

Adams Lake Indian Band

Cstélnec Newsletter

April, 2017

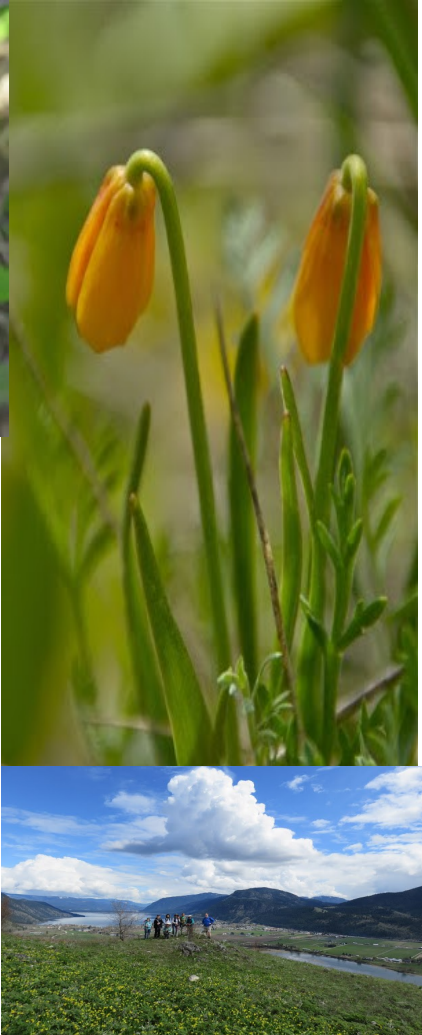


Submitted by Lynne Totten
 Kamloops Outdoor Club

Hike to Chase Flower Meadows, April 23, 2017

Nine of us from the Kamloops Outdoor Club had an excellent day at your lovely flower meadows on Sunday, April 23rd. The avalanche lillies are at their peak, there are also chocolate tips , mertensia (bluebells), spring beauty, buttercups, johnny jump ups (yellow bells), even saw one shooting star. No balsamroot yet, but it is coming. More photos are on the Kamloops Outdoor club website www.kamloopsoutdoorclub.ca or check out on Facebook. We tried to leave the area cleaner than we found it and picked up about 12 beer cans and some other garbage. I hope you can see the meadows soon. Thank you.

Note: All visitors must purchase and fill in Permission to Enter Reserve Permit at the Adams Lake Indian Band Main Administration Office.



Photos submitted by members of the Kamloops Outdoor Club



Adams Lake Indian Band Offices
will be closed on Mon. May 22nd
for Victoria Day long weekend.
Re-open on Tues. May 23,
At 8:00 am.

Inside this issue:

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Attention Adams Lake Indian Band Membership

“New Features” Announcement

Keeping in Touch

By Karen Everard, Communications Department

April 25, 2017

Adams Lake Indian Band is implementing changes to improve communication to community members. We're excited to introduce a new feature '*ALIB Community Communique*'. The Band Office will create and disseminate important releases so that we may better keep you informed.



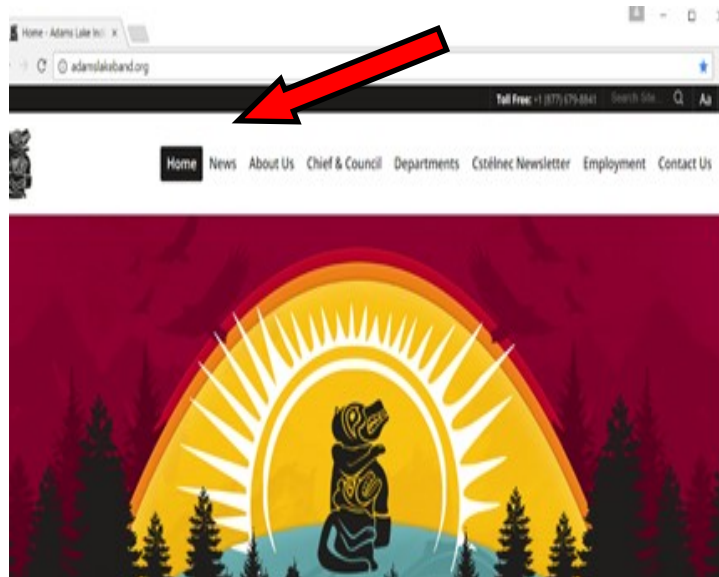
Email Notifications

If you are not already on our email distribution list and wish to receive future '*ALIB Community Communique*', please register with Communications Department: Karen Everard keverard@alib.ca or call (250)679-8841 extension #2242. Your name will then be added to our database of membership contacts.

Website Postings

A new feature has been added to our website. There is a '**News**' section placed on our Adams Lake Indian Band Home Page. See screen print below.

This is where we will post '*ALIB Community Communique*'. It is designed to provide Community News and Announcements. Double click on posted news and a pdf file will open in a new tab.



This section is a new source of important information for everyone. We are striving to reach community members both on and off reserve.

Our website contains considerable amount of information and is updated on regular bases. Visit our website www.adamslakeband.org to see the new feature and explore the site to learn more about Adams Lake Indian Band.

Spread the Word

Help spread awareness by sharing with your family and friends to keep them in loop with ALIB's new features:

- ♦ '*ALIB Community Communique*'
- ♦ '*News*' section.

Together, we'll continue to strengthen our community communications.

Adams Lake Indian Band

P.O. Box 588; Chase, BC/V0E 1M0
PHONE: (250) 679-8841/FAX: (250) 679-8813
www.adamslakeband.org/email: receptionist@alib.ca

April 21, 2017

GENERAL BAND MEETING

NOTICE IS HEREBY GIVEN TO THE ADAMS LAKE BAND MEMBERS THAT A GENERAL BAND MEETING WILL BE HELD ON:

DATE: Saturday, May 6, 2017

TIME: 10:00 – 3:00 p.m.

LOCATION: ALIB - Gymnasium

AGENDA:

- REVIEW OF THE DRAFT BUDGET,
- GENERAL BAND MEETING MINUTES OF OCTOBER 25TH 2016,
- GENERAL BAND MEETING MINUTES OF FEBRUARY 23RD 2017,
- FOLLOW UP OF PROPOSED AMENDMENTS TO ELECTION RULES,
- COMMUNITY PANEL.

April 21, 2017 – 1st Notice

ALIB CANOE WAKENIN CEREMONY

Meet at ALIB Fish Station @ 11am April 29, 2017

FOR MORE INFO
CONTACT:
TIM JOHNSON
250-804-3266



**COME OUT FOR A FIRE, HOTDOGS,
AND A PADDLE OUT ON THE WATER**

Photo by: Rod Grove
PosterMyWall.com

ADAMS LAKE INDIAN BAND

PO Box 588
Chase, BC V0E 1M0
Phone: (250) 679-8841
Fax: (250) 679-8813

EXPRESSION OF INTEREST

Catering Services required for Sat. May 6, 2017 at 12:00pm

- Prepare Lunch for 100 people
Menu of Choice with provision beverage, (coffee, tea, water/juice) before the event begins. Menu sensitive to diabetics and allergies (no spices, peppers, tomatoes).
- Lunch served at 12:00pm
- Bid to include estimate for food purchase
- Have own cooking utensils/ware; if using kitchen supplies - no kitchen supplies to leave kitchen
- Own transportation of food to site in a safe & healthy manner
- Responsible to clean up the kitchen/area used to serve and prepare; this includes cleaning dishes, utensils, pots/pans, bowls that the food was delivered in to the site and make arrangements to remove; with no leftover food to be left in the kitchen
- Successful bid will be required to sign a contract with ALIB
- Successful contractor will do the shopping
- **Cancellation Policy:** This does include Acts of God
Refunds are to be total amount of contract
48 hours prior to the event: pay back all funds paid for wages and supplies
Sub-contractors any assignments to this contract requires pre-authorization.
- * Adams Lake Band reserves right to cancel for reasons such as: Funeral, Acts of God

Methods of bidding:

Total Bid Cost to include menu and cost of food purchase, and the preparation of Dinner.
(*no travel costs provided)

To apply for casual catering services:

- 1) Facility used or required for preparing food (ALRCC) – Complete Kitchen Use Forms
- 2) Acquisition of equipment, rental, request of use (complete check list form)
- 3) Proof of transportation and facility availability (must have own reliable vehicle, vehicle insurance, and valid Driver's License, if this event requires mobility to venue)
- 4) Certification – minimum requirement Food Safe (photocopy required)
- 5) Chef training or certification
- 6) Knowledge of Canada Food Guide & Meals for Diabetics, person with allergies
- 7) Menu & Cost submission for event Dinner with provision of coffee/tea and beverage

Deadline: Friday, April 28, 2017 by 4:00 pm (NO Exceptions)

To: Naomi August, Adams Lake Indian Band
P.O. Box 588, Chase, B.C. V0E 1M0
Fax: 250-679-8813/Email: naugust@alib.ca



Road Safety

It is Spring. Residents, please be mindful of children playing and enjoying themselves outside.

