

# Adams Lake Indian Band

## Cstélnec Newsletter

### May, 2017



For Immediate Release | May 15, 2017

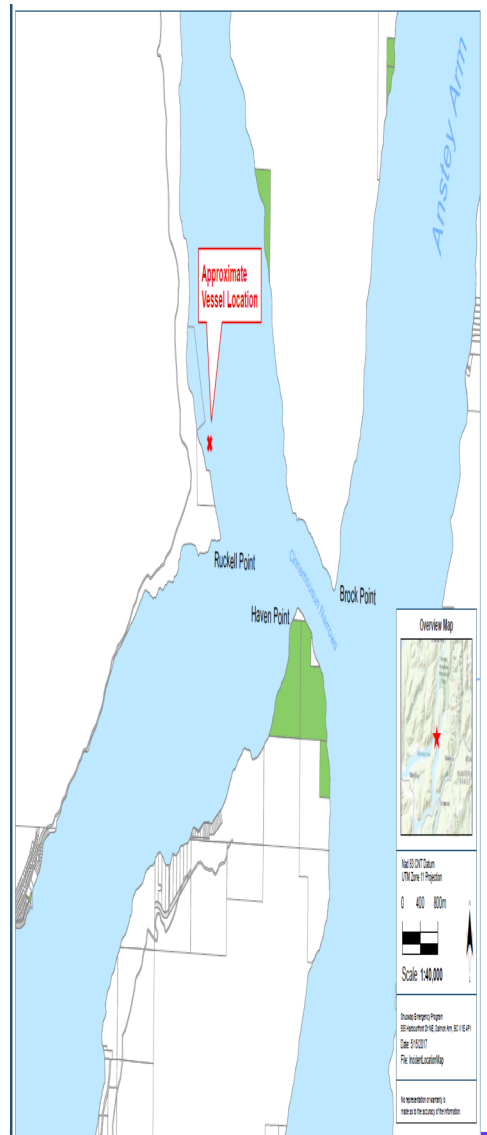
#### Precautionary advisory for water users on Shuswap Lake north of Ruckell Point

Interior Health was informed this afternoon that a diesel fueled tug boat sank in Shuswap Lake north of Ruckell Point (Cape Horn). *See attached map for location.* At this time, there is no evidence of diesel fuel having entered the water and there are no community water systems drawing from Shuswap Lake in the area where the boat sank. The closest community is St. Ives, about 10 kilometres to the southwest, which does not draw water from the lake.

However, there is a risk that diesel fuel may be released from the boat, so Interior Health is advising individuals who may be in the area to be cautious and check their water for any signs of diesel fuel (either a sheen on the water surface or any smell).

As an additional precautionary measure, people should avoid using the lake water if it smells or tastes like fuel. This means no drinking, showering/bathing or brushing teeth if a fuel odour is detected. Diesel fuel can pose a health risk following ingestion, inhalation or skin absorption.

Interior Health will be working with the Canadian Coast Guard and Ministry of Environment to monitor this situation.



#### Inside this issue:

Postponed General Band Meeting Notice	2
Letter to Membership	3
Councillor Manuel Report	4
“New” Shuswap Stories	7
Father’s Day Kid’s Colouring Page	8
First Nation Health Authority Client Survey	17-20
Upcoming Meetings/Events	24



Adams Lake Indian Band Offices  
will be closed on  
**Wed. June 21st**  
**for National Aboriginal Day.**  
Re-open on Thurs. June 22nd,  
8:00 am to 4:30 pm

## Congratulations!

To **Trever Andrew** of Adams Lake Indian Band. He was selected as this year's recipient of the **2017 Excellence in the Water and Waste Industry** with the *Victor Terry Operator Award*.

The BC Water & Waste Association (BCWWA) Awards are intended to showcase individuals, operators and organizations that demonstrate leadership, innovation and excellence in the BC and Yukon water sector.

Trever will be honoured at the Awards Ceremony on Tuesday, May 30, 2017 during the BCWWA Annual Conference & Trade Show in Victoria, BC.

All Award Recipients will be featured in the upcoming 2017 summer edition of *Watermark* magazine and will be posted on the BCWWA website: [www.bcwwa.org](http://www.bcwwa.org).

Congratulations, warmest thanks and appreciation to Trever and Public Works Department for your time and expert craftsmanship ensuring clean water for our communities.



Adams Lake Indian Band would like to welcome back Rob Matthew as Interim Education Director. He is contracted until mid summer and will likely help us orient new hire Education Director after a full competition and hiring process takes place.

Rob worked for a number of years at Chief Atahm School and we are delighted to welcome him back to the Team.

**May 26-28, 2017**

# Mens Campout Fishing Trip

Friday 26th 4pm leaving from gym  
Ends Sunday 28th  
Event Location: Scuitto Lake  
More Details: Jeromy (778)220-7647

Learn some skills, catch some fish, and make some smores

### Adams Lake Indian Band

P.O. Box 588, Chase, BC/V0E 1M0  
PHONE: (250) 679-8841/FAX: (250) 679-8813  
[www.adamslakeband.org](http://www.adamslakeband.org)/email: [receptionist@alib.ca](mailto:receptionist@alib.ca)

**Postponed due to the Salmon Arm School District Graduation Ceremony. The GBM will be rescheduled at a later date.**

May 17, 2017

### GENERAL BAND MEETING

NOTICE IS HEREBY GIVEN TO THE ADAMS LAKE INDIAN BAND MEMBERS THAT A GENERAL BAND MEETING WILL BE HELD ON:

**DATE:** Wednesday, May 31, 2017

**TIME:** 5:00 – 9:00 p.m.

**LOCATION:** ALIB - Gymnasium

### AGENDA:

- COMMUNITY MEETING/ GENERAL BAND MEETING MINUTES OF OCTOBER 25<sup>TH</sup> 2016, GENERAL BAND MEETING MINUTES OF FEBRUARY 23<sup>RD</sup> 2017, AND GENERAL BAND MEETING MINUTES OF MAY 6, 2017;
- VIDEO SURVEILLANCE;
- BUDGET;
- FOLLOW UP OF PROPOSED AMENDMENTS TO ELECTION RULES;
- ELECTION COMMITTEE.

Off Reserve Membership who wish to receive copies of above material, please call Band Office

at 1-877-679-8841

May 17, 2017 – 1<sup>st</sup> Notice

## Letter to Membership

May 15, 2017

RECEIVED

MAY 16 2017

ADAMS LAKE BAND

### TO Electors of the Adams Lake Indian Band

The Community Panel, an elected body, is mandated to make decisions on all appeals and petitions held to dispute an Election or any petition(s) to remove a Band Council Member(s) from the Office of Band Council; held in accordance with the Adams Lake Secwepemc Election Rules.

#### Appendix 'E' 2 (f)

The Community Panel shall post notices of any business that is being considered by them and shall provide sufficient details of the business so that the Electors shall understand the purpose and the object of the proceedings. Notices shall be made available at the Adams Lake Indian Band administration building(s) and may be posted in the ALIB newsletter and/or website.

#### Part 23 Election Appeal 23.6 (f)

The Community Panel may permit any interested Electors, or their agents or legal counsel to make submissions on any issues being considered by the Community Panel;

On Friday May 5, 2017, the Community Panel received a Petition from Nelson Frederick Leon. The Petition is seeking for the removal of office for Paul Fergus Michel under Section 24 Removal from Office of Band Council Member/s on one or more of the following grounds:

- (a) he/she has violated the ALIB Election Rules; or
- (b) he/she has breached their Oath of Office.

The Community Panel shall issue a written decision together with reasons in every appeal or petition within thirty (30) days from receipt of the appeal or petition. Therefore should any interested electors, or their agents or legal counsel wish to make submission to the Community Panel, the written submission must be provided to the Adams Lake Indian Band Administration Building Attention: Community Panel before May 26, 2017 at 12:00 p.m.

Kukstsemc,

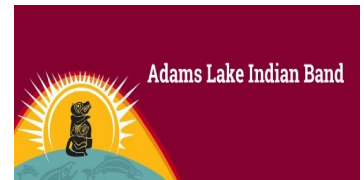
  
Community Panel Member

  
Community Panel Member

  
Community Panel Member

  
Community Panel Member

  
Community Panel Member



We invite stories, recipes, photos, articles and any other information that would be of interest to our communities and membership. We reserve the right to accept or refuse submissions and edit for content and length. Contact the

Cstèlnec Newsletter Team:

**Karen Everard**

CCSP/Communications

**Bernadette Dennis**

Administrative Support

**Mail:** PO Box 588

**Office:** 6453 Hillcrest Rd,  
Chase, BC V0E 1M0

**Phone** (250)679-8841

**Email:** [keverard@alib.ca](mailto:keverard@alib.ca)

**Web:**

[www.adamslakeband.org](http://www.adamslakeband.org)

**Hours** Monday – Friday

8:00 am to 4:30 pm

Closed weekends/holidays.



