to near bottom
- ◆ Choose Secwepemctsin (Eastern Dialect)  
This brings you to CAS Community Portal
- ◆ Click on Learn Our Language  
On left hand side bar you can pick:  
Words, Phrases, Songs, Stories, Alphabet.
- ◆ If you click on Secwepemctsin word, you will hear audio on how to say the word.



### Secwepemctsin

#### (Eastern Dialect)

#### English

**ctsr-em, -entes**

make a sweathouse

**cyeqwyéqwlptn**

stones used in sweathouse

## Chief Atahm School Christmas Craft Fair

**Saturday November 26th, 2016**

**Time: 9:00 a.m. to 2:00 p.m.**

**Place: Adams Lake Gymnasium**

Loonie Auction

**Holiday  
Craft  
Fair**

**\$10.00 a table, to book a table call: 250-679-8837**

**All proceeds go to year end field trips**



### **Coyote**



**seklép**

### *Save Paper/ Keep Informed*

*Provide the Band Office with your e-mail address and we can keep you informed on Band News, Notices, Initiatives, Projects, Program/Services, Chief & Council Reports, Upcoming Meetings/Events etc.*

*Call Karen at (250)679-8841 or*

*toll free 1-877-679-8841*

*Can also check out our website  
[www.adamslakeband.org](http://www.adamslakeband.org)*





## Sautéed Brussels Sprouts with Bacon & Onions



### Ingredients

2 1/2 pounds Brussels sprouts,  
trimmed  
4 slices bacon, cut into 1 inch pieces  
1 tbsp. extra virgin olive oil  
1 large yellow onion, diced  
4 sprigs thyme or savory,  
1 tsp salt  
Freshly ground pepper to taste  
2 tsps. Lemon juice (optional)

### Options

Add sliced button mushrooms  
Add a little brown sugar  
Add a little chicken broth.

### Directions

1. Bring a large pot of water to a boil. If sprouts are very small, cut in half; otherwise cut into quarters. Cook the sprouts until barely tender, 3 to 5 minutes. Drain.
2. Meanwhile, cook bacon in a large heavy skillet over medium heat, stirring, until brown but not crisp, 3 to 6 minutes. Remove with a slotted spoon to drain on a paper towel. Pour out all but about 1 tablespoon bacon fat from the pan.
3. Add oil to the pan and heat over medium heat. Add onion and cook, stirring often, until soft but not browned, reducing the heat if necessary, about 4 minutes. Stir in thyme (or savory) sprigs, salt and pepper. Increase heat to medium-high, add the Brussels sprouts, and cook, tossing or stirring occasionally, until tender and warmed through, about 3 minutes. Remove the herb sprigs. Add the bacon, thyme (or savory) leaves and lemon juice, if using, and toss.

## You're Joking

Q - What runs but does not jump?

A - A tap.

Q - Why did the man run around his bed?

A - To catch up on his sleep.

Q - What do you feed a disappearing cat?

A - Evaporated milk.

Q - Who always tries to go the extra mile for their customers?

A - Taxi driver.

**I want your hide.**

That is your

**Deer hide**

And the smarts to go with it

**The brains also**

You can call

Doreen Kenoras

(250) 679- 3783

Thank you



# Sun Peaks Resort 2016/2017 Lift Ticket/Pass Program



## Kamloops & Area First Nations

If you are an *Adams Lake Indian Band Member*, this program is as follows:

1. Authorized band members can purchase a Sun Peaks Season Pass for **\$325 plus GST**. These passes will be discounted regular season passes with an authorization form only.

### OR

2. Authorized band members can receive **up to 5 complimentary lift tickets** over the 16/17 winter season. **Please see page 7** for dates scheduled for trips to Sun Peaks Resort.