There have been a number of complaints regarding uninsured, unregistered vehicles in the vicinity.

This includes ATV's. Please respect that we wish our children to have a safe and happy Spring and Summer.

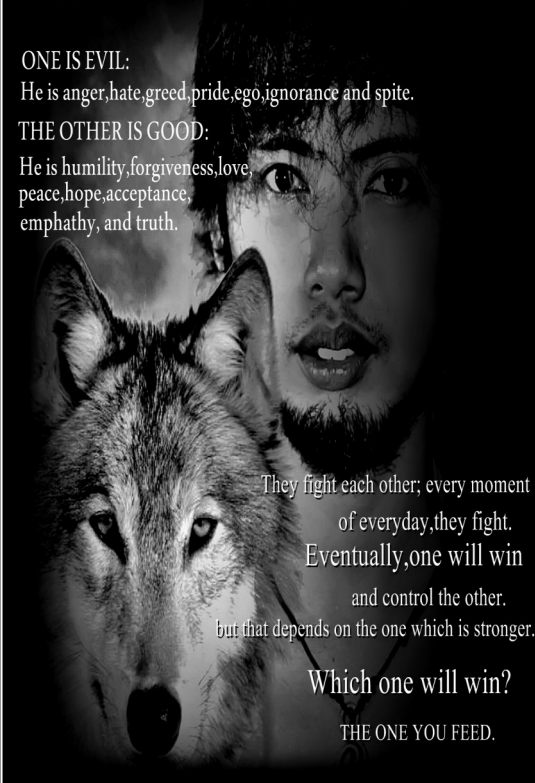
INSIDE EACH OF US ARE TWO WOLVES

ONE IS EVIL:

He is anger, hate, greed, pride, ego, ignorance and spite.

THE OTHER IS GOOD:

He is humility, forgiveness, love, peace, hope, acceptance, empathy, and truth.



They fight each other; every moment of everyday, they fight. Eventually, one will win and control the other. but that depends on the one which is stronger.

Which one will win?

THE ONE YOU FEED.

icreate*

Call for Volunteers for

Chase Citizens on Patrol Program

Submitted by Beatrice Anthony

Executive Assistant for ALIB Chief & Council

Still looking for Volunteers

March 16, 2017

Attn: ALIB Membership

The Chase Citizens on Patrol Program is seeking community members to volunteer. The main goal and purpose to establish a group of dedicated volunteers to monitor the community and deter crime.

The requirements for the Chase Citizens on Patrol Program are as follows:

- Complete the Chase Citizens on Patrol Application, committing to be a member.
- Complete a Criminal Record Check with local Chase RCMP detachment (free of charge).
- Once the volunteers are in place, the Citizens on Patrol will provide training.

Chase Citizens on Patrol will be trained to:

- Be alert, to keep an eye on their community.
- Report suspicious activity to ALIB Security/RCMP.
- Learn how they can make their homes more secure.

Chase Citizens on Patrol meet at least once a month, or more often as needed. The Citizens on Patrol will involve cooperative effort between the ALIB Security, Chase RCMP, and Citizens on Patrol.

Crime hurts everyone: Areas that have an active community watch programs have reported dramatic reductions in crime.



Chase Citizens on Patrol Components include:

- What is Suspicious Activity? • How to Report Suspicious Activity • Home Security • Leadership of the Citizens on Patrol program.

How to Report to ALIB Security and Chase RCMP with accurate information, as quickly as possible about a suspicious activity or crime in progress.

- Give your name, address and telephone number.
- Describe the event in as brief a manner as possible. Who, What, Where, When, and How?
- Tell if the crime is in progress or past occurred.
- Describe the suspect, if known. What sex, race, age, height, weight, hair color, clothing, accent, beard or mustache, and distinctive characteristics or clothing
- Describe the vehicle if one was involved, include color, make, model, year, license plate, special markings, dents and which way did it go.

Citizens on Patrol Checklist: Do you feel safe in your community? Do you know who your community members are? Do you watch out for neighbours homes when they are not home? Do you tell your neighbours when you are leaving for an extended period of time? Do you know what suspicious activity is? Do you know how to report suspicious activity or crime in progress?

Stop by ALIB Administration Front Desk Receptionist to pick up package containing qualifications, membership application and RCMP Information Check Form.

For more information phone

Chase RCMP at (250) 679-3221;

Paulette at (250) 679-3010; Rolie at (250) 679-8467 or drop in at meeting every 2nd Tuesday of each month at 7 pm at the Creekside Seniors Centre, 542 Shuswap Ave; Chase, BC.

Please consider to Volunteer for the Chase RCMP Citizens on Patrol Program.

INFORMATION BULLETIN

For Immediate Release
2017FLNR0088-001176
April 20, 2017

Ministry of Forests, Lands and Natural Resource
Operations

Brennan Creek Recreation Site closed for safety reasons

BARRIERE – The Brennan Creek Recreation Site on the west shore of Adams Lake is closed to all users until further notice, due to large expanses of soil that have become heavily saturated with moisture.

Land movement and slumping have occurred in some areas.

The entire recreation site — including all campsites, day use areas and the boat launch — is currently too unstable for public use, so it will remain closed indefinitely until a geotechnical assessment can be completed to determine the full extent of the problem.

The Adams Lake West Forest Service Road that runs above the Brennan Creek Recreation Site currently remains open to vehicle traffic, but all access points to the site have been closed. Signs will be posted nearby to notify motorists and other members of the public about the closure.

Contact:

Media Relations
Ministry of Forests, Lands and Natural
Resource Operations
250 356-5261

Connect with the Province of B.C. at: www.gov.bc.ca/connect

WARNING

SITE CLOSED FOR SAFETY REASONS

DUE TO LAND MOVEMENT AND SLUMPING THIS SITE
INCLUDING ALL CAMPSITES, DAY USE AREA AND BOAT
LAUNCH IS CLOSED UNTIL FURTHER NOTICE.



Recreation Sites
and Trails BC

Check www.siteandtrailsbc.ca for further updates



Adams Lake Indian Band Cstèlnec Newsletter

We invite stories, recipes, photos, articles and any other information that would be of interest to our communities and membership. We reserve the right to accept or refuse submissions and edit for content and length.

Contact the Cstèlnec Newsletter Team:

Karen Everard	Bernadette Dennis
CCSP/Communications	Administrative Support
Mail: PO Box 588	Office: 6453 Hillcrest Rd,
Chase, BC V0E 1M0	Chase, BC V0E 1M0
Phone (250)679-8841	Email: keverard@alib.ca
Hours Monday – Friday	Web: www.adamslakeband.org
8:00 am to 4:30 pm Closed weekends and holidays.	

Next issue of *Cstèlnec Newsletter*

Thurs. May 25th 2017

**Deadline to submit
submissions**

**Thurs. May 28th by
1:00 pm**

You're Invited!

WHAT: A FREE 3 day workshop for ALL ALIB members, ALIB staff and Community Members.

WHO: Rod Jeffries, Ancestral Visions

WHEN: April 30th- May 2, 2017 9:00am-4:00pm
Lunch included, Gas cards will be provided for Sxwetsmellp members/community member attendees.

WHERE: ALIB Spiritual Center



Understanding Grief and Loss in a First Nations Community.

Rod Jeffries-Grief & Loss Registration Form

Name:

Parent/Guardian:

Phone #:

Please Check One: ☐ 3 Day Workshop ☐

Please return completed form to the Sexqeltqin Health Center

dmarr@alib.ca

For more info Contact Daidri Marr

Sexqeltqin Health Center 250.679.7726 (Ext 2372)



SIMPCW FIRST NATION

17th Annual
Honoring Young Women

TRADITIONAL POW-WOW

APRIL 28TH – 30TH 2017

AT THE SIMPCW FIRST NATION
COMMUNITY HALL

Host Drum: Taleomi

MC: TBA

Arena Director: Everett White

GRAND ENTRIES:

Friday 7pm, Saturday 1pm, 7pm, Sunday 1pm

NO OUTSIDE CONCESSIONS OR RAFFLES

Craft tables \$75/weekend or \$30/day

Door Prizes!!! Concession!!! 50/50's!!!