Next issue of  
**Cstèlnec Newsletter**

**Thurs. June 29th, 2017**

**Deadline to submit  
submissions**

**Thurs. June 22nd by  
1:00 pm**



## Community Wellness Pillar Report Councillor Norma Manuel

May 19, 2017



The Community Wellness Pillar consists of Health and Education providing services to Band members.

The Health Centre has supported Band members' during the recent funerals of deceased Band members. The support included counselling for members, food preparation and distribution, financial contribution as well. The service providers continue to offer and provide; counselling, nursing, family support, health care travel professional services of psychologists, child mental health to mention some of the services.

Meetings I have attended to improve Health services are; 1) Interior Region Health Caucus at Williams Lake focussed on benefits improvement, policy changes and challenges concerning child welfare. 2) Secwepemc Health Caucus Social Determinants held in Kamloops. Purpose of this meeting was to look at issues related to education. Child and Family Wellness and Housing were also in attendance (i.e. Chief Nathan Mathew political lead for Education).

### Education:

Small group discussions identified challenges within the education area: 1) funding areas identified, 2) Secwepemc language taught in public schools as French is, 3) Inclusion of appropriate Secwepemc history in public school, 4) Jurisdiction over education. Jurisdiction is the responsibility, duty, accountability and legal authority to make decisions for and build structures to serve Secwepemc children in education.

Measurable outcomes would be meaningful experience is the public schools causing all services available and new resources to ensure education is complete, more students completing school and university. Strong Secwepemc leadership to carry this out.

### Child and Family Wellness:

Identified in this determinant: 1) Government to Government, Nation to Nation collaboration and financial independence, lack of resources to support alternative creative solutions. 3) Integration of (circle of strength) Indigenous systems models and processes.

Measurable outcomes would be no children in care, Indigenous approach to care for children (no system), family unit is functional, Nation created services, documentation of history.

Housing: 1) arrears, 2) mental health, 3) Lack of ser-

vised land, 4) Policy – community driven policies that are clear, transparent, consistent and accountable.

No arrears, pride in the home, new designs for homes offer solutions, alternate approaches to the challenges. Participants were chiefs, councillors, social workers, housing project managers, education managers and others.

Measurable outcomes would be collaboration between all social determinants, leadership to uphold housing policies. Quality homes, visible home improvement, more people utilizing use of land for food gathering, medicines, awareness of the four life areas; mental, emotional, spiritual and physical.

### Secwepemc Child and Family Services (SCFS)

I represent ALIB on the SCFS Board of Directors. The purpose of the board member is to develop meaningful policy, offer professional advice to the Executive Director and research alternatives to the welfare system to better serve the needs of children and families. One alternative is "the Signs of Safety" originating from Western Australia, Signs of Safety seeks to create a more constructive culture around child protection organization and practice through collaborative relationships between professionals and family members.

**Other meetings** I have attended are 1) 5 Band Planning Meeting, purpose is to provide a unified approach in working with "projects" in the Secwepemc area. 2) Reconciliation Framework Agreement (RFA), the RFA is an agreement that promotes collaboration between Ministry of Aboriginal Relations, Forests, Lands and Natural Resources, Environment and energy and Mines. The Bands involved are TK'emlups, Splatsin, Adams Lake and Shuswap Bands. 3) Education meetings in School District #73 and 83 that are focussed on policy improvement that promote better outcomes for children in the districts.

Since my last report I have been actively representing ALIB members in moving forward for our future generations.

Kukstemic  
Norma Manuel







## Shuswap Labour Market Assessment & Action Planning Project Update

In case you missed your community's 1<sup>st</sup> public meeting to share your thoughts on what's important to your local labour market, don't worry! You will have the opportunity to contribute to our data collection process before the next community meeting in Sept. There will be a Surveyor in your area, collecting your contribution in person. We will have our survey link posted and shared throughout your community – please take the 10 minutes or so to complete this survey.

### Here's a few reasons why your participation is so important:

We live in a knowledge economy. In this economy **data equals dollars**. The Shuswap Labour Market project is designed to get accurate up-to-date labour market data that your community can leverage for infrastructure, planning and community development. Your input shapes the research design and direction. After the research is complete each of the participating communities will develop a labour market Action Plan. Your participation is crucial to enhancing, developing and shaping the economic and labour market direction of your community in the coming years.

The SLMA survey will be live beginning May 12, 2017. You will be able to access the survey link on our FB page, [www.facebook.com/ShuswapLabour/](http://www.facebook.com/ShuswapLabour/) and on our page through the Community Futures' website. For personal survey meetings, please check the website for a listing of all assigned surveyors and their contact information.

For further information, please contact:

Rob Marshall  
Community Futures Shuswap  
[rmarshall@futureshushwap.com](mailto:rmarshall@futureshushwap.com)  
(250) 803-0156

Jason Woodman-Simmonds  
Ironsight Business Strategies, Inc.  
[jason@ironsightstrategies.com](mailto:jason@ironsightstrategies.com)  
(250) 517-0197



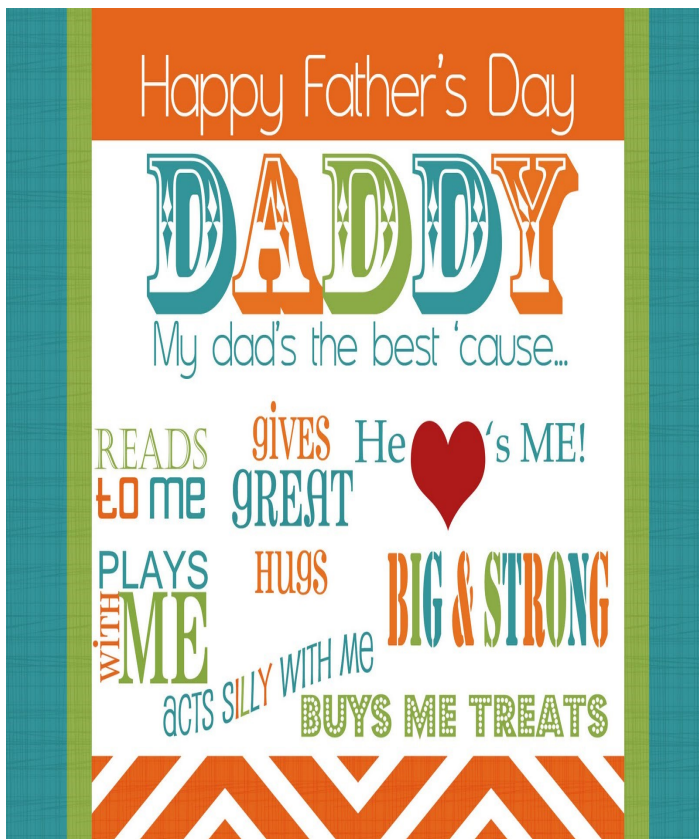
## Shuswap Labour Market Assessment & Action Planning Project

### WHO IS THE SURVEYOR IN YOUR COMMUNITY?

Our Team is ready to begin surveying those from your Community for input into the Labour Market Assessment!! Each individual survey will take approximately 10 minutes of your time and will be collected from May 12th, 2017 to July 31, 2017!! You can meet with a surveyor, go online at [www.facebook.com/ShuswapLabour/](http://www.facebook.com/ShuswapLabour/) or find it on the Community Futures Shuswap webpage: <https://www.beyourfuture.ca/shuswaplabour>.

The following is a listing of the surveyors hired and the Communities they have been assigned to:

Adams Lake Indian Band	Pat Thomas Jordan Roy	250-517-9128 250-517-9086
Little Shuswap Lake Indian Band	Pat Thomas Jordan Roy	250-517-9128 250-517-9086
Neskonlith Indian Band	Pat Thomas Jordan Roy	250-517-9128 250-517-9086
Splatsin First Nation	Chanelle Celesta	250-517-8652
Salmon Arm	Sandy Shepherd	250-517-8239
CSRD Area C	Barbara Simmonds Bonnie Thomas	250-463-3615



### Did you know . . . . . Some fun facts About Father's Day



**Did you know** Father's Day is the fourth biggest day for sending greeting cards, after Christmas, Valentine's Day and Mother's Day, according to the Greeting Card Association.

**Did you know** the number of Canadian stay-at-home Dads has tripled in the last 25 years.

**Did you know** about 20% of Father's Day cards are bought for husbands.

**Did you know** 8.6 million number of fathers in Canada (including biological, adoptive and step fathers), according to Stats Canada.

**Did you know** Canada's national symbol, the beaver, is one of the few male creatures in the animal kingdom that sticks around after mating to help raise the kids. In rare cases, biologists have even spotted male beavers taking on the role of a single dad.

Greetings Adams Lake Indian Band Membership,

I hope the beginning of May has treated you all well and that as you transition into Spring it brings positive experiences to all of your life's circles.

