

Adams Lake Indian Band

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ALIB Community Communique

FOR IMMEDIATE RELEASE

May 31, 2021

Adams Lake Community Update

*Submitted by Administration Department and
Health & Wellness Department*

Ancestral Children Remains at Kamloops Indian Residential School

The recent media releases regarding the discovery of remains at the Kamloops Indian Residential School is saddening, our hearts are heavy with sorrow for these children and may trigger our people. If support is needed please contact the ***Indian Residential School Survivor Society (IRSSS)*** at **1 800 721 0066**. They have a wealth of experience delivering wellness and healing services to Indian Residential School Survivors and intergenerational Survivors throughout BC. IRSSS provides essential services to Residential School Survivors, their families and to those dealing with intergenerational traumas.

Their services include:

- Grief and loss counselling; Crisis counselling; Trauma counselling and crisis support; Clinical therapy; Art therapy; Alternative healing therapy; Energy healing; Family and group counselling; Basic life skills coaching and Traditional healing methods and medicines.

IRSSS staff are available for anyone experiencing pain or distress as a result of his or her Residential school experience with access to counselling, cultural and emotional support services.

Indian Residential School Survivors Society Emergency Crisis Line

1 800 721 0066

Total cases since January 1, 2021: 56 cases.

*approximate, as we don't know all contacts.

Current Active Covid Cases	Recovered Covid Cases	Isolating at Home (Confirmed case or close con- tact)
5	51	5

It is so important that we all look after ourselves in this difficult time. Self care and to talk to family to debrief to begin the long healing journey.

Other Mental Health and Wellness Supports

- ♦ Hope for Wellness Helpline 1 855 242 3310
- ♦ KUU US Crisis Line Society 1 800 588 8717
- ♦ Kids Help Line 1 800 668 6868
- ♦ Adults Help Line 1 800 663 1441
- ♦ Health Link BC 811
- ♦ Help Line for Children in BC 310 1234
- ♦ Victim Link BC 1 800 563 0808

On behalf of Cstèlneq Chief & Council

Please join us for ***Walking our Spirits Home*** scheduled for June 11 to June 13. See following pages for poster, draft agenda, registration form and route map.

Hand drummers welcome, other Bands are invited to bring their Community Flags for the procession. This 3 day event will be recorded through video, still photography and the Media have been invited to cover the event.

Please note that Covid restrictions will be in place and strictly enforced. Please wear a mask.

Walking Our Spirits Home



Save The Dates
June 11 to 13, 2021
Kamloops to Chase (ALIB)
June 11 - 9am meet at Red Bridge
11:15am Residential School
June 12 - 8:45am Breakfast
June 13 - 9:00am Breakfast

For More Information/Registration Contact
Councilor Brandy Chelsea, bjules@alib.ca
Julie John, Event Coordinator at julie_joh@hotmail.com
****Drummers are Welcome****



**Adams Lake
Indian Band**

Notes:

- We expect to have tractors with trailers, horses and buggy and vans to transport elders and family members, water, and snacks along the way
- First aid and mental and spiritual support at the residential school and along the walk will be available for this healing journey.
- COVID-19 regulations will be followed and adhered to during this walk to protect our families and communities.
- All Hand Drummers Welcome
- Other Bands are invited to bring their Community Flags for the procession
- This 3-day event will be recorded through video, still photography, and the Media have been invited to cover the event, please make sure a media consent form/registration is filled out.



Walking our Spirits Home

Hosted by the Adams Lake Indian Band

Registration Form

June 11-13, 2021



Please return registration to Julie John at julie_joh@hotmail.com by no later than Friday, June 4, 2021

Last Name:	First Name:
Address:	City/Town:
Contact #:	Email:
PHN #:	

I/We will be walking for: _____

Additional Family Members Walking in same group (Max. 10/Group):

Name:	Age:	PHN #:	Status #:

In case of emergency:

Last Name:	First Name:
Relation:	Contact #:

Last Update: February 19, 2020



Walking our Spirits Home

Hosted by the Adams Lake Indian Band

Registration Form

June 11-13, 2021



Medical Information:

Allergies, Food Sensitivities & Dietary Restrictions: _____

I/We will participate/walk/run on the following date(s): (for food/event coordination purposes)

- ☐ Friday, June 11, 2021
- ☐ Saturday, June 12, 2021
- ☐ Sunday, June 13, 2021
- ☐ I cannot walk/run but will be in attendance for the final day activities/food (June 13)
- ☐ I can volunteer Friday / Saturday / Sunday
- ☐ I cannot participate but I am a residential school survivor (please provide current mailing address)

Please know that participants are responsible to monitor their own food intake for potential allergens – when unsure of ingredients, please ask staff or cooks.