Breakfast & Dinner Provided Saturday & Sunday

PRINCESS PAGEANT, CAMPING AVAILABLE

COMMITTEE IS NOT RESPONSIBLE FOR INJURY,
LOST OR STOLEN ARTICLES

EVERYONE IS WELCOME



VENDORS PLEASE CONTACT SHANNON BOYCE TO BOOK A TABLE

CONTACT INFORMATION

MARISSA EUSTACHE 250-672-9995 EXT 265

OR SHELLEY FRANK 250-672-9995 EXT 202

SHANNON BOYCE @ FACEBOOK OR EMAIL: shanny26_99@hotmail.com

Upcoming Events from other organizations/groups

Job & Career Fair

Thurs. Apr. 27 at Salmon Arm Recreation Centre from 10 am to 3 pm. Light lunch and great prizes. FMI call June at (250)463-4937.

Simpew First Nation Pow Wow

Fri. Apr. 28 to Sun. Apr. 30 at Simpew Community Hall, Barriere, BC. FMI Marissa (250)672-9995.

2nd Annual Wellbriety Celebration

Fri. May 12 to Sun. May 14 at Moccasin Square Gardens, Kamloops, BC. FMI Dave (250)828-9704.

2nd Annual Walhaschindig Fundraiser

Sat. May 13 at Walhachin Soldiers Memorial Hall, Walhachin, BC (between Savona and Cache Creek, BC) from 10 am to 6 pm. FMI Assu (250)318-6100.

Learn Secwepemctsin Words

Chief Atahm School (CAS) has archived and teach our language using *First Voices* web based tools and services. On this website you can engage and learn Secwepemctsin words, phrases, songs, stories, the alphabet.

Go to: www.firstvoices.ca

- ◆ Click on English
- ◆ Click on Choose a Language
Scroll down to near bottom
- ◆ Choose Secwepemctsin (Eastern Dialect)
This brings you to CAS Community Portal
- ◆ Click on Learn Our Language
On left hand side bar you can pick:
Words, Phrases, Songs, Stories, Alphabet.
- ◆ If you click on Secwepemctsin word, you will hear audio on how to say the word.

Secwepemctsin

(Eastern Dialect)

English

ki7ce

mother

kyé7e

grandmother

kye7úy

great-grandmother

Thank You

It has been a long year. The preparations and planning has paid off. The way Mom would have wanted it and that was the goal. The promises were kept for her too, she made it home, had the kind of service she wanted, with a number of additional things.

The annual Memorial for Regina Agnes Arnouse (held on Apr. 1, 2017) was great and a success. People travelled from far distances in our territory. Family, friends, young and old, sang songs, told funny stories about her and some crazy things she did. All had good belly laughs. The games of bingo and cards she enjoyed were also a success. They remembered her with kindness and how she lived her free spirit life to the fullest that included everyone. How she took the challenges put in front of her head-on, successfully.

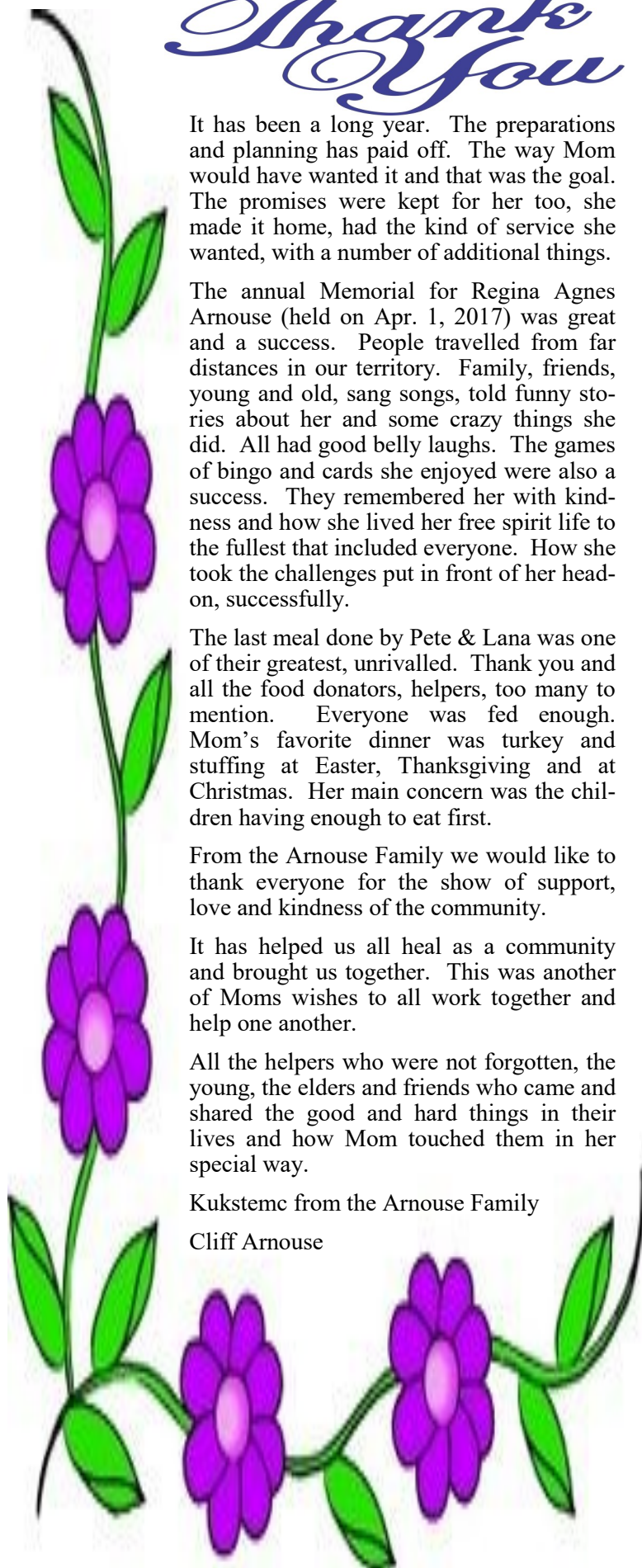
The last meal done by Pete & Lana was one of their greatest, unrivalled. Thank you and all the food donators, helpers, too many to mention. Everyone was fed enough. Mom's favorite dinner was turkey and stuffing at Easter, Thanksgiving and at Christmas. Her main concern was the children having enough to eat first.

From the Arnouse Family we would like to thank everyone for the show of support, love and kindness of the community.

It has helped us all heal as a community and brought us together. This was another of Mom's wishes to all work together and help one another.

All the helpers who were not forgotten, the young, the elders and friends who came and shared the good and hard things in their lives and how Mom touched them in her special way.

Kukstemic from the Arnouse Family
Cliff Arnouse





JOB POSTING

Community Facilities Coordinator

Adams Lake Indian Band is seeking a motivated individual that is passionate about marketing and promoting our exceptional facilities while managing and coordinating their use. This position reports to the Infrastructure and Emergency Services Director.

MAJOR RESPONSIBILITIES

- Develops promotion and marketing strategies to with the goal enhance rentals of the facilities;
- Coordinates and maintains booking schedules for all rental facilities programs, events and services;
- Manages, plans, organizes, and evaluates the operations of the Recreation Center and other rental facilities;
- Ensures proper maintenance and repair of the Recreation Center's equipment, mechanical and electrical systems;
- Develops promotional advertising for scheduled community specific events;
- Plans, organizes and directs administrative services, supply and equipment requirements, catering, facility cleaning and maintenance to assist in the successful rental of the facilities;
- Assist with developing and administering the Center's operational and maintenance budget;
- Develops and administers event/facility use contracts;
- Develops and administers event/facility policies and procedures;
- Develops and administers contracts for the provision of supplies and services;
- Develops and maintains accurate records of events, users and costs
- Develops and promotes a variety of recreational and fitness programs;
- Researches and develops proposals for grant and funding opportunities;
- Organizing workflow and ensuring that employees understand their duties or delegated tasks
- Monitoring employee productivity and providing constructive feedback and coaching
- Assists in the hiring process and trains staff on their duties.
- Provides exceptional customer service by answering inquiries, addressing complaints and concerns;

The Preferred Candidate should have:

- A minimum of grade 12 education or equivalent
- Post secondary education in Recreation and/or Event Management
- Minimum of 3 years experience in a similar position
- Preference will be given to candidates of First Nations Ancestry
- Knowledge of the Secwepemc culture and language would be an asset
- Possess strong computer skills using MS Office, Word and Excel
- Good verbal and written communication skills
- Excellent planning and organizational skills to achieve desired results
- Self motivated and an ability to work independently
- Flexibility is a must to adapt to changing work priorities and work schedule
- Good judgement and problem solving skills must be exercise at all times

Interested applicants please direct resumes to:
Debra Sloat, HR Manager, at email: jobs@alib.ca

Deadline for applications will be April 28, 2017 at 4:00 p.m .