As you are now likely aware I provided ALIB with my letter of resignation last month (April 13th) and as of the end of April 2017 I was no longer your Director of Education. It was a very difficult decision for me to make and not one that I took lightly. I thoroughly enjoyed serving Adams Lake Indian Band over the past 15 months as your Director of Education and will sincerely miss the connections that I made with you during this time as well. When I provided my last verbal report to Chief and Council on April 26th I reiterated these feelings.

My decision to resign from this position was made in the best interests of the Band. While I made significant gains by increasing accountability, transparency, and communication on those from both Federal and Provincial Government systems there were barriers within other areas of my role that limited my influence of change for the Education Department...and as such...these barriers were pivotal to my decision as I would not be able to meet the objectives that I was hired to accomplish and I felt by staying in the role as Director it would not be fair to the Band's investment in me. However, as I did share with Chief and Council the investment in my 15 months of service did provide a valuable return to ALIB as I created the beginning of a new foundation for the next Manager/Director to build on.

The 2017/2018 budget that I created for your approval supports the implementation to enhance this foundation with rationales to further explain how this budget is driven by results-based goals for the year. In addition, over the past year I created administrative processes that would change the way the department would serve membership — moving towards a proactive service to membership and moving away from a reactive process — visiting your homes more often, calling you on the phone instead of using email, expanding physical services to ensure Salmon Arm feels connected to Education Department, advocating and taking control of monthly meetings with stakeholders, hosting lunch/dinner meetings for members at both Chase and Salmon Arm, enhancing policies and procedures, working collaboratively with other departments, and of course providing venues for your voices to be heard and for your voices to share desired directions. It should be both an exciting and productive year to this regard and I look forward to hearing how the department grows towards this proactive process.

I would like to once again thank both Chief and Council and the ALIB Organization for the support that was provided to me, and of course, share sincere thanks to the membership for allowing me to serve your community. I have truly enjoyed my time with Adams Lake Indian Band and appreciate the opportunities I have been provided. It was an extreme pleasure representing the Band in this leadership role and I wish the very best of success in the future.

Very Sincerely,



Shane Coutlee





Welcome to our “**New Feature**” Shuswap Stories by James Teit. Read below short bio on James Teit. Each month the *Cstèlnec Newsletter* will reprint a story to share.

**James Alexander Teit (1864 - 1922)** Born in Scotland, Teit immigrated to Spences Bridge, BC in 1884. He was self-taught botanist, became an entomologist, a photographer and an anthropologist. He was highly literate, spoke fluent several tribal

languages, some German, Dutch, French and Spanish. He traveled around and studied Interior Salish First Nations peoples in the late 19th and early 20th centuries. He led expeditions throughout BC and made many contributions towards native ethnology. Was ongoing activist for aboriginal rights in BC, serving as a translator, scribe and lobbyist. In 1904 he visited Secwepemc communities at Splatshin, Shuswap Lake, Kamloops and Savona (Skeetchestn). There are a series of books, many articles and his fieldnotes on his recordings. James Teit died in 1922 in Merritt, BC. Teit viewed Native peoples as his contemporaries friends, relatives and neighbours who lived a lifestyle similar to his own.

### *Coyote and Fox.*

Coyote, while travelling about, came to an underground house which was inhabited by very small, short people. They were the rock-rabbits.<sup>2</sup> He said to himself, “They are too short for people. I will kill them all and eat them.” After slaughtering them, he tied all their bodies on a string, and carried them over his shoulder. It was very hot, clear weather, so he sought the shade of a large yellow pine-tree, where he heated stones, and, digging an earth oven, put all the rock-rabbits in to bake.<sup>3</sup> Then he lay down in the shade to sleep until they should be cooked. Meanwhile Fox came along, and, seeing Coyote asleep, he dug up and took out the contents of the oven, and began to eat.<sup>4</sup> He had eaten about half the rock-rabbits when Coyote awoke, but, feeling too lazy and overcome by the heat to get up, he said to Fox, “Spare me ten.” The latter never heeded, but kept on eating. When Coyote saw there were only ten left, and Fox still continued to eat, he said, “Spare me nine.” But Fox paid no attention; and, although Coyote continued to ask him to spare the rest, Fox continued to eat until there was only one rock-rabbit left. Coyote was still too lazy to rise: so he said, “Spare me half a one.” But Fox ate the last one up, and then crawled away, having eaten so much that he could hardly walk.

At last Coyote became energetic enough to rise. Saying to himself, “I will kill that fellow!” he set out to follow Fox's tracks. Soon he came upon Fox sleeping in the shade of a very thick fir-tree. Coyote, by his magic, made the tree fall on Fox; then he laughed loudly, saying, “I told the

<sup>1</sup> Also collected among the Lower Thompson Indians.

<sup>2</sup> Commonly so called in British Columbia, also sometimes called Pika or Rocky Mountain Pika. They are small brown tailless animals, very plentiful in high mountains of the interior. They live in rock-slides at the base of cliffs, and utter a shrill, squeaky cry. They often inhabit the same slides with the hoary marmots.

<sup>3</sup> In the same manner as roots are cooked.

<sup>4</sup> For a similar incident of Coyote and Fox, see Teit, *Traditions of the Thompson River Indians*, pp. 29 and 71.

634

TEIT, THE SHUSWAP.

tree to fall on him, and now he is dead.” The tree was so branchy, however, that it had fallen over Fox without the trunk touching him, for the many branches had hindered the trunk from reaching the ground. Soon Fox crawled out from underneath the tree and walked away.

Reaching a place where the wild red-top or rye-grass was very thick and tall, he went into the middle of it and lay down to sleep again. Coyote followed him, and set fire to the grass all around; but Fox, waking up, set counter-fires around himself, and thus made Coyote's fire harmless.

When the fires had died out, Fox went on, and entered a piece of country overgrown with reeds, where hares were very numerous. Coyote, following, set fire to the reeds, saying, “They will burst, and then Fox's eyes will burst also.” When the fire spread, the hares ran out in large numbers; and Coyote was so intent clubbing them, that Fox escaped, and was some distance away before Coyote noticed him. The latter then said, “Fox, you may go.”

Then Coyote travelled on, and came to a place where magpies were very numerous. Here he set snares, and, catching many of these birds, he made a robe of their skins. He put his robe on and admired it very much, saying, “What a beautiful robe I have! and how the feathers shine!” Soon afterwards he met Fox, who was wearing a robe thickly covered with tail-feathers of the golden eagle. Coyote said to himself, “His robe looks better than mine, and is much more valuable.” So he offered to exchange robes; but Fox said, “How can you expect me to exchange a valuable robe like mine for yours, which is made of only magpie-skins?” Just as they were about to separate, Coyote seized Fox, and, tearing his robe off, went away with it.

Fox sat down and watched Coyote until he was out of sight. The latter, arriving at a lake, took off his magpie robe, and, tearing it to pieces, threw it into the water. Then, donning the robe of eagle-feathers, he strutted around, admiring himself, and saying, “If a wind would only come, so that I could see and admire these feathers as they flutter!” Just then Fox caused a great wind to come, which blew the robe off Coyote's back, and carried it back to himself.<sup>1</sup> Then Coyote went back to the lake to see if he could find his old magpie robe; but the wind had scattered all the pieces and the feathers, so that only here and there on the surface of the lake could one be seen. Coyote was now worse off than at first, and had to travel along naked.





# DADDY

My Dad's name is \_\_\_\_\_

He is \_\_\_\_\_ years old, \_\_\_\_\_ tall and weighs \_\_\_\_\_ pounds.

His hair is \_\_\_\_\_ and his eyes are \_\_\_\_\_

He is smart because he knows \_\_\_\_\_

At his job, my Dad \_\_\_\_\_

My Dad is really good at \_\_\_\_\_

My favorite memory with my Dad is \_\_\_\_\_

His favorite food is \_\_\_\_\_

My favorite this to do with Dad is \_\_\_\_\_

It makes Dad happy when I \_\_\_\_\_

Dad always tells me \_\_\_\_\_

If he could go on a trip, he would go \_\_\_\_\_

And he would take \_\_\_\_\_

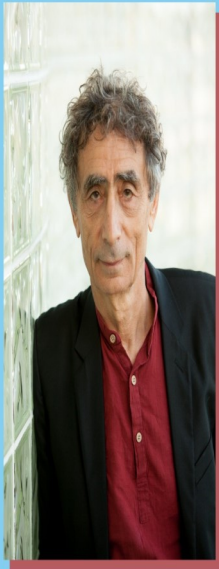
I'm just like my Dad because I \_\_\_\_\_

I really love it when my Dad \_\_\_\_\_

If I could give my Dad anything, it would be \_\_\_\_\_

What I love most about my Dad is \_\_\_\_\_

Love, \_\_\_\_\_ Date: \_\_\_\_\_



The Splatsin Grandmothers have invited....



