

## Adams Lake Indian Band

P.O. Box 588; Chase, BC V0E 1M0

PHONE: (250) 679-8841 FAX: (250) 679-8813

[www.adamslakeband.org](http://www.adamslakeband.org) email: [receptionist@alib.ca](mailto:receptionist@alib.ca)

# ALIB Community Communique

FOR IMMEDIATE RELEASE

**February 12, 2021**

## Adams Lake Covid 19 Update

*Submitted by Administration Dept &  
Health & Wellness Department*

Covid 19 vaccination is underway at Adams Lake Indian Band. ALIB Health & Wellness (H&W) Department received part of our allotment of 220 Moderna Vaccine doses on Feb 5. The H&W team were busy this week in logistics of setting up vaccination appointments through phone calls. By Friday, February 12 over 200+ people will have received their first dose in the community.

Please remember that the delivery strategy will continue to spring 2021. Everyone who missed the opportunity to receive dose will still have the opportunity. Timeline for additional allotments is dependent on vaccine supply and availability.

If you live in the Chase community, call the Health Centre at **250-679-7726**, and if you live in the Gleneden community, please call the Health Centre at **250-833-0356**.

People who got their first vaccine dose will be notified when they are eligible to book an appointment for their second dose. Anticipate anywhere from first few weeks in March to mid March. (3 to 6 weeks) after first dose.

Going back to normal life will take time. Even if you have received the vaccine, you must continue to follow Provincial Health Order and protect others by:

- Washing your hands
- Staying home when sick and getting tested
- Keep a safe distance from others
- Wearing a mask in public spaces
- No gatherings
- Stay in your household bubble.

**Total cases since January 1, 2021:** 43 cases.

Stats below are as of Feb. 10th, 2021

Current Active Covid Cases	Recovered Covid Cases	Isolating at Home (Confirmed case or close contact)
<b>16</b>	<b>27</b>	<b>*39</b>

First Nations Health Authority has great resources if you want to learn more. Website: [www.fnha.ca](http://www.fnha.ca)

If you require more information please contact Grace at ALIB Health Centre 250-679-7726 or email her at [health-reception@alib.ca](mailto:health-reception@alib.ca)

ALIB Band offices will continue to be temporarily closed, while essential services continue to be provided. Staff will continue to work remotely. Band office re-opening will be re-assessed every Friday as to an opening date.

“The Chief and Council would like to commend the Health and Wellness team for their good work during the administering of the vaccines this week. Over 200 vaccines will have been administered by Friday the 12 of Feb. The teamwork and organization was very apparent during this process and it was well done. Kukstsemc from Chief and Council.”

**Continued next page**

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## Letter to Community

To Whom It May Concern,

The Adams Lake Indian Band takes the health and safety of the community, all of its members and residents very seriously. Many of the Covid 19 pandemic procedures have come from Interior Health or the First Nations Health Authority and are provided to assist First Nations as we face this serious health threat together.

As such, any person or group that has received an order to get tested or to quarantine from Interior Health or First Nation Health Authority must comply immediately in order to protect the community. We hope that our membership do their part and comply with these instructions. Anyone failing to abide by these instructions is in breach of Canadian law and the RCMP will be dispatched to enforce the orders from the health authorities.

We all need to do our part in this struggle to keep our families safe and healthy.

Kukstsemc

Kukpi7  
Cliff Arnouse



First Nations Health Authority  
Health through wellness

## The facts about COVID-19 Vaccines



### What is the COVID-19 vaccine?

Vaccines are products that produce immunity to a specific disease like COVID-19. When you are immune to COVID-19 that means you can be exposed to it without becoming sick or if you do become infected, it prevents more severe illness.

### WHY IS IT IMPORTANT TO GET A COVID-19 VACCINATION?

#### THE VACCINES WORK



COVID-19 vaccines provide excellent protection against the virus that causes COVID-19 – preventing up to 95% of infections.

#### THE VACCINES WILL SAVE LIVES



The vaccine protects you and the people around you, too. The more people that are vaccinated, the harder it is for COVID-19 to spread.

#### THE VACCINES ARE SAFE



Just like all vaccines approved for use in Canada, the COVID-19 vaccines have been rigorously tested and carefully reviewed by Health Canada.

### PROTECTING FIRST NATIONS PEOPLE IS A PRIORITY

December



COVID-19 vaccines began rolling out to First Nations in BC at the end of December, 2020, and will be made more widely available over the next few months. The FNHA's Medical Officers strongly recommend that First Nations people opt to get the vaccine to protect you, your loved ones, Elders, and others in your community.



Even with the COVID-19 vaccines, we need to continue practising all recommended public health measures.



**STAY STRONG,  
STAY THE COURSE.**

For more information, visit  
[www.fnha.ca](http://www.fnha.ca)