Adams Lake Indian Band

JOB POSTING

Receptionist Full Time

The Adams Lake Indian Band requires a Receptionist for our main administration office. This is a position that requires someone that enjoys welcoming and assisting people. This position is also responsible for completing general office duties.

RESPONSIBILITIES

- Multi-Switchboard Operations; answer incoming calls; screen and direct calls to appropriate destination;
- Receiving office visitors and company officials, greeting visitors ascertaining their business and escorting or placing them in contact with the appropriate staff member;
- Process incoming and outgoing mail/faxes/emails; and photocopy necessary documents for distribute to the appropriate department;
- Pick up mail and do postage (postage machine)
- Operate office equipment i.e. photocopier, computer, fax, calculator, etc.
- Type basic correspondence: letters, memos, notices/newsletter, and minutes of staff meetings, as required;
- Preparation of Courier packages;
- Maintain bookings of ALIB Boardroom and ALIB Hall;
- Ordering and maintaining of sundries and office supplies; and
- Assist in keeping a clean front area; with provision of coffee services for guests.;
- Ordering snacks and refreshments for staff and Chief and Council meetings;
- Keeping the board room tidy for meetings;
- Making coffee and keeping kitchen area tidy;

Knowledge, Skills and Abilities

- Preference will be given the applicant with an Office Administration Diploma/or equivalent with 2 years of experience
- Typing skills and ability to format letters, memos, notices;
- Must be able to use Microsoft Office Products; Word, Excel, Outlook and Publisher at an intermediate level;
- Familiar with operation of a multi-line phone and basic office procedures;
- Possess organizational skills and ability to work under required timelines
- Good public relation skills and ability to communicate effectively both written and verbal;
- Team approach with supporting staff/council to meet program goals objectives of the Band
- Conflict resolution, problem solving, and safety awareness skills an asset
- Thorough and attention to detail, a commitment to deadlines
- Must be reliable and have good work habits;
- Preference will be given to a candidate with Aboriginal ancestry

Interested applicants please direct resumes to: Debra Sloat, Adams Lake Band Human

Resource By E-mail to jobs@alib.ca

Deadline for applications will be May 5, 2017

SHUSWAP NATION TRIBAL COUNCIL JOB POSTING

Position: Fisheries Technician 2 (term position May 29, 2017 – March 31, 2018)

SNTC Wage Level: V

Internal and External Posting

POSITION PROFILE: The Fisheries Technician 2 is responsible for assisting the Director of Fisheries and other SFC technical staff with various projects such as stock assessment, fish habitat restoration, catch surveying, communications and education. Duties will include project planning, data collection, project monitoring, data compilation, administration and reporting.

QUALIFICATIONS:

1. University degree or technical college diploma in related discipline is essential;
2. Related fisheries work experience an asset;
3. Certificates/courses in fisheries related topics;
4. Experience with variety of fisheries field techniques and equipment;
5. Experience with river boats;
6. Good written and verbal communication abilities;
7. Intermediate level of computer skills;
8. Previous experience working with First Nations an asset;
9. Understanding of Secwepemc culture, history and traditions an asset;
10. Ability to travel and ability to work flexible hours; and,
11. Valid driver's license.

SPECIFIC RESPONSIBILITIES

- Performs all duties and responsibilities in accordance with the Shuswap Nation Tribal Council policies, standards, and procedures, and as directed by the Director of Fisheries.
- Maintains confidentiality on all matters relating to the affairs of the Shuswap Nation Tribal Council.

Stock Assessment Projects

- Conducts pre-project crew orientation sessions as required.
- Conducts project site visits to assist in quality assurance and quality control for band projects as required.
- Assists with electronic counter data downloads and analysis as required.
- Maintains stock assessment databases as required.

Fish Habitat Restoration Projects

- Assists with project delivery as required (e.g., administration, staffing, materials and equipment needs, quality control monitoring, timelines, reporting, budget adherence).
- Assists with and/or conducts pre- and post-project habitat assessments.
- Provides general technical advice and recommendations on band habitat restoration project related issues.

Communications and Education Projects

- Provides on-the-job training and education to Band technicians as required.
- Assists with communications, outreach and educational activities as required.

Reports

- Verbal Reports
 - Provides information reports and presentations to SFC Steering Committee and/or band councils as required.
 - Provides progress reports at all SFC staff meetings.
 - Provides presentations at workshops, conferences, and public forums, as required.
 - Provides presentations at public education events as required.
- Written Reports
 - Provides narrative reports in SFC annual reports.
 - Provides articles for SFC newsletters.
 - Provides technical reports to clients or funding agencies as required.

Other

- Performs other duties and responsibilities as necessary in the performance of the position and as assigned by the Director of Fisheries.

TERMS OF EMPLOYMENT:

- Temporary term position (approx. May 29, 2017 – March 31, 2018);
- Must be willing and able to travel, including overnight on occasion;
- Must be able to handle the rigors of field work;
- Regular hours of work are 7 hours per day, 35 hours per week;
- Salary is negotiable depending upon qualifications and experience;
- Job location: Secwepemc Fisheries Commission Office (Kamloops).

Under the *Canadian Human Rights Act* exceptions are created to promote the hiring of Aboriginal people in preference over other candidates for reasons of self-government, cultural autonomy and cultural development. Non-Aboriginal candidates must be treated fairly and reasonably through the process. When all things are equal between candidates (i.e. qualifications, ranking through the interview process), the order for choosing candidates using the Aboriginal Employment Preference shall be: 1) Aboriginal ancestry and then 2) non-Aboriginal candidates.

CLOSING DATE:

We invite applications consisting of a cover letter and a resume with names of three references to be submitted to the Shuswap Nation Tribal Council attention Murray Ross, Director of Fisheries, no later than **noon May 5, 2017**.

Secwepemc Fisheries Commission
c/o Shuswap Nation Tribal Council
680 Athabasca Street West
Kamloops, BC V2H 1C4
T: 778-471-8200

Email: mross@shuswapnation.org

The Shuswap Nation Tribal Council thanks all applicants for their interest, however, only those selected for an interview will be contacted.

May 9th, 2017

BC Voting



ELECTIONS BC
Province of British Columbia

FIRST NATIONS LEADERSHIP COUNCIL

April 20, 2017

Dear First Nations,

The First Nations Leadership Council is committed to changing the course of First Nation-Crown relations in BC in a way that empowers First Nations and results in real, concrete change to our children, families, and communities. The FNLC has identified the upcoming provincial election as a critical turning point in which First Nation voters have the potential to significantly shift not only the focus of the election but the outcome as well.

To assist you and your community's participation in this year's provincial election, the FNLC has compiled the attached 2017 Provincial Election Package.

The FNLC's 2017 Election Package is being provided to all 203 First Nations in BC. Included in the package are:

- Questions posed to all provincial parties;
- Responses from the parties; and
- Basic voting information from Elections BC;

Please note that the FNLC encourages not only the further distribution of this information to your community members but encourages each community to pose questions to your respective riding candidates. Please feel free to use or adapt the attached letter if you wish to do your own correspondence on election issues of significance to your community.

If you have any questions or concerns please contact Matthew Norris (matthew@ubcic.bc.ca) or Colin Braker (cbraker@fns.bc.ca).