## Dr. Gabor Maté

[www.drgabormate.com](http://www.drgabormate.com)

to speak about

### "How to care for our Hungry Ghosts"

*Dr. Gabor Maté addresses the issue of helping to cope with the trauma created by the current crisis of fentanyl overdoses in our communities. Dr. Maté weaves together scientific research, case histories, and his own experiences to present a broad perspective that enlightens and empowers people to promote their own healing*

**June 1, 2017**

## Splatsin Community Centre

5767 Old Vernon Road, Enderby, BC

**Cost:** Splatsin Tsm7aksaltn is fundraising so we can offer this presentation **FREE** to Secwepemc, Syilx and Indigenous guests residing in this area.

Others - Those with access to professional development funds are asked to pay the registration fee of \$125.

**To register, go Eventbrite.ca** - "How to care for our hungry ghosts"

For further information: email [zorilind@gmail.com](mailto:zorilind@gmail.com) or contact

Splatsin Tsm7aksaltn, 2730 Canyon Road, Enderby; 250-838-6404 extension 225



Center opens for seating at 12:00 noon

#### Agenda:

1:00 pm Secwepemc story by Chaptikwt, Ralph McBryan  
1:30 How to administer Naloxone injections in an emergency situation  
1:50 Welcome Song to Dr. Gabor Maté  
1:55 Introduction of Dr. Gabor Maté  
2:00-3:00 Dr. Maté speaking  
3-3:15 Questions  
3:15-3:30 Coffee break  
3:30-4:15 Dr. Maté speaking

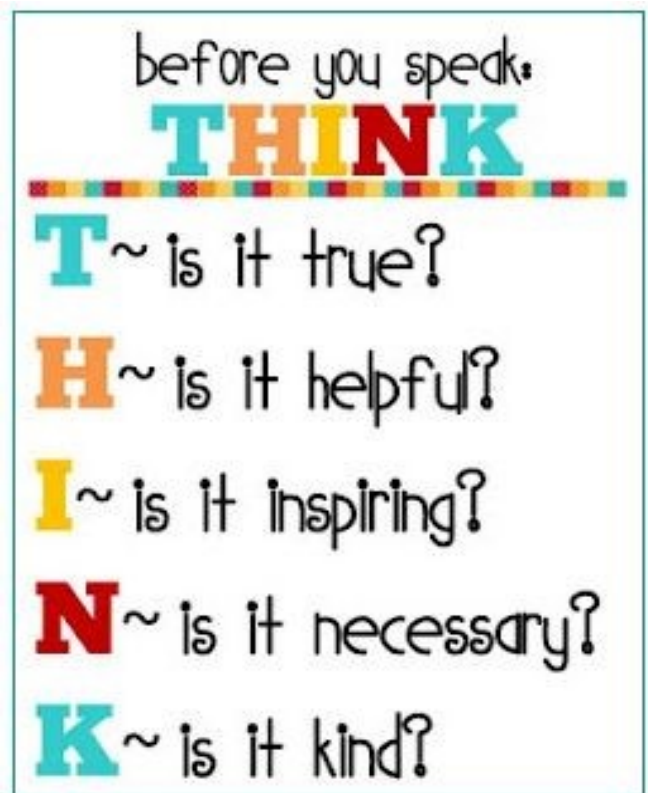
4:15-4:45 Questions  
5:00 pm Dr. Maté departs to song  
Call for donations MC  
Bear Dancers close  
Brushing off participants with eagle fans  
Support materials tables/rep's - where to get help  
Dinner served: Moosemeat stew, bannock, dessert  
Cleanup and closing comments



## Status Cards Notice



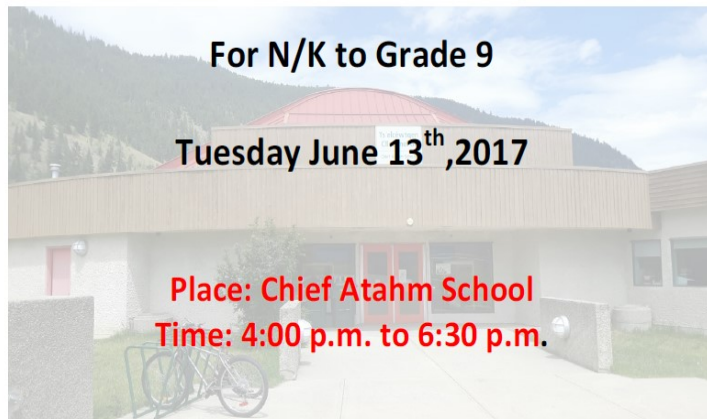
The Membership Clerk has limited supply of status card paper stock. So until further notice Status Card services will be for Adams Lake Indian Band Membership only.





Chief Atahm School invites you to an Open House:

### Application & Registration



For N/K to Grade 9

Tuesday June 13<sup>th</sup>, 2017

Place: Chief Atahm School  
Time: 4:00 p.m. to 6:30 p.m.

#### Agenda:

1. Introductions
2. Tour of the school
3. Overview of Chief Atahm School Programs Application process and forms will be discussed
4. Chief Atahm School Information package will be available

## Title & Rights Information Session

Wednesday June 7, 2017

Adams Lake Recreation Centre

### Agenda:

♦ 3:00-5:00 pm

Genealogy

♦ 5:00—6:00 pm

Supper

♦ 6:00-8:00 pm

Tentative Agenda



#### For out of town membership, and for those that cannot attend:

We are testing a program called GoToMeeting and with this program we hope to broadcast all of our monthly T&R Information Sessions to your computer, phone or tablet. Space will be limited to 50 participants initially. Contact Wesley Oscar at 250-679-8841 to be put on the distribution list



## Sahhaltkum Daycare

Situated on Adams Lake Band  
6439 Hillcrest Rd.  
Chase, BC

250-679-2229  
or 250-679-8841

- Fully qualified ECE Workers
- For Ages: 3 months to 12 years
- Open from 7:30 a.m. to 5:00 p.m.
- Some extra services available (ie. Hot lunch, after daycare service)

Sahhaltkum Daycare has space available in our:

- Infant/Toddler (under 3 years) Program
- Out of School Care Program (6 to 12 years)



## Happy National Aboriginal Day

Wed. June 21, 2017



You are invited to Adams Lake Band Education Celebration  
For ALIB Students from K-12 & Post Secondary, etc

On June 30, 2017 at 5:00 pm

At Adams Lake Band Gymnasium, Chase, BC

Light Dinner at 6:00 pm



RSVP by June 23rd, 2017 to ALB Education Department 250-679-8841  
For Catering purposes

## Learn Secwepemctsin Words

Chief Atahm School (CAS) has archived and teach our language using *First Voices* web based tools and services .  
On this website you can engage and learn Secwepemctsin words, phrases, songs, stories, the alphabet.

Go to: [www.firstvoices.ca](http://www.firstvoices.ca)

- ◆ Click on English
- ◆ Click on **Choose a Language**  
Scroll down to near bottom
- ◆ **Choose Secwepemctsin** (Eastern Dialect)  
This brings you to CAS Community Portal
- ◆ Click on Learn Our Language  
On left hand side bar you can pick:  
Words, Phrases, Songs, Stories, Alphabet.
- ◆ If you click on Secwepemctsin word, you will hear audio on how to say the word.



### Secwepemctsin

(Eastern Dialect)