**Please contact Crystal Kelly at Health Centre for more details or for copy of the Authorization Form.**

**Phone (250)679-7726.**

**Note: Date change to first Wednesday of every month**



## Title & Rights Information Session

**Wednesday December 7, 2016**

**Adams Lake**

**Recreation & Conference Centre**

**Agenda:**

**3:00 – 5:00 pm**

**Genealogy**

**5:00 – 6:00 pm**

**Supper**

**6:00 – 8:00 pm**

**Info Session Draft Agenda**

## Rent To Own/Rental Applicants



November 22, 2016

Application for Housing to be renewed between January 01 and February 01, yearly. Housing Committee fiscal year is January 01 to December 31, yearly. It is the applicant's responsibility to ensure their application is kept updated with current information.

Failure to do so will result in your application being considered inactive and subsequently removed from the waiting list and department files.

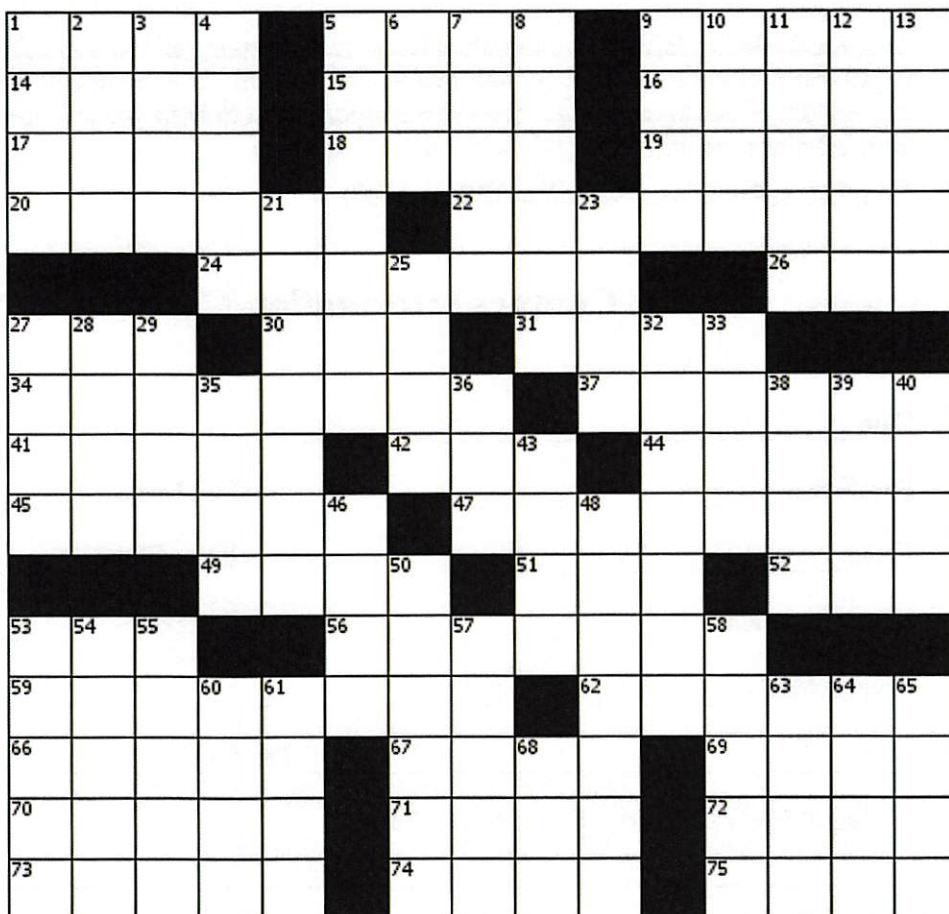
Adams Lake Indian Band  
Housing Department  
Phone (250) 679-8841





## Across

1. Eats an evening meal
5. Aberdeen native
9. Category
14. Capri or Man
15. Walk nervously
16. Actress \_\_\_\_\_ Berry
17. Yard units
18. Eve's garden
19. Spouse's kin (hyph.)
20. Serious injury
22. Amusing story
24. Root vegetable
26. Newsman \_\_\_\_\_ Koppel
27. Building wing
30. Earl Grey, e.g.
31. Fodder tower
34. President Calvin \_\_\_\_\_
37. Snapshot taker
41. Moves upward
42. Get older
44. Car style
45. Discomfort
47. Church instrumentalist
49. Seaweed
51. Assoc.
52. "Sex and \_\_\_\_\_ City"
53. And so forth (Abbr.)
56. Decreases
59. Tomato sauce
62. Temperament
66. Incensed
67. Andes native
69. Mimic
70. Hues
71. Small earring
72. Crowd's sound
73. Pipe parts
74. Despise
75. Conclusions