Yours truly,

FIRST NATIONS LEADERSHIP COUNCIL

On behalf of the FIRST NATIONS SUMMIT:



Grand Chief Edward John



Robert Phillips



Cheryl Casimer

On behalf of the UNION OF BC INDIAN CHIEFS:



Grand Chief Stewart Phillip



Chief Bob Chamberlin



Kukpi7 Judy Wilson

On behalf of the BC ASSEMBLY OF FIRST NATIONS:



A/Regional Chief Maureen Chapman

CC: BC First Nations



97-100 Park Royal South
West Vancouver, BC
V7T 1A2

Ph: 604-922-7733
Fx: 604-922-7433



300-100 Park Royal South
West Vancouver, BC
V7T 1A2

Ph: 604-926-9903
Fx: 604-926-9923
Toll Free: 866-990-9939



500-342 Water Street
Vancouver, BC
V6B 1B6

Ph: 604-684-0231
Fx: 604-684-5726

The First Nations Leadership Council
2017 Election Package:

- Questions Posed
- BC Liberal's Response
- BC NDP's Response

- BC Green Party's Response
- 2017 BC Voter's Guide

These documents can be downloaded at:

www.fns.bc.ca or www.ubcic.bc.ca

Hard copies are post at Communications Department
office bulletin board.

People

Submitted by Sandy Lund

Monica McAlduff, daughter of *Joyce Labrie*, granddaughter of the late *Eddy Michel* and *Sarah Arnouse* shakes hands with former President Bill Clinton.

Monica was invited as a speaker to the 5th Annual World Patient Safety, Science & Technology Summit in California.

Monica works for Vancouver General Hospital as the Operations Director of Mental Health and Addictions for the Vancouver Coastal Health.



Photo submitted by Sandy Lund

Former President Bill Clinton and Monica McAlduff, Director, Mental Health and Substance Use, Vancouver Coastal Health.

TITLE & RIGHT'S

GoToMeeting



We are testing a program called GoToMeeting and with this program we hope to broadcast all of our monthly T&R Information Sessions to your computer, phone or tablet. Space will be limited to 50 participants initially. Those who are interested please contact Deanne Anthony at 250-679-8841 to be put on the distribution list.

Date: May 3rd, 2017

Time: 6:00—8:00PM

www.gotomeeting.com

Title & Rights Information Session

Wednesday May 3, 2017

Adams Lake Recreation Centre

Agenda:

◆ 3:00-5:00 pm

Genealogy

◆ 5:00—6:00 pm

Supper

◆ 6:00-8:00 pm

Tentative Agenda



[Contact Info]

Dave Norquist or Deanne Anthony
(250)-679-8841

Day Schools Meeting May 1 & 2, 2017



Klym Law in conjunction with D'Arcy & Deacon LLP would like to invite members of the Neskonlith Indian Band and surrounding areas to a meeting and interview session to be held at NEC Computer Lab on May 1st, 2017 and at Neskonlith Hall on May 2, 2017.

The goal of the meeting is to:

- Engage in dialogue and provide a public forum for survivors' views;
- Explain the current Class Action and the terms of our retainer agreements; and
- Interview survivors on a one-on-one basis and sign up survivors for the current Day School Class Action launched by Klym Law and D'Arcy Deacon.

The public forum will commence at 10:00 a.m. until approximately 12:00 p.m. on May 01 2017, followed by interviews. Please have government issued I.D. prepared should you choose to be interviewed.

Food and Beverages will be made available.

Day Schools were federally operated schools located on or close to reserves. Approximately 35 Day Schools existed in Alberta, none of which were recognized under the 2007 Indian Residential School System Settlement Agreement.



Klym Law is an experienced Class Action firm operating out of Calgary, AB. The firm has a history of experience in both First Nations and Class Action litigation.

Their website can be located at: www.calgaryliteration.com



D'Arcy & Deacon LLP is a large Western Canadian firm headquartered in Winnipeg, Manitoba. The firm holds expertise in all areas of law, including high profile First Nations cases. Several First Nations lawyers are part of the D'Arcy & Deacon team.

Their website can be located at: www.darcydeacon.com

Did you know Some fun facts About Canada

Did you know there are 1,453 airports in Canada.

Did you know Canada has the longest coastline of any country in the world.

Did you know 20% of the world's fresh water is in Canada
and Canada has more lakes than all other countries combined.

Did you know 15,500 of the world's 25,000 polar bears live in Canada.

Did you know 77% of the world's maple syrup is made in Quebec.

Did you know *PORKY'S* is the most successful Canadian film ever made.

Did you know basketball was invented by a Canadian.

Did you know 1835 is the first known use of the term 'Canuck' referring to a Canadian.



May

2017

Pexpípxsem re sulénsem.

(The Flowers have bloomed)

ALIB ELDERS ACTIVITIES

- Did you know that ALIB members over the age of 65 and reside on ALIB may qualify for Structure insurance? Conditions apply, please call Christine or Maryann at Public Works for additional information and to determine if you are on the list. 250-679-8841

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Office	2 Office	3 Office	4 Office	5 Sxwetsmellp Elders lunch 12 noon	6
7	8 Office	9 Office	10 Office	11 Office	12 Off in lieu of May 20 th	13
14	15 Chase Elders dinner 5-6:30pm -Chase Elders room	16 Office	17 Office	18 Trauma Informed practice training T'kemlups	19 POV workshop Vancouver	20 POV workshop Vancouver
21 POV workshop Vancouver	22 Stat holiday Victoria day	23 Office	24 Office	25 SNTC Elder Council location TBA 10-3pm	26 Off in Lieu of May 21 st	27
28	29	30	31			

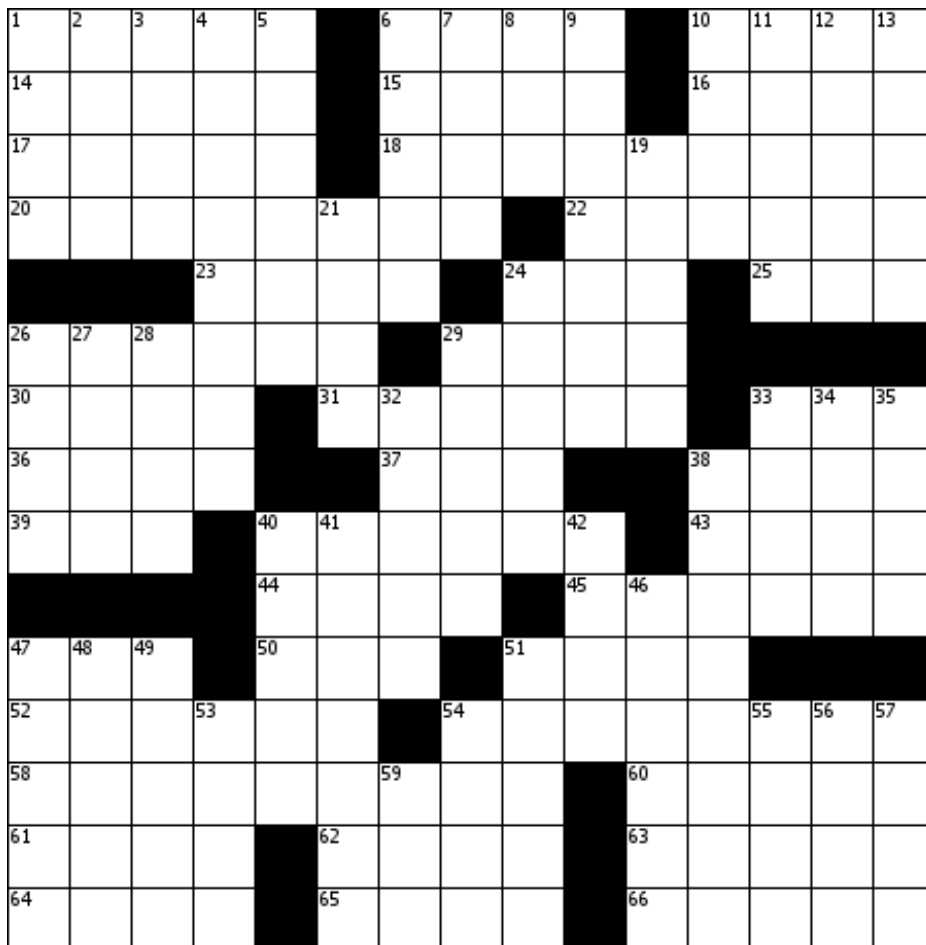
Please call Daidri Marr at 250-679-7726 (Extension 2372) for additional information or to arrange transportation to Elders events. CALENDAR SUBJECT TO CHANGE WITHOUT NOTICE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL.