English

č̓ketsin

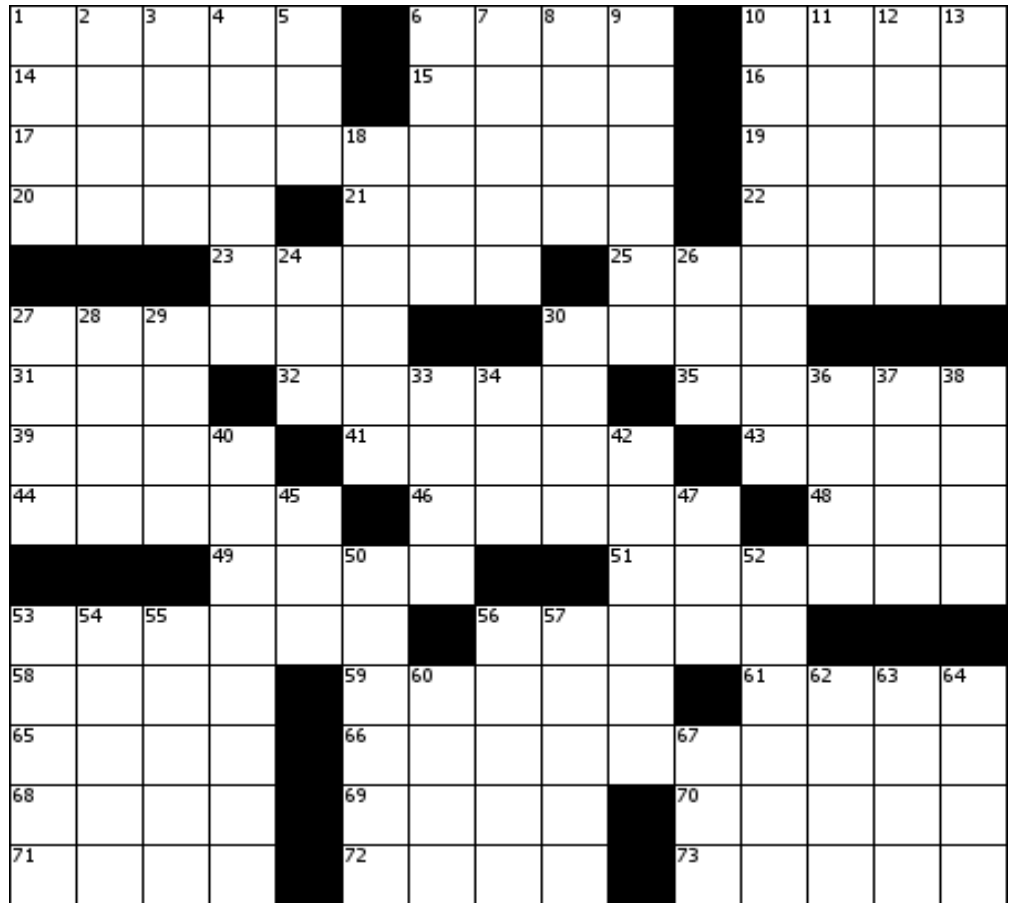
mouth of creek

č̓welltsexwtsíxw

waterfall

## Across

1. Inexpensive
6. Masculine
10. Haul
14. Skier's hotel
15. Nights before holidays
16. Significant times
17. Agreement to marry
19. Subsides
20. Yard units
21. Norwegian
22. African river
23. Lift
25. Makes happy
27. Leapt
30. Pollution problem
31. Steeped brew
32. Nebraska city
35. To the point
39. Wyatt \_\_\_\_\_
41. Out on \_\_\_\_\_ (2 wds.)
43. Smell bad
44. Skirt fold
46. Water vapor
48. Buzzing insect
49. Infamous fiddler
51. Wanderers
53. Franklin \_\_\_\_\_ Roosevelt
56. Andes animal
58. Rocker \_\_\_\_\_ Clapton
59. Korean, e.g.
61. Invitation inits.
65. Alaskan city
66. Professor's leave
68. Concept
69. Forest plant
70. Foolish
71. Army cafeteria
72. Window ledge
73. Appointed



## Down

1. Musical sign
2. Whetstone
3. Boundary
4. Author \_\_\_\_\_ Christie
5. Wooden pin
6. Office notes
7. Turn aside
8. Telescope glass
9. Respect
10. Adolescent
11. Satellite's path
12. Dinette piece
13. Some curves
18. Mystery
24. Singer Yoko \_\_\_\_\_
26. Large amount
27. Tread
28. Ring loudly
29. Exceptional
30. Unchanged
33. And
34. Great success
36. Musician \_\_\_\_\_ McEn-
37. Grain
38. Makes do
40. Cure-alls
42. Monkey's treat
45. Knockout count
47. Dad's mate
50. Uses the oven
52. Yacht spot
53. Jeans fabric
54. Corrode
55. Green fruits
56. Defame
57. Name tag
60. Eastern garment
62. Con game
63. Wind indicator
64. Imploded
67. Can metal

**Answers Page 16**

**You're Joking**

Q - What do you call a fairy that hasn't taken a bath?

A - Stinker bell.

Q - Why are teddy bears never hungry?

A - Because they are always stuffed.

Q - Why was the belt arrested?

A - For holding up the pants.

Q - What does an invisible man drink at snack time?

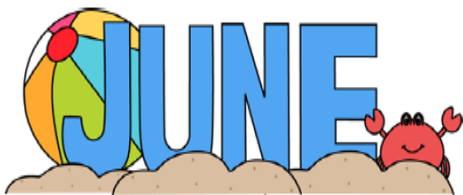
A - Evaporated milk.

Q - What did the beach say when the tide came in?

A - Long time no sea.







Youth Calendar for IR#4 (Chase) 2017 Sandy Lund 778-257- 4123 or slund@alib.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	May 29 <b>Senior Girls Group</b> 3pm-5:30pm Grade 8 and up girls  <b>Canoe paddling practice</b> 6-8pm	May 30 Office day Meeting 12-4pm	May 31 <b>JR. Girls Group</b> grades 5 to 7 3pm to 5:30pm	1 <b>Dr. Gabor Mate workshop at Splatstin community center.</b>  <b>Leave Chase at 11am, return at 7:30</b>	2 <b>Way Makers</b> A Native youth conference in Armstrong BC for 12-18 year old youth.  Must have preregistered	3 <b>Way Makers</b> A Native youth conference in Armstrong BC For 12-18 year, old youth.  Must have preregistered
4 <b>Way Makers</b> A Native youth conference in Armstrong BC for 12-18 year, old youth  Must have preregistered	5 <b>Senior Girls Group.</b> 3pm-5:30pm Grade 8 and up girls  <b>Canoe paddling practice</b> 6-8pm	6 Office day	7 <b>JR. Girls Group</b> grades 5 to 7 3pm to 5:30pm	8 <b>Culture Club</b> for youth ages 7-18, 3pm-5:30pm  Re-loading Club ages 14plus @YC 6pm	9 Meeting at Health Center 9am-3pm	10 Youth are ages 7 to 18 years' old
11	12	13	14	15	16	17
Sandy is on holidays Please see Tim Johnson's Calendar or contact Tim at 250-804-3266 for youth activities or Howard Shield's Calendar or call his cell at 250-253-9900						
18 	19	20	21	22	23	24
Sandy is on holidays Please see Tim Johnson's Calendar or contact Tim at 250-804-3266 for youth activities or Howard Shield's Calendar or call his cell at 250-253-9900						Calendar subject to change without notice
25	26	27	28	29	30	July 1 <sup>st</sup>
Sandy is on holidays Please see Tim Johnson's Calendar or contact Tim at 250-804-3266 for youth activities or Howard Shield's Calendar or call his cell at 250-253-9900						



Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 <b>Men's Campout</b>	29 <b>Canoe Paddle</b> 6-8pm	30 Office/Prep 12-3:30 <b>Crafts @ Swits</b> 3:30-5:30pm Supper Club 5:30-6:30pm <b>Youth Group SA</b> 6:30-8pm	31 Office/Prep 9-3pm <b>Skatepark</b> 3:30-5:30pm	1	2 <b>Waymaker Native Youth Gathering</b>	3 <b>Waymaker Native Youth Gathering</b>
4 <b>Waymaker Native Youth Gathering</b>	5 <b>Canoe Paddle</b> 6-8pm	6 Office/Prep 12-3:30 <b>Crafts @ Swits</b> 3:30-5:30pm Supper Club 5:30-6:30pm <b>Youth Group SA</b> 6:30-8pm	7 Office/Prep 9-3pm <b>Archery</b> 3:30-5pm	8 <b>Culture Club in Chase</b> 3:30-5:30  <b>Reloading Club</b> 6-8pm	9 <b>Basketball Camp @ ALIB Gym</b>	10 <b>Basketball Camp @ ALIB Gym</b>
11 <b>Basketball Camp @ ALIB Gym</b>	12 <b>Canoe Paddle</b> 6-8pm	13 Office/Prep 12-3:30 <b>Crafts @ Swits</b> 3:30-5:30pm Supper Club 5:30-6:30pm <b>Youth Group SA</b> 6:30-8pm	14 Office/Prep 9-3pm <b>Skatepark</b> 3:30-5:30pm	15 <b>Culture Club in Chase</b> 3:30-5:30  <b>Reloading Club</b> 6-8pm	16 -Off in lieu of May 28 <sup>th</sup> -	17
18 Father's Day	19 <b>Canoe Paddle</b> 6-8pm	20 Office/Prep 12-3:30 <b>Crafts @ Swits</b> 3:30-5:30pm Supper Club 5:30-6:30pm <b>Youth Group SA</b> 6:30-8pm	21 Office closed Happy Aboriginal Day	22 <b>Culture Club in Chase</b> 3:30-5:30  <b>Reloading Club</b> 6-8pm	23 -Off in lieu of May 27 <sup>th</sup> -	24
25	26 <b>Canoe Paddle</b> 6-8pm	27 Office/Prep 12-3:30 <b>Crafts @ Swits</b> 3:30-5:30pm Supper Club 5:30-6:30pm <b>Youth Group SA</b> 6:30-8pm	28 Office/Prep 8-3pm <b>Skatepark</b> 3:30-5:30pm	29 <b>Culture Club in Chase</b> 3:30-5:30  <b>Reloading Club</b> 6-8pm	30 -Off in lieu of May 28 <sup>th</sup> -	1





# Recipe Corner

## Wild Blueberry Bannock

### Ingredients:

2 cups (500 mL) all purpose flour  
 2 tsp. (10 mL) sugar  
 1/2 tsp. (2 mL) salt  
 4 tsp. (20 mL) baking powder  
 1/2 cup (125 mL) wild blueberries  
 1/2 cup (125 mL) vegetable shortening (or butter)  
 1 egg beaten  
 2/3 cup (150 mL) 2% milk

**Note:** Use 1/4 dried berries or 1/2 cup fresh raspberries instead of wild blueberries. For plain omit berries.



### Directions:

Preheat oven to 425F (220C). In a stainless steel bowl, sift flour, sugar, salt and baking powder together. In another bowl combine milk and eggs together, mix well, and set aside.

