



**FRIDAY JANUARY 22, 2021**

**12PM - 2PM**

**Raising our Spirits**  
through Drumming and Song  
a Secwépemc Nation Ceremony

**JOIN ON ZOOM**

**<https://fnha.zoom.us/j/7590053894>**

**OR CALL IN: 855 703 8985**

**MEETING ID: 759 005 3894**

We will have singers from all over Secwepemcúl'ecw sharing songs. Please join this virtual ceremony to support one another and lift each other's spirits.