

Adams Lake Indian Band

P.O. Box 588; Chase, BC V0E 1M0

PHONE: (250) 679-8841 FAX: (250) 679-8813

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ALIB Community Communique

FOR IMMEDIATE RELEASE

April 1, 2021

Adams Lake Covid 19 Update

Submitted by Health & Wellness Department & Administration Department

Total cases since January 1, 2021: 51 cases.
*approximate, as we don't know all contacts.

Current Active Covid Cases	Recovered Covid Cases	Isolating at Home (Confirmed case or close contact)
1	50	*5

In light of the significant Provincial spike in Covid cases, Dr Bonnie Henry announced new restrictions this week to try and 'circuit break' the spiraling case counts. We are now in the third wave of this Pandemic. This week BC hit its highest case count on record during the Pandemic with over 1000 cases in one day. The Covid variants are causing a lot of concern as they are spreading faster, and making people more sick than the original Covid virus. **What does this mean for all us?** Now, more than ever, we need to follow the Public Health restrictions to keep the community and those we care about, safe.

Some of these current guidelines are as follows:

- **Essential travel only** (for work, medical appointments).
- No indoor social gatherings of **any size** at your residence with anyone other than your household or, if you live alone, your core bubble.
- Up to 10 people can gather outdoors – this must be your same 10 people, and you must continue to use all Covid precautions, including physical distancing of 6 ft, even when outside.
- All K to 12 staff and all students in grades 4 to 12 are required to wear non-medical masks in all indoor areas.
- Restaurants, pubs and bars are closed for indoor dining until April 19, 2021. Outdoor patio seating and take-out or delivery is allowed.
- Group exercise groups are cancelled (whether low or high intensity impact) until April 19th, 2021.
- Indoor Funerals, Weddings and Baptisms – Max of 10 people, including the officiant, with no receptions/feasts afterwards.
- Outdoor Funerals- Funerals conducted by a religious body may be held outdoors (including in open-sided tents and under overhead coverings). Before, during and after the funeral service, people must not gather or socially engage. Up to 50 people may attend, plus 2 extra people to make sure rules are followed.
- Workplaces must have updated Covid safety plans.

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For a full listing of all of the Provincial restrictions, please see the following: <https://www2.gov.bc.ca/gov/content/covid-19/info/restrictions>

As we head into this Easter long weekend, staying home is best and essential for the safety of the community. Travel should only be for essential purposes (work, medical appointments). Travel and socializing outside of the guidelines is risky. Due to variants spreading all over the Province, it is important to remember that even if you are vaccinated, it's still important to **follow all of the public health guidelines**, as they are unsure how much protection the Covid vaccine gives against the variants, and the ability to carry them to others.

For those who missed their first dose of Covid vaccine, and if **you live in Chase**, you can access a Covid vaccine through Public Health in the coming weeks (clinics start April 12th). Because Chase is a small community, they are doing a community wide approach for those 18 and older. You do need to provide a Chase address that is linked to your care card. This is by booked appointment only, and you can make an appointment by calling **1-877-740-7747**.

For others who live elsewhere, and still would like a Covid vaccine, vaccines can be accessed through Public Health. Currently, Public Health is serving:

If you are a person 73+ (born in 1948 or earlier) **an Aboriginal person 18+**, or a person who is clinically extremely vulnerable who has received a patient invitation letter, you may call now to book your vaccination appointment.

To book your appointment, Call 1-877-740-7747 between 7:00 a.m. – 7:00 p.m., PDT, seven days a week.

Administration Department Update

Band Office Open

For the time being the Band Office will remain open with regular office hours. However some staff may opt to work from home. Employees will continue to follow Covid 19 Safety Plan to mitigate exposure and the safe performance of their work in the field and office environments. Staff will do their very best to be adaptable and innovative while continuing to serve clients in a manner that complies with Work Safe BC guidelines, Protocols and Provincial Health Orders. For Band office visitors it is recommended to contact us by phone **250-679-8841** to make appointments.

Save the Dates

The Covid 19 pandemic has affected many people's mental health and well being. As the pandemic wears on, it is very stressful for individuals and communities. Adams Lake Emergency Operations (EOC) Team are working on a few initiatives that may lighten and hope to lift some spirits up.

As the Irrigation Waterline Project on IR #4 is nearing completion and calls for a celebration of this great news of clean water for the rural homes on Kamloops Shuswap Road. The ECO team are planning a **Traditional Meal packages** to be delivered to households. The proposed date for food delivery is April 16th. Logistics are still in the works.

Another initiative proposed is a **Virtual Comedy Night on line**. Proposed dates for this online Comedy Night are April 23 or April 30th.

Please watch for upcoming posters on these two initiatives and save the dates in your calendars.



Be Safe, Be Calm, Be Kind.