Cut shortening into flour using a pastry cutter or 2 knives to pea size nuggets. Add milk and eggs mixture and blend. Knead together for 3 – 5 minutes and flatten out slightly to 1-inch (2.5cm) thick. Cut into 2-inch (5cm) circles and place 1-inch (2.5cm) apart on an ungreased baking sheet. Bake in oven for 10 – 12 minutes or until golden brown.

Register today!

**Language Teaching  
2017  
Summer Institute**

2 Courses in July  
at  
Chief Atahm School in Chase, BC

**July 4th to 8th, 2017**  
Teaching Language Through Action

- TPR Methodology
- Have fun learning through experience & practice
- Teach comprehension through action

**July 10th to 14th, 2017**  
Teaching Language Through Stories

- TPRS Methodology
- Teach speaking through stories and storytelling
- How to adapt traditional stories

**EACH COURSE COSTS \$800.00**  
 \*with option to do it for credits through Thompson Rivers University

 **Co-sponsored by First Nations Schools Association**

Contact Kim at (250) 679-8837    caschool@alib.ca    www.chiefatahm.com  
 Chief Atahm School, PO Box 1068, 6371 Chief Jules Dr, Chase, BC, V0E 1M0



**Do you have a favourite recipe  
you would like to share?**

Email it to [keverard@alib.ca](mailto:keverard@alib.ca) or

drop off at main reception desk in Chase or Salmon Arm offices.

## Household Hints & Tips

- To keep mosquitoes at bay, place a fabric softener dryer sheet in your pocket.
- To improve the flavour of older potatoes, add a little sugar to the water in which they are boiled.
- If you add a small pat of butter when cooking fruit for jams and jellies, you won't have any foam to skim off the top.
- To revive limp asparagus, try placing them in a tall juice jug with ice water and refrigerate for about 30 minutes.
- To soften hard brown sugar, tuck the heel of a loaf of bread into the same container, in a few days, moisture from the bread will migrate into the sugar, softening it again. Toss out the bread heel.

# Tips



## To keep your property looking pristine

Seems like for weeks now the weather has not been cooperative, but now that the sun is finally beaming down, we can get outdoors and tackle outdoor chores list.

- Rake any left over leaves from the lawn
- Clear the gardens of any dead plants and trim the old ones
- Wash the windows inside and out
- Tune up the lawn mover
- Turn over the flower beds
- Take out the summer furniture
- Hook up rain barrel
- Clean out the gutters
- Pruning to cut off any winter-kill on shrubs and roses. Cutting off any dead, dying or diseased branches will help to encourage new growth.

- Thinning out/transplanting such plants as hostas, day-lilies and grasses can be divided and transplanted to fill any holes or bare spots in your gardens.
- Pick up garbage, trash and junk thrown by careless people.

Here are some reasons why cleaning up litter is important to community health and well-being:

- Litter is an environmental hazard. Land-based litter finds its way into the environment, where it affects the wildlife and water resources.
- Litter can cause injury and even death to wildlife, birds, fish and domestic animals, not to mention children.
- Litter is a health hazard. It spreads disease and breeds rats, roaches, flies and mosquitoes.
- Improves the physical appearance as well as creates a sense of community and pride among the residents.
- Creates a good impression for those who visit our community.
- Improves the health of the community by eliminating places for insects and rodents to live.

Want to contribute to the **Cstèlnec Newsletter?**

Email to:

[keverard@alib.ca](mailto:keverard@alib.ca)





# You're Joking

Q - What did one potato chip say to the other?

A - Shall we go for a dip.

Q - Why can't you play basketball with pigs?

A - Because they hog the ball.

Q - How do rabbits travel?

A - By hare plane.

Q - Have you heard about the restaurant on the moon?

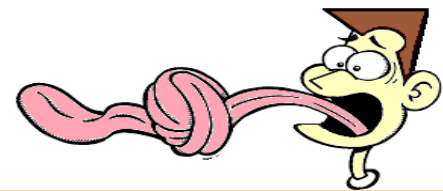
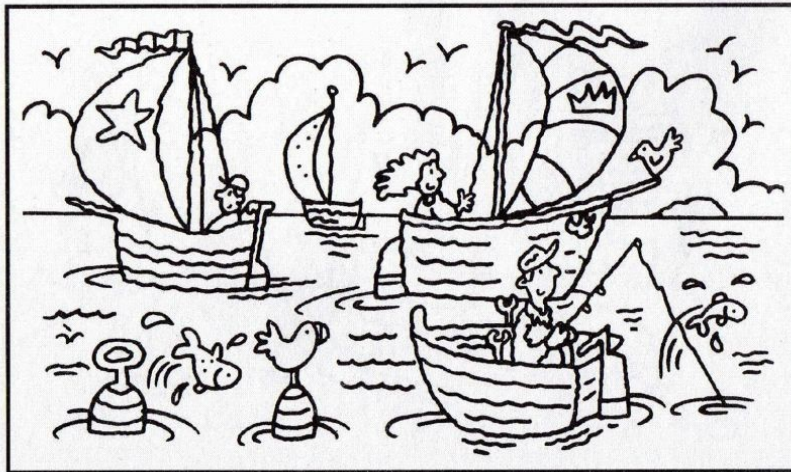
A - Great food, but no atmosphere.

Q - Which vehicle is spelled the same forwards and backwards?

A - Racecar.

C	H	E	A	P		M	A	L	E		T	O	T	E
L	O	D	G	E		E	V	E	S		E	R	A	S
E	N	G	A	G	E	M	E	N	T		E	B	B	S
F	E	E	T		N	O	R	S	E		N	I	L	E
				H	O	I	S	T		E	L	A	T	E
S	P	R	A	N	G				S	M	O	G		
T	E	A		O	M	A	H	A		T	E	R	S	E
E	A	R	P		A	L	I	M	B		R	E	E	K
P	L	E	A	T		S	T	E	A	M		B	E	E
				N	E	R	O			N	O	M	A	D
D	E	L	A	N	O			L	L	A	M	A		
E	R	I	C			A	S	I	A	N		R	S	V
N	O	M	E			S	A	B	B	A	T	I	C	A
I	D	E	A			T	R	E	E		I	N	A	N
M	E	S	S			S	I	L	L		N	A	M	E

Can you spot the 10 differences between these two pictures?



Can you say this tongue twister  
three times in a row fast?

paper pear  
paper pear paper  
pear paper pear  
paper pear







First Nations Health Authority  
Health through wellness

# FNHA Health Benefits Client Satisfaction Survey

FNHA is committed to quality improvement and we want to hear from you! This purpose of this survey is for you, as a client of Health Benefits, with the opportunity to provide feedback on the quality of service received in your most recent experience. Survey data will be used to improve Health Benefits services for BC First Nations. This survey should only take 5 minutes of your time.

Today's Date (MM/DD/YY): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**"I confirm that I am 19 years or older"**

☐ Required to proceed

**Who are you responding to this survey on behalf of?**

☐ Myself

☐ A minor for whom I am the parent or guardian

☐ Another adult who requires assistance

## PART 1

### Satisfaction with your Recent Health Benefits Experience

**What was your most recent experience with Health Benefits in regards to? (Select one)**

☐ Pharmacy

☐ Medical Supplies (Wheelchair, glucose test strips, ostomy supplies, etc.)

☐ Dental

☐ Counselling – Indian Residential School program

☐ Vision Care

☐ Counselling – Short-term Crisis Intervention

☐ Medical Transportation

☐ Eligibility and/or BC Medical Service Plan (MSP)

**How long ago was your most recent experience with Health Benefits?**

☐ Less than 3 months ago

☐ 7-12 months ago

☐ 3-6 months ago

☐ More than 12 months ago

**Was your claim covered to your satisfaction?**

☐ Yes

☐ I'm not sure / still in process

☐ No

☐ Not applicable

Revised March 31, 2017

**Who were you in contact with regarding your claim?**

- ☐ First Nations Health Authority representative (e.g. Claim Assessor, Benefit Service Representative)
- ☐ Local First Nations health service organization staff
- ☐ Benefit provider only (e.g. pharmacist, optometrist, dentist)
- ☐ I'm not sure
- ☐ Prefer not to answer

If you answered "Local First Nations health service organization staff" to above:

**What is the name of the First Nations health service organization you received services from regarding your claim?**

---

---

Complete the following if you received service from FNHA or a local First Nation health service organization:

Measures of satisfaction	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
It was easy to get in contact with a representative						
The representative was knowledgeable						
The representative was committed to helping me						
The representative was respectful						

All respondents please complete the following:

Measures of satisfaction	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
My claim (or request) was processed quickly						
It was easy to find the information I was looking for						
I was satisfied with the service overall from Health Benefits						



**Did your recent experience change your level of satisfaction with the program overall?**

- ☐ Satisfaction increased significantly
- ☐ Satisfaction increased somewhat
- ☐ No change in satisfaction
- ☐ Satisfaction decreased somewhat
- ☐ Satisfaction decreased significantly
- ☐ Not applicable

**What is one thing we could do to improve customer service? *(Optional)***

---

---

---

---

---

**What is one thing we are doing well in terms of customer service? *(Optional)***

---

---

---

---

---

**Do you have any additional comments or questions? *(Optional)***

---

---

---

---

---

## PART 2

Some information about you to provide context for your response (Optional)

In which region do you live?