## Down

1. Filter
2. Client
3. Petition
4. Framed (2 wds.)
5. Harpooned
6. Rogue
7. Atlantic or Indian
8. Wimbledon game
9. Fashionable
10. Come ashore
11. Parcel out
12. Writing tablet
13. Stitched together
21. Artist Henri \_\_\_\_\_
23. Long tale
25. Norse tale
27. Unbleached color
28. Meat cut
29. Come in last
32. Popular pasta
33. Portent
35. Plumber's concern
36. Self
38. Censor
39. Impulsive
40. Initial wager
43. Greek deity
46. Jazz's \_\_\_\_\_ Fitzger-  
ald
48. Small bomb
50. Expire
53. Sends forth
54. Fortuneteller's card
55. Hoisting machine
57. December visitor
58. Fixed gaze
60. Gossip bit
61. Loch \_\_\_\_\_ monster
63. "Once \_\_\_\_\_ a  
time..."
64. Enjoy a book
65. Makes a mistake
68. Snip

**Answers Page 21**

## Draw for two Gun Cabinets



Sexqeltqin Health Centre is holding another draw for two Gun Cabinets. If you have a valid Possession Acquisition License (PAL), please come to the Health Centre, 6424 Village Road, Chase, BC and show your card at reception desk for one entry for this draw.

Date of draw will be Wednesday, December 7th, 2016.

Adams Lake Indian Band Communication Department is asking all Band Members to update their contact information if you move or have a change in your contact information. It is important for the Band Office to have up to date information of our Membership. We use this information to keep you informed about upcoming referendums, draft laws, elections and other news relevant to our membership.

Please fill in the information below. (Please print)

## Update Contact Information/Communications List Form

Date \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Email \_\_\_\_\_ Home Phone \_\_\_\_\_

Nickname or alias \_\_\_\_\_ Cell Phone \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Mailing Address (*if different from street address*) \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

## Subscribe to ALIB Member Communication List

Please check if you:

- ☐ Yes, keep me informed of Band communications, news, events, referendums, drafts laws, elections and other relevant information that directly impacts me as a Band Member.
- ☐ How would you like to receive communications from Adams Lake Indian Band?
  - ☐ Email    ☐ Mail    ☐ Phone    ☐ ALIB Website    ☐ Video Broadcast

Please return form to:

Adams Lake Indian Band

Attention: Communications Coordinator

Karen Everard

PO Box 588

Chase, BC V0E 1M0

Or Phone in on toll free 1-877-679-8841

Email: [keverard@alib.ca](mailto:keverard@alib.ca)

Kukstemc

Karen Everard,

Community Planning and Communications Coordinator



# WILL YOU NEED A CHRISTMAS FOOD HAMPER?

## Register Now



Chase Hamper Society Clients  
are now required to register for a  
**Christmas Food Hamper**

Registration will be held at:  
**The Chase Community Hall**  
and not at the Chase Employment office as in previous years.

Christmas Food Hamper **Registration Dates** will be:  
Monday November 14th - 1-3pm  
Monday November 28th - 9-11 am  
Monday December 12th - 1-3 pm



Christmas Hamper  
Pick Up/Delivery day is,  
**Wednesday December 21st**  
**Chase Community Hall**



Clients you must bring proof of ID, plus proof of  
ID for everyone in the household with proof of  
address. ie: piece of mail or rent receipt.



## Don't Drink & Drive

As the holiday season is soon upon us. Please do not drink and drive. RCMP will be focusing on road safety during the holiday season. Public is reminded that Police will be checking for impaired drivers.