Glossary

SNTC: Shuswap Nation Tribal Council

Across

1. Highway exits
6. Mr. Gershwin et al.
10. Ewes' mates
14. In flames
15. Designate
16. PDQ's kin
17. Beauty shop
18. Happen
20. High blood ____
22. Achieve
23. Mexican money
24. Amtrak depot (abbr.)
25. Fish trap
26. Hinder
29. Vegas machine
30. Powder mineral
31. Go to bed
33. Psychic letters
36. Thicken
37. Free (of)
38. Ground grain
39. "You there!"
40. Hi-fi system
43. Model ____ Macpherson
44. Circle segments
45. What Moses parted (2 wds.)
47. Maple's fluid
50. Pecan, e.g.
51. Surrealist painter Salvador ____
52. Warnings
54. Transmit a TV show
58. Change
60. A la ____
61. Give forth
62. Shade trees
63. Staircase part
64. Part
65. If not
66. Scorches



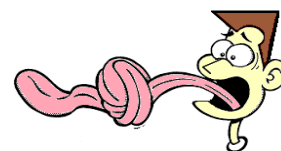
Down

1. Grating sound
2. Not nearby
3. Distance measure
4. Possibility
5. Felt
6. Beginning part
7. Seldom seen
8. Doctors' org.
9. Ted Kennedy, e.g.
10. Entranced
11. Chinese, e.g.
12. ____ Antoinette
13. Paid out
19. Declare
21. Operator
24. Glide
26. Restless desire
27. Gender
28. Scheme
29. Mixes
32. Upright
33. Slithery swimmers
34. Shopper's delight
35. Guilty, e.g.
38. Government health program
40. Yule visitor
41. Board member
42. Voiced
46. Votes in
47. Screen ____
48. San Antonio shrine
49. Hazard
51. Thickly populated
53. Ceremony
54. Cruise and Hanks
55. Vicinity
56. Celebrity
57. Williams and Koppel
59. Unwell

Answers page 22

You're Joking

- Q - What do you call a fairy that hasn't taken a bath?
A - Stinker bell.
- Q - Why are teddy bears never hungry?
A - Because they are always stuffed.
- Q - Why was the belt arrested?
A - For holding up the pants.
- Q - What does an invisible man drink at snack time?
A - Evaporated milk.
- Q - What did the beach say when the tide came in?
A - Long time no sea.



Can you say this tongue twister three times in a row fast?

"Singing Sammy sung songs on sinking sand."

Recipe Corner

Jazzed up Waldorf Salad



Ingredients

- 1 Granny Smith apple, cubed
- 1 Golden Delicious apple, cubed
- 1 Gala apple, cubed
- 1 Bosc pear, cubed
- 3 ribs celery, chopped
- 3/4 cup sweetened dried cranberries
- 1/2 cup chopped walnuts
- 1/4 cup chopped pecans
- 1 cup sour cream
- 3/4 cup mayonnaise
- 1 tablespoon granulated sugar
- 2 teaspoons fresh lemon juice (optional)
- Options:
- Handful of red seedless grapes, sliced in half
- 1/4 cup flaked coconut

Directions

1. Combine Granny Smith apple, Golden Delicious apple, Gala apple, Bosc pear, celery, cranberries, walnuts, and pecans in a large bowl.
2. Whisk sour cream, mayonnaise, sugar, and lemon juice together in a separate bowl for the dressing.
3. Pour dressing into apple mixture; toss until evenly coated. Chill in refrigerator for at least one hour before serving. Or overnight.

Household Hints & Tips

- To clean grease off kitchen cabinets mix 4 cups of hot water and 1/2 cup of lemon juice, dampen sponge with mixture and wipe over cabinets.
- Use baking soda to clean stains from Tupperware.
- To fluff up comforters or pillows, drop 2 or 3 new tennis balls in the dryer on low heat for 10 minutes.
- To clean ball caps, place in top rack of dish washer. But be sure to remove hat before the heat cycle, then air dry.



**Do you have a favourite recipe
you would like to share?**

Email it to keverard@alib.ca or drop off at main reception desk in Chase or Salmon Arm offices.

Are you an Adams Lake Member living off reserve looking for a copy of ALIB Monthly Newsletter?

Each issue, as well as past issues are posted on the website:

www.adamslakeband.org

•Or you can subscribe to be added to our mail or e-mail list

•Fill in Contact Information/ Communications List

Communications Department

PO Box 588

Chase, BC V0E 1M0

**Adams Lake
Indian Band
Toll Free:**

1-877- 679-8841



For Immediate Release | April 7, 2017

Time to talk ticks

As the weather warms, people across Interior Health will be spending more time outdoors in tall grass or wooded areas and this means an increased chance of getting tick bites. Ticks are small bugs that feed on the blood of humans and animals and can sometimes transmit disease.

Ticks are most often found in tall grass and wooded areas, so covering up before you head outdoors and checking for ticks on yourself, your children, and your pets after being outdoors, are simple things that go a long way to prevent tick bites.

Ticks are common across Interior Health. The most common tick species in our region is the Wood Tick (*Dermacentor andersoni*), which is not known to carry the Lyme disease bacteria. The Wood Tick can carry other diseases such as Rocky Mountain spotted fever, although it is very rare. In addition, some ticks also have toxins that can cause tick paralysis, a condition resulting in temporary muscle weakness and paralysis until the tick is removed.

Less than one per cent of *Ixodes* ticks in B.C. carry Lyme disease. The tick species that carries Lyme disease (*Ixodes pacificus* or *Ixodes angustus*) is more common in the coastal areas of B.C., but may also be present in some areas within Interior Health. In addition to fever, headache, and muscle pain, people infected with Lyme disease will often develop a rash that looks like a "bull's eye" target and expands from the site of the tick bite.

If you find a tick on yourself, a family member, or pet, wear gloves and gently remove it. Use needle-nose tweezers to gently grasp the tick close to the skin and pull the tick straight out without squeezing. After removal, clean the area with soap and water. Try to save the tick in a sealed container with a cotton ball soaked in a bit of water and record the date of the bite. If you have concerns or need assistance removing a tick, please contact your family doctor or visit a walk-in medical clinic.

All tick bites should be cleaned, as infection can occur whenever there is a break in the skin. Most tick bites do not result in illness; however, it is important to watch for signs of tick-transmitted illnesses. Signs of many tick-borne infections can be quite similar and include fever, headache, muscle pain, and rash. Anyone who experiences a bulls-eye rash or other symptoms should see a doctor as soon as possible. If you saved the tick, bring it with you to your medical appointment. Ticks that are still alive can be tested for Lyme disease.

Additional precautions people can take to prevent illnesses from tick bites include:

- Walking on cleared trails when in tall grass or wooded areas.
- Covering up by wearing a hat, long sleeves, and pants.
- Wearing light-coloured clothing to help spot ticks easily.
- Tucking pant legs into socks or boots.
- Applying insect repellent containing DEET on uncovered skin.
- Checking clothing and scalp (covered or not) when leaving an area where ticks may live - ask someone to help check hard to reach areas.
- Having a shower after returning from areas where ticks may live.
- Regularly checking household pets for ticks.

www.interiorhealth.ca

PUBLIC SERVICE ANNOUNCEMENT

To reduce ticks from entering your home and yard, try these steps:

- Keep your lawn short and remove any fallen leaves and weeds.
- Keep a buffer area such as wood-chip or gravel border between your lawn and wooded areas or stone walls. Any play equipment or play zones should be kept away from wooded areas.
- Trim tree branches to allow more sunlight in your yard.
- Keep wood piles and bird feeders away from the house.
- Widen and maintain trails on your property.

More information is available at:

- Ticks and Lyme Disease – Interior Health:
<https://www.interiorhealth.ca/YourEnvironment/CommunicableDiseaseControl/Pages/Ticks.aspx>
- HealthLink BC file: <http://www.healthlinkbc.ca/healthfiles/hfile01.stm>
- Tick Talk – BC Centre for Disease Control : http://www.bccdc.ca/dis-cond/a-z/_/LymeDisease/ticktalk/ticktalkvideos/TickTalkVideoEnglish.htm



Secwepemc Governance Advisory Committee

Looking for volunteers that can fill the following elements on the Advisory group:

- | | |
|-------------------------------|--|
| * Men's representative | * Genealogy |
| * Women's representative | * Language |
| * Youth | * Political |
| * Elder | * Technical (family head system advisor) |
| * Hunter/Fisher | |
| * Harvester/berries/medicines | |

If you think you have the skills to contribute to this important work, please contact Sally Hunter and provide a brief summary of your skills and what element you think you would be best suited to contribute to.