☐ Fraser-Salish

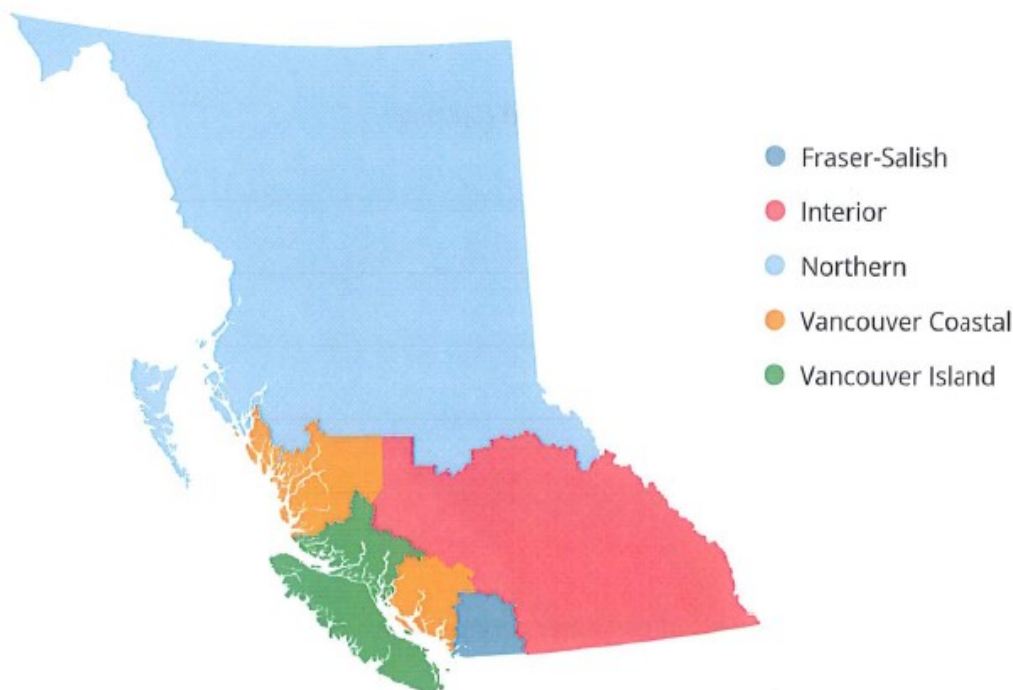
☐ Vancouver Coastal

☐ Northern

☐ Interior

☐ Vancouver Island

☐ Prefer not to answer



What are the first three digits of your home address postal code? (Optional): \_\_\_\_\_

Which age group are you in?

☐ 18 years or younger

☐ 30 - 39 years

☐ 50 - 64 years

☐ Prefer not to answer

☐ 19 - 29 years

☐ 40 - 49 years

☐ 65+ years

How did you hear about this survey?

☐ FNHA website

☐ Local First Nations health service organization

☐ FNHA e-blast newsletter

☐ Band office or local administration office

☐ FNHA representative

☐ Other (Specify) \_\_\_\_\_

☐ FNHA Facebook page

☐ Prefer not to answer

**Thank you for completing the survey!**

**YOU CAN  
SEND US  
YOUR PAPER  
COPY BY:**

**MAIL:** First Nations Health Authority  
First Nations Health Benefits program  
540-757 West Hastings Street  
Vancouver, BC V6C 1A1

**FAX:** 1-888-299-9222

**E-MAIL:** HealthBenefits@fnha.ca





BRITISH COLUMBIA ASSEMBLY OF FIRST NATIONS  
312-345 Chief Alex Thomas Way  
Kamloops, BC V2H 1H1  
Office: (250) 828 - 9757 Fax: (250) 828 - 9893  
www.bcafn.ca



BRITISH COLUMBIA ASSEMBLY OF FIRST NATIONS  
312-345 Chief Alex Thomas Way  
Kamloops, BC V2H 1H1  
Office: (250) 828 - 9757 Fax: (250) 828 - 9893  
www.bcafn.ca

**POSITION TITLE:** COMMUNICATIONS OFFICER  
**REPORTS TO:** Chief of Staff  
**TERMS:** Part Time (Contract Employee)  
**LOCATION:** Kamloops, BC  
**HOURS OF WORK:** Flexible  
(May need to work evenings and weekends)  
**DEADLINE:** 4:30 p.m. PT - FRIDAY, MAY 26, 2017

**Key Job Functions include:**

- The Communications Officer is the central point of contact for all communications for the BC Assembly of First Nations (BCAFN).
- The Communications officer is responsible for developing, implementing, and communications strategies and programs designed to inform the BCAFN members and the general public of BCAFN initiatives. As well as to develop and maintain ongoing communications and information sharing channels with the government and other partners.
- The Communications officer will work with the Regional Chief and the Chief of Staff carrying out the BCAFN's mission and vision statements in accordance with the BCAFN Board of Directors.

**Specific Responsibilities include, but are not limited to:**

- Responding and coordinating all media requests made to the Regional Chief and the BCAFN.
- Initiate and maintain media networks and associated public relations networks local, regional, national and international media outlets.
- Serve as the primary contact for media for the BCAFN and the general public.
- Identify and execute a range of PR opportunities, including identification of PR opportunities.
- Arrange and manage interviews and news conferences when required.
- Assist BCAFN staff with the preparation of briefing materials, speaking notes for BCAFN membership.
- Prepare media advisories, media releases for the BCAFN which summarize the mandate and position of the Regional Chief and BCAFN.
- Design and evaluate programs to better inform and engage with BCAFN members.
- Assist in the preparation of brochures, reports, newsletters, and other materials requested.
- Develop and manage BCAFN social media accounts.
- Participate in weekly BCAFN staff meetings.
- Assist the Regional Chief, Chief of Staff and the Policy team with preparing correspondence, as required.

**EDUCATION/EXPERIENCE:**

- University Degree from a recognized post-secondary institution, preferably in communications.
- Flexible schedule may include evenings and weekends
- Travel as required

**TO APPLY:**

If you are interested in this opportunity, please email your cover letter and resume as one PDF file to [melanie.debassige@bcfn.ca](mailto:melanie.debassige@bcfn.ca) in the following format:

- Subject heading: BCAFN Communication Officer Position
- Attached file name: YYYYMMDD\_lastname\_firstname\_CO.pdf

**APPLICATION DEADLINE IS: May 26, 2017 at 4:30PM PT**

We want to thank everyone who applies for this position in advance. Preference will be given to applicants with Aboriginal ancestry. Only successful applicants will be contacted for interviews.

**POSITION TITLE:** ECONOMIC DEVELOPMENT PROJECT OFFICER  
**REPORTS TO:** Chief of Staff  
**TERMS:** Full-Time (Contract Employee)  
**LOCATION:** Kamloops, BC  
**HOURS OF WORK:** Monday to Friday 9:00 – 4:30  
(May need to work evenings and weekends)  
**DEADLINE:** 4:30 p.m. PT - FRIDAY, May 26, 2017

**Key Job Functions include:**

- Assisting the Regional Chief and the Chief of Staff in carrying out BCAFN sustainable economic development and fiscal relations strategy, in accordance with BCAFN's mission and vision statements, and with direction provided by BCAFN members and the BCAFN Board of Directors.
- The Economic Development Project Officer is responsible for facilitating, promoting and ensuring BCAFN's sustainable economic development in order to secure opportunities for economic and business development and increase local employment.

**Specific Responsibilities include, but are not limited to:**

- Responsible for coordinating the BCAFN economic workplan deliverables;
- Assist with facilitating BCAFN economic development planning and initiatives;
- Identifying and fostering community economic development opportunities;
- Assist with securing funding for BCAFN economic development initiatives;
- Assist BCAFN membership with updating the community economic development investment profiles; and promote the community's in order to expand economic development opportunities;
- Assist with the planning and coordination of BCAFN economic development events; and
- Assist the Regional Chief, Chief of Staff and the Policy team with preparing correspondence, as required as it relates to economic development.

**Provide administrative support in order to ensure effective and efficient office operations, including but not limited to the following:**

- Support the Chief of Staff with economic development initiatives, negotiations, and resource development and management.
- Ensure reporting requirements under financial contributions are adhered to and completed as per agreements related to economic development.
- Assist with other duties as required.

