

# ALIB Youth Utilize Creative Outlet

by Kelsey Snelgrove

**You are worthy** is the message from a new song recently recorded by a group of teenagers from the Adams Lake Band Youth Program. They spent four days this month recording the song and accompanying video with N’we Jinan, a nonprofit organization that brings a mobile recording studio into schools and community centres across North America.

The program is aimed to create an environment where youth can express themselves musically and creatively under the guidance of a professional music producer.

Nine girls, between the ages of 11 and 16, came together with their ideas and the result is a powerfully relatable four-minute song called Worthy.

“The producers asked the girls to write words and phrases out and the lyrics to the song came organically from that. It’s an uplifting song with a message they can go back to time and time again,” said Sandy Lund, the youth worker who facilitated the project.

Since its conception, N’we Jinan has travelled to 21 First Nation and Native American communities. Lund explained that the organization had a had a daunting two-year waiting list, but her group got in because of a cancellation.

“I was so happy and very excited for them to have this opportunity,” said Lund.

The newly-minted singer-songwriters are: Lola Thomas-Purdaby, Selena Davis, Angel Cameron, Jada Michel, Sasha Johnny, Cece Thomas-Jules, Lana Thomas-Johnny, Hannah Willis & Brooke Stensrud.

“Its definitely an experience I will never forget,” said Cece.

To hear the track go to [soundcloud.com/nwejinan](https://soundcloud.com/nwejinan) and look for “Worthy”. The video, which is currently in the editing process, should be out in the next week or so.



Photo submitted by Sandy Lund

Posing with the producers in front of the ALIB Spiritual Centre where the mobile recording studio was set up.



Check out their  
Music Video on  
YouTube:

MUSIC VIDEO LINK: [https://  
www.youtube.com/watch?v=FszG-  
fEWD1U](https://www.youtube.com/watch?v=FszG-fEWD1U)



Photo submitted by Sandy Lund

Left to right: Jada Michel, Hannah Willis, Sasha Johnny, Lola Thomas-Purdaby, Cece Thomas-Jules, Lana Thomas-Johnny, Selena Davis, Angel Cameron and Brooke Stensrud.