The goal of the Advisory group is to make recommendations on establishing a transitional body and to provide guidance as to what the Secwepemc Nation Government should look like and how it should operate.

Sally Hunter, Community Liaison
artcoordinator@shuswapnation.org
778-471-8209



Mother's Day Acrostic Poem

"M" is for the million things she gave me,
"O" means only that she's growing old,
"T" is for the tears she shed to save me,
"H" is for her heart of purest gold;
"E" is for her eyes, with love-light shining,
"R" means right, and right she'll always be,

Put them all together, they spell "MOTHER,"
A word that means the world to me.

Tips

Natural Ways to Repel Ticks

When trying to keep yourself free of ticks this summer, you may want to consider your yard first, and make sure it isn't inviting the pests in. Remove leaf litter and clear tall grasses and shrubs around the home. Use wood chips or gravel between lawns and wooded areas to keep ticks away from lawns, play areas, and recreational areas.

If you're headed out hiking, try these natural repellent ideas:

1. **Citrus repellent:** Boil citrus peels (orange, lime, lemon) in water, let cool, and apply to skin. The easiest way is to put the solution in a spray bottle. Take with you and reapply as needed.
2. **Other oils:** Mix any of the following with a carrier oil like almond oil to create a natural repellent: rosemary, geranium, basil, cedar, cinnamon, lemon, lavender, and pennyroyal. Mix three oils maximum with pure almond oil and apply to skin.
3. **Repel Plant Based Lemon Eucalyptus:** This natural insect repellent got high marks from Consumer Reports for repelling mosquitoes and ticks. There are other natural solutions out there if you'd rather not make your own—Lakon Herbals' Bygone Bugz is another example, along with Quantum Herbal Products' natural tick repellent spray.
4. **Soap repellent:** Try mixing 10-15 drops of essential oils (lemon balm, pennyroyal, lavender, or rose geranium) with one ounce of liquid soap—wash in the solution before going outdoors.
5. **Garlic pills:** Ticks don't like the smell, so enjoy a nice Greek or Italian meal, or consider taking odorless garlic pills before going out.

Natural Tick Repellent Recipe

Ingredients

5 or 6 cloves of Garlic (roughly one bulb)
2 Tbsp. of crushed Neem Leaves
1.5 lemons (skin and all)
2 cups of water

Equipment

Stove
Sauce Pan
Knife
Cutting Board
Strainer
Funnel
Spray Bottle
Liquid Measuring Cup
Measuring Spoons

Directions

Follow the steps listed below to make one dose of natural tick repellent. One dose of repellent is enough for about two people. Don't make more than need at any one point in time because time degrades the potency of the ingredients making the spray less effective. If you need a larger batch simply double the ingredients listed.

1. Start by heating your two cups of water.
2. While your water is heating dice your garlic and lemon. you don't have to be too careful with this step, Don't bother peeling the lemon or shucking the garlic, just chop them all up and your good to go.
3. Measure 2 tbsp of dried neem leaves.
4. Once your water reaches a boil, add in your diced lemon, diced, garlic, and neem leaves.
5. Cover your sauce pan, reduce your heat, and allow the mixture to simmer for about 15-20 minutes.
6. Remove the mixture from heat and allow to cool.
7. Insert your funnel into your spray bottle and position your strainer over the top of your funnel. carefully pour the cool mixture through the strainer and into the funnel. The strainer should catch all solid material leaving you with the finished liquid tick repellent.
8. Screw the spray nozzle onto your bottle and your ready to go.
9. If you happen to make more repellent than you need, storing it in the refrigerator will keep it effective for longer.

TICK REPELLENT RECIPE

20 Drops Lemongrass Essential Oil

20 Drops Eucalyptus Essential Oil

4 oz. of Water

Add all ingredients in a spray bottle...

Shake Well!

Spray on shoes, socks, and pant cuffs





Wishing you the
very best this
Mother's Day!

Sunday, May 14, 2017



Before you

THINK

T = Is It True?

H = Is It Helpful?

I = Is It Inspiring?

N = Is It Necessary?

K = Is It Kind?



The Splatins Grandmothers have invited...



Dr. Gabor Maté

www.drgabormate.com

to speak about

"How to care for our Hungry Ghosts"

Dr. Gabor Maté addresses the issue of helping to cope with the trauma created by the current crisis of fentanyl overdoses in our communities. Dr. Maté weaves together scientific research, case histories, and his own experiences to present a broad perspective that enlightens and empowers people to promote their own healing

June 1, 2017

Splatsin Community Centre

5767 Old Vernon Road, Enderby, BC

Cost: Splatins Tsm7aksaltn is fundraising so we can offer this presentation **FREE** to Secwepemc, Syilx and Indigenous guests residing in this area.

Others - Those with access to professional development funds are asked to pay the registration fee of \$125.

To register, go Eventbrite.ca - "How to care for our hungry ghosts"

For further information: email zoralind@gmail.com or contact

Splatsin Tsm7aksaltn, 2730 Canyon Road, Enderby; 250-838-6404 extension 225



Center opens for seating at 12:00 noon

Agenda:

1:00 pm Secwepemc story by Chaptikwt, Ralph McBryan
1:30 How to administer Naloxone injections in an emergency situation
1:50 Welcome Song to Dr. Gabor Maté
1:55 Introduction of Dr. Gabor Maté
2:00-3:00 Dr. Maté speaking
3-3:15 Questions
3:15 -3:30 Coffee break
3:30 -4:15 Dr. Maté speaking

4:15-4:45 Questions

5:00 pm Dr. Maté departs to song
Call for donations MC
Bear Dancers close
Brushing off participants with eagle fans
Support materials tables/regs - where to get help
Dinner served: Moosemeat stew, bannock, dessert
Cleanup and closing comments



- 10** I love my Mom because she reads me _____
- 9** I love my Mom because she helps me _____
- 8** I love my Mom when she makes me laugh by _____
- 7** I love my Mom because she taught me how to _____
- 6** I love to hear my Mom sing _____
- 5** I love my Mom because she finds time to _____
- 4** I know my Mom cares because she _____
- 3** I know my Mom is smart because she _____
- 2** I love my Mom because she works so hard at _____
- 1** I love my Mom because she's the BEST MOM EVER!

HAPPY MOTHER'S DAY,
MOM!

Love,



Adams Lake Indian Band Communication Department is asking all Band Members to update their contact information if you move or have a change in your contact information. It is important for the Band Office to have up to date information of our Membership. We use this information to keep you informed about upcoming referendums, draft laws, elections and other news relevant to our membership.

Please fill in the information below. (Please print)

Update Contact Information/Communications List Form

Date _____

First Name _____ Last Name _____

Email _____ Home Phone _____

Nickname or alias _____ Cell Phone _____

Street Address _____

City _____ Province _____ Postal Code _____

Mailing Address (if different from street address)

City _____ Province _____ Postal Code _____

Subscribe to ALIB Member Communication List

Please check if you:

- ☐ Yes, keep me informed of Band communications, news, events, referendums, drafts laws, elections and other relevant information that directly impacts me as a Band Member.
- ☐ How would you like to receive communications from Adams Lake Indian Band?
 - ☐ Email ☐ Mail ☐ Phone ☐ ALIB Website ☐ Video Broadcast

Please return form to:

Adams Lake Indian Band

Attention: Communications Coordinator

Karen Everard

PO Box 588

Chase, BC V0E 1M0

Or Phone in on toll free 1-877-679-8841

Email: keverard@alib.ca

Kukstenc

Karen Everard,

Community Planning and Communications Coordinator

Sunday Worship Gathering

Meets weekly at 11am

ALIB Spiritual Centre in Chase

Light lunch to follow in the band hall

Potluck – every 2nd Sunday of the month.

Wednesday Prayer Circle

meets weekly at 7PM

ALIB Spiritual Centre

Contact: Howard and Jannie Johnson
250-835-0195 / 250-515-1314

Every now and again we must take
a good look at something not
made of human hands...

A mountain, a tree, a star, or just
the turn of a stream...

There will come to you a great
wisdom, patience and solace...