**EDUCATION/EXPERIENCE:**

- Four to Five years' experience in the field of economic development.
- A diploma/degree business administration preferred, however a combination of relevant skills and experience will be considered.

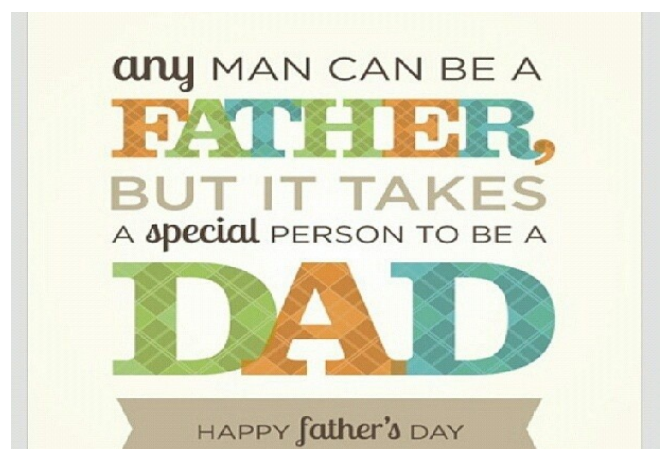
**TO APPLY:**

If you are interested in this opportunity, please email your cover letter and resume as one PDF file to [melanie.debassige@bcfn.ca](mailto:melanie.debassige@bcfn.ca) in the following format:

- Subject heading: BCAFN Economic Development Project Officer
- Attached file name: YYYYMMDD\_lastname\_firstname\_EDPO.pdf

**APPLICATION DEADLINE IS: May 26, 2017 at 4:30PM PT**

We want to thank everyone who applies for this position in advance. Preference will be given to applicants with Aboriginal ancestry. Only successful applicants will be contacted for interviews.







## Specials:

**Tiny-Tots Teddy Bear**

**Give away**

**Junior Girl's – mixed**

**Junior Boy's Grass**

**Men's Grass**

**Men's Traditional**

**Women's Golden Age**

**Men's Golden Age**

## Registration Table:

- Vendors/Booths
- Drummers
- Dancers
- Hand Drum Contest
- Drum Group Contest
- Princess & Lil Brave Pageants
- Lahal Tourney
- Bingo @Nesk Hall
- Loonie Auction Table

**Powwow Society**  
will have a  
**Bannock Booth**  
Only concession  
permitted selling Bannock  
during this event.

## Hand Drum Contest

## Lahal Tourney

Starts:

**Grand Entry**  
**@7pm Friday**

**Everyone**  
**Welcome**

# Working Together

## 7<sup>th</sup> Annual

# Traditional Powwow

June 30, July 1 & 2, 2017  
Neskonlith Powwow Grounds  
(7km west of Chase, BC)

## Host Drum

## Sage Hills

### MC

## Chris Wells

## Arena Director

## Everett White



## Free Admission & Free Camping

The Working  
Together Powwow  
Society will be  
serving Saturday /  
Sunday breakfast &  
Saturday supper at  
Neskonlith Hall free  
of charge.

**Powwow Committee  
& Chief/Council are  
NOT responsible for  
lost, stolen or injuries  
while attending this  
event.**

**Absolutely No Drugs  
or Alcohol allowed  
on the grounds.**

**Security on Grounds  
Full-Time**

## Contact Information

Lucille Martin

Ph: (250) 679-8098

C: (250) 819-1508

Fax: (250) 679-3155

E: [snjootli@rocketmail.com](mailto:snjootli@rocketmail.com)





# Summer Day Camps



FOR GRADES 1 to 3



FOR GRADES 4 To 7

## JULY 4<sup>TH</sup> TO JULY 22<sup>ND</sup> 2017

### PRIMARY READING PROGRAM

When: July 4 to 21, 2017

Time: 9:00 AM – 2:30 PM (M – F)

Location: Chief Atahm School

**For: Grades 1 – 3 ONLY**

Open to all student (Public/CAS)

(Limit of 7 Seats for CAS students)

### MATH CAMP

When: July 4 to 21, 2017

Time: 9:00 AM–12:00 PM (M – F)

Location: Chief Atahm School

**For Grades 4 – 7 ONLY**

Open to all students (Public/CAS)

(Limit of 7 seats for CAS Students)

**Contact ALIB Education Dept. for Registration Form or  
will be posted on District Website for Online registration**

Both camps are fully funded by School District # 73 – Reading Programs to support struggling readers to enhance their Reading skills. Math Camp is geared to enhance their math skills.

**Who:**  
Open to all Students attending Public School. (CAS limited to 7 seats only per program)

Students MUST have PEN#

**When**  
Primary Reading Program  
- Full day  
Math Program – Half day

**Where**  
At Chief Atahm School

**Why**  
To enhance your child(ren) learning skills in Math & Reading plus have fun



**CONTACT**  
Adams Lake Band Education  
Dept. (host) for more information  
250-679-8841 or email  
danthony@alib.ca



### Primary Reading & Recreation Program 2016

July 5<sup>th</sup> to July 22, 2016

9:00 am to 2:30 pm

Held at CAS Classroom



### Expression of Interest – Job Opportunity

Primary Reading & Program is full day program that runs five (5) days a week from July 4 to July 21, 2017 with the morning devoted to literacy activities and the afternoon to recreation.

We are looking for energetic and enthusiastic people (3) to help with this program. Those hired will be paid an honorarium by School District 73. The camp will run from 9:00 am to 2:30 pm at one of the classrooms at Chief Atahm School.

This is wonderful opportunity to learn more about teaching primary students and to develop a “tool kit” of strategies for teaching, reading and physical education.

There are various Primary & Recreation Sites across School District 73 for students in grade 1 to 3 who have been identified needing extra support. The intent of the summer reading program is to support struggling readers and to enhance their lives through physical education and social interaction.

Candidates for this position are encouraged to have experience working with children in recreation and cultural youth programs; organization skills, able to work as team player, provide tasks pertaining to program (lunch preparations, provide supervision during breaks, lunchtime, possibility pick up & drop off students at daycare) work one on one with students. It's preferred that they are currently enrolled in School District as Aboriginal Support Worker or with other Districts. Provide Criminal Record check to Adams Lake Band must have valid driver's license (preferred class 4).

Please submit cover letter and resume outlining your qualifications to:

Adams Lake Band, Education Department  
PO Box 588  
Chase, BC V0E 1M0  
By – June 23, 2017

For more information about program contact ALIB Education Department 250-679-8841

# Upcoming Meetings/Events

## Men's Campout Fishing Trip

Fri. May 26 to Sun. May 28 at Scuitto Lake. Learn skills, catch some fish and make some smores. FMI call Jeromy at (778)220-7647.

## General Band Meeting

Wed. May 31 at Adams Lake Recreation & Conference Centre, Chase, BC from 5:00 pm to 9:00pm  
Agenda: GBM Minutes, video surveillance, 2017/2018 budget, proposed amendments to Election Rules and Election Committee. Dinner will be provided.

**Postponed, will Reschedule to a later date**

## Cope with trauma created by fentanyl crisis

Thurs. June 1 at Splatsin Community Centre, Enderby, BC from 1:00 to 5:00 pm. Dr. Gabor Mate presentation about How to care for our Hungry Ghosts. FMI call (250)838-6404.

## GoToMeeting Program Distribution List

Title & Rights Department is testing a program called GoToMeeting and with this program we hope to broadcast all of our monthly T&R Information Sessions to your computer, phone or tablet. Space will be limited to 50 participants initially. Those who are interested please contact Deanne at (250)679-8841 to be put on distribution list. Next Info Session is Wed. June 7th, 2017.

## Title & Rights Information Session

Wed. June 7th at Adams Lake Recreation & Conference Centre, Chase, BC. 3:00 to 5:00 pm genealogy documenting; 5:00 to 6:00 pm dinner; 6:00 to 8:00 pm info session.  
FMI contact Dave at (250)679-8841.

## Chief Atahm School Open House

Tues. June 13 at Chief Atahm School, Chase, BC from 4:00 to 6:30 pm. Agenda: Introductions, tour of school, overview and info packages. FMI call (250)679-8837.

## Band Office Closed - National Aboriginal Day

Wed. June 21st the ALIB Band Offices will be closed for National Aboriginal Day. Re-open on Thurs. June 22nd at 8:00 am to 4:30 pm.

## ALIB Education Celebration

Fri. June 30 at Adams Lake Recreation & Conference Centre, Chase, BC start at 5:00 follow with light dinner at 6:00 pm. Come celebrate for ALIB students from kindergarten to grade 12 and post secondary students. Please RSVP to Education Dept at (250)679-8841 for catering purposes.

## 7th Annual Working Together Traditional Pow Wow

Fri. June 30 to Sun. July 2 at Neskonlith Powwow grounds, Chase, BC. FMI contact Lucille at (250)679-8098.

This page is provided to show upcoming meetings/events. All bookings are subject to change in the event of an emergency. Some of the above events may have a poster displayed here within **Cstèlnec Newsletter** with more details.