Be safe by ensuring you have a designated driver before going out to celebrate.

Puzzle Solution © OnlineCrosswords.net

S	U	P	S		S	C	O	T		C	L	A	S	S
I	S	L	E		P	A	C	E		H	A	L	L	E
F	E	E	T		E	D	E	N		I	N	L	A	W
T	R	A	U	M	A		A	N	E	C	D	O	T	E
			P	A	R	S	N	I	P			T	E	D
E	L	L		T	E	A		S	I	L	O			
C	O	O	L	I	D	G	E		C	A	M	E	R	A
R	I	S	E	S		A	G	E		S	E	D	A	N
U	N	E	A	S	E		O	R	G	A	N	I	S	T
			K	E	L	P		O	R	G		T	H	E
E	T	C			L	E	S	S	E	N	S			
M	A	R	I	N	A	R	A		N	A	T	U	R	E
I	R	A	T	E		I	N	C	A		A	P	E	R
T	O	N	E	S		S	T	U	D		R	O	A	R
S	T	E	M	S		H	A	T	E		E	N	D	S

# Upcoming Meetings/Events

## **ALIB By-Election Nomination Meeting**

Thurs. Nov. 24 at Adams Lake Recreation & Conference Centre, Chase, BC. From 6:30 pm and lasting for at least two hours. FMI contact Raymond Phillips, Electoral Officer toll free 855-355-4441.

## **CAS Christmas Craft Fair**

Sat. Nov. 26 at Adams Lake Recreation & Conference Centre, Chase, BC. From 9:00 am to 2:00 pm. Loonie Auction, holiday crafts, \$10 a table, to book a table call Chief Atahm School at (250)679-8837. All proceeds go to year end field trips.

## **Secwepemc Governance Meeting**

Sat. Nov. 26 at Quaaout Lodge, Chase, BC From 10 am to 4 pm. Learn more and share your thoughts on a Nation to Nation relationship with Canada. FMI contact Sally at SNTC (778)471-8209.

## **Open House Health Centre Expansion**

Mon. Nov. 28 at Sexqeltqin Health Centre, Chase, BC From 1:00 pm to 4:00 pm. Refreshments, snacks and lots of prizes.

## **ALIB By-Election Candidates Forum**

Thurs. Dec. 01 at Adams Lake Recreation & Conference Centre, Chase, BC. From 6:00 pm to 10:00 pm. Moderator Bonnie Leonard. FMI pertaining to the By-Election contact Raymond Phillips, ALIB Electoral Officer toll free 855-355-4441, Kamloops, BC.

## **Mammogram Mobile**

Thurs. Dec. 8 and Fri. Dec. 9 at Safety Mart Foods, Chase, BC. The BC Cancer Agency digital mammography coach will be providing breast screening outside Safety Mart Foods. Available for women ages 40 and over. Book you appointment today at 1-800-663-9203.

## **ALIB Christmas Luncheon**

Sun. Dec. 11 at Adams Lake Recreation & Conference Centre, Chase, BC. From 11:00 am to 3:00 pm. Join us in celebrating the holiday season. FMI contact Health Centre at (250)679-7726.

## **Ski or Snowboarding at Sun Peaks Resort**

Dec. 12, Jan. 9, Feb. 6 & 7 and Mar. 6th. Departure at 7:00 am from Adams Lake Recreation & Conference Centre (6:00 am at Swits youth centre). Return at 7:00 pm. For more details contact Crystal at 250-679-7726.

## **ALIB By-Election Election Day**

Thurs. Dec. 15 at the Adams Lake Recreation & Conference Centre, Chase, BC. From 8:00 am to 8:00 pm. FMI pertaining to the By-Election contact Raymond Phillips, ALIB Electoral Officer toll free 855-355-4441, Kamloops, BC.

This page is provided to show upcoming meetings/events. All bookings are subject to change in the event of an emergency. Some of the above events may have a poster displayed here within **Cstèlnec Newsletter** with more details.