And above all else, the assurance
that you are not alone in
the world.

Find relief where the pines flourish,
and the jay still screams...

Mother Nature



REUSE 
REDUCE
RECYCLE

Puzzle Solution © OnlineCrosswords.net

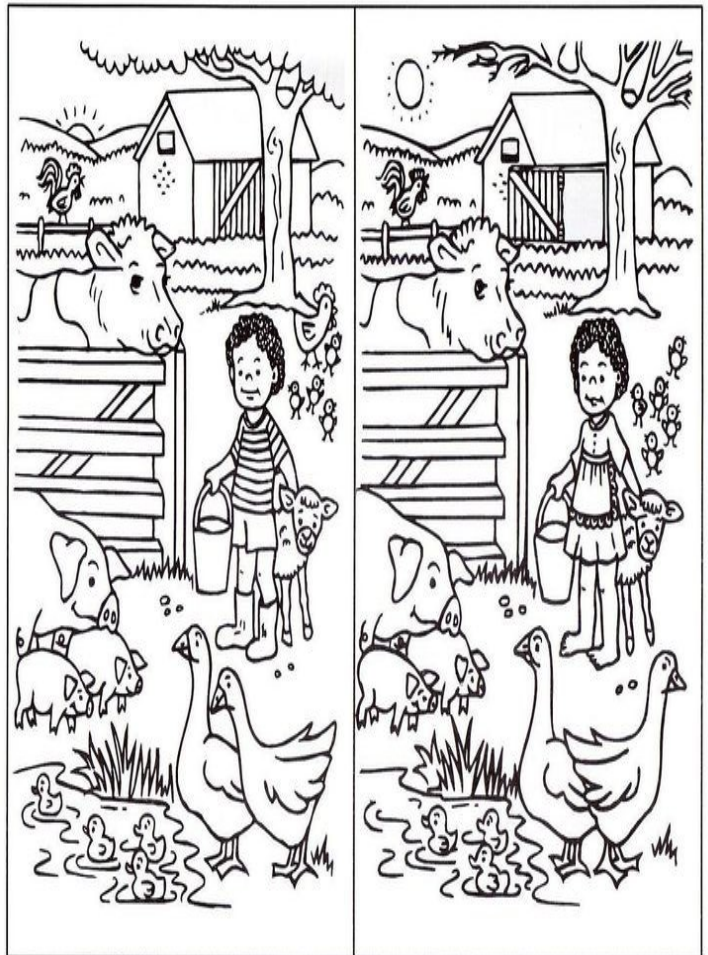
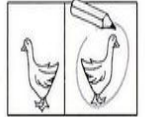
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R	O	L	E			E	L	S	E		S	E	A	R	S

Want to contribute to the **Cstélnec Newsletter?**

Email to:

keverard@alib.ca

SPOT THE DIFFERENCE



You're Joking

Q - What did one potato chip say to the other?

A - Shall we go for a dip.

Q - Why can't you play basketball with pigs?

A - Because they hog the ball.

Q - How do rabbits travel?

A - By hare plane.

Q - Have you heard about the restaurant on the moon?

A - Great food, but no atmosphere.

Q - Which vehicle is spelled the same forwards and backwards?

A - Racecar.



2nd Annual Wellbriety Celebration

Wellbriety: Becoming sober and well in a Native American cultural way ©

**EVERYONE
WELCOME!**

Highlights include:

FREE

- Sunrise Sweats
- Keynote Speakers
- Wellbriety Meetings
- Breakout Sessions
- Pipe Ceremony
- Sacred Hoop Ceremony
- Round Dance
- Door Prizes

May 12 - 14, 2017

Tk'emlups te Secwepemc
Chief Alex Thomas Way
Moccasin Square Gardens
Kamloops, BC

**ALL HAND
DRUMMERS
WELCOME!**



To register or for more info please contact:

Dave Manuel

250-828-9704 or dave.manuel@kib.ca

Registration open until May 9, 2017



There will be a special ceremony to
honor the Life Givers on Sunday morning.

~ This is a clean and sober event ~

This is a multi-community event!

Hosts and committee are not responsible for lost or stolen items.



Specials:

Tiny-Tots Teddy Bear

Give away

Junior Girl's - mixed

Junior Boy's Grass

Men's Grass

Men's Traditional

Women's Golden Age

Men's Golden Age

**Registration
Table:**

- Vendors/Booths
- Drummers
- Dancers
- Hand Drum Contest
- Drum Group Contest
- Princess & Lil Brave Pageants
- Lahal Tourney
- Bingo @Nesk Hall
- Loonie Auction Table

**Powwow Society
will have a**

Bannock Booth

Only concession
permitted selling Bannock
during this event.

Hand Drum Contest

Lahal Tourney

Starts:

**Grand Entry
@7pm Friday**

**Everyone
Welcome**

Working Together 7th Annual Traditional Powwow

June 30, July 1 & 2, 2017
Neskonlith Powwow Grounds
(7km west of Chase, BC)

**Host Drum
Sage Hills**

**MC
Chris Wells**

**Arena Director
Everett White**



**Free Admission
& Free Camping**

The Working
Together Powwow
Society will be
serving Saturday /
Sunday breakfast &
Saturday supper at
Neskonlith Hall free
of charge.

**Powwow Committee
& Chief/Council are
NOT responsible for
lost, stolen or injuries
while attending this
event.**

**Absolutely No Drugs
or Alcohol allowed
on the grounds.**

**Security on Grounds
Full-Time**

Contact Information

Lucille Martin

Ph: (250) 679-8098

C: (250) 819-1508

Fax: (250) 679-3155

E: snjootli@rocketmail.com



Upcoming Meetings/Events

ALIB Canoe Wakening Ceremony

Sat. Apr. 29 at ALIB Fish Station, Chase, BC at 11:00 am. Come out for a fire, hotdogs and a paddle out on the water and ready for the upcoming season. FMI contact Tim at (250)804-3266.

Understanding Grief & Loss Workshop

Sun. Apr. 30 to Tues. May 2nd from 9:00 am to 4:00 pm at ALIB Spiritual Centre, Chase, BC. All invited to attend this free workshop instructed by Rod Jeffries of Ancestral Visions. Lunch included, gas cards will be provided for Switsemalph members/community members. FMI call Daidri at (250)679-7727.

GoToMeeting Program Distribution List

Title & Rights Department is testing a program called GoToMeeting and with this program we hope to broadcast all of our monthly T&R Information Sessions to your computer, phone or tablet. Space will be limited to 50 participants initially. Those who are interested please contact Deanne at (250)679-8841 to be put on distribution list. Next Info Session is Wed. May 3rd, 2017.

Title & Rights Information Session

Wed. May 3 at Adams Lake Recreation & Conference Centre, Chase, BC. 3:00 to 5:00 pm genealogy documenting; 5:00 to 6:00 pm dinner; 6:00 to 8:00 pm info session. FMI contact Dave at (250)679-8841.

Secwepemc Tourism Open House

Thurs. May 4 at Adams Lake Recreation & Conference Centre, Chase, BC from 5:00 to 7:00 pm. Sexqeltkemc te Secwepemc (STS Lakes Division Bands) is seeking input into a Secwepemc Tourism Strategy. Please join us for dinner and give ideas. FMI call Shelley at (250)679-2251.

General Band Meeting

Sat. May 6 at Adams Lake Recreation & Conference Centre, Chase, BC from 10:00 am to 3:00 pm Agenda: review draft 2017/2018 budget; Minutes of Oct. 25 and Feb. 23 GBMs; proposed amendments of Election Rules and Community Panel. Lunch will be provided.

Band Office Closed—Victoria Day Long Weekend

Mon. May 22 the ALIB Band Offices will be closed for Victoria Day long weekend. Re-open on Tues. May 23 at 8:00 am.

Cope with trauma created by fentanyl crisis

Thurs. June 1 at Splatsin Community Centre, Enderby, BC from 1:00 to 5:00 pm. Dr. Gabor Mate presentation about How to care for our Hungry Ghosts. FMI call (250)838-6404.

7th Annual Working Together Traditional Pow Wow

Fri. June 30 to Sun. July 2 at Neskonlith Powwow grounds, Chase, BC. FMI contact Lucille at (250)679-8098.

This page is provided to show upcoming meetings/events. All bookings are subject to change in the event of an emergency. Some of the above events may have a poster displayed here within **Cstèlnec Newsletter** with more details.