Note that COVID restrictions will be in place and strictly enforced.

Authorization and Consent:

I hereby grant ALIB the right to record through video, still photography, sound and/or other devices of me/family and distributing on ALIB media platforms.

I understand and agree to the conditions outlined. I release all claims which I have or may have arising out of the recordings and their use.

- ☐ Yes
- ☐ No

Authorization and Consent:

I will take full responsibility for my health and wellbeing as well as my child(ren)/family during Walking Our Spirits Home event.

Signature: _____

Date: _____

Draft Agenda

MC: Paul Michel

Day 1, Friday June 11th

- 9:00 – Gather at Red Bridge, Pioneer Park side, Kamloops
- 9:10 – Tobacco Burning and drum songs
- 9:30 – Walk across the bridge to the residential school, Kamloops Indian Reserve No 1
- 11:15 – Ceremonies at the site of the residential school
 - Kukpi7 Wayne Christian, Tribal Chief Shuswap Nation Tribal Council
 - Kukpi7 Cliff Arnouse, Adams Lake Indian Band
 - Kukpi7 Roseanne Casimir, Tk'emlups te Secwepemc
 - Mayor Ken Christian, City of Kamloops (TBC)
- 12:30 – Lunch meals handed out (bagged lunches)
 - – Check in at Registration Table
- 1:00 – Procession begins relay journey on old highway via Kamloops Shuswap Road
 - Walkers can do 5km increments, transportation will be available from the Residential School (Due to the high volume of walkers expected, please sign up for times):
 - 1:00 pm – 1 to 5 km marker
 - 2:00 pm – 5km to 10 km marker
 - 3:00 pm – 10 km to 15 km marker
 - 4:00 pm – 15 km to 20 km marker
 - 5:00 pm – 20 km to 25 km marker
- 6:00 – Arrival at 25 km marker, done for the day

Day 2, Saturday June 12th

- 8:45 - Breakfast packages handed out at Adams Lake Recreation Conference Centre (ALIB gym) Chase
 - Check in at Registration Table
- 9:30 – Begin relay at the 25km marker/Opening Prayer
 - Walkers can do 5km increments, transportation will be available from the Residential School (Due to the high volume of walkers expected, please sign up for times):
 - 9:30am – 25 km to 30 km marker
 - 10:30am – 30 km to 35 km marker
 - 11:30am – 35 km to 40 km marker
 - 12:30pm – 40 km to 45 km marker
 - 1:30pm – 45 km to 50 km marker
- 2:30 pm to 4:30 pm – Finish at the 50km marker/Closing Prayer

Day 3, Sunday June 13th

- 9:00 – Breakfast packages handed out at Adams Lake Recreation Conference Centre (ALIB gym), Chase
 - Check in at Registration Table
- 9:30 – Families and elders begin final walk to gym at 50 km marker/Opening Prayer
 - 9:30am – 50 km to 55 km marker
- 10:30 am - Stop at the ALIB graveyard to honour our past Residential School Survivors
- 11:30 – arrival at the ALIB gym
 - Closing Ceremonies - Tobacco burning, smudge ceremony
 - Kukpi7 Cliff Arnouse, Adams Lake Indian Band
 - Words from Elders
 - Councillor Brandy Chelsea, Adams Lake Indian Band
 - Other Chiefs
 - Honouring ALIB Survivors of Indian Residential School
- Barbeque Salmon meal
- Closing Healing Ceremony: TENATIVE - Bear Dancers
- Closing from an Elder



Walking Our Spirits Home

Walking Our Spirits Home Kamloops to Chase (ALIB) June 11-13, 2021

- Legend**
- CITYTOWNS
 - ROUTE MARKERS
 - WALK ROUTE - ALONG KAMLOOPS-SHUSWAP RD
 - SHUSWAP RD
 - FIRST NATION RESERVES

DIRECTIONS

Day 1, June 11th, 8am meet at Red Bridge, 11:1 Sam Residential School. Start at the Red Bridge (ML Paul Way). Turn Right onto E. Athabasca St. Turn right onto Silver Sage Rd. Walk to the May Bridge. Follow trail up to pow wow grounds. Keep going around about up to Chief Alex Thomas Way (along Skepewap Museum and Heritage Park Building). Turn Left onto Chief Alex Thomas Way. Kamloops Residential School will be on the right. Keep on Chief Alex Thomas Way until it meets up with Kamloops-Shuswap Rd. Turn right onto Kamloops-Shuswap Rd. 1st 25km Marker will be around approximately 5.5km past Lafarge Rd Bridge.

Day 2, June 12th, 8:30am Breakfast. Continue from 1st 25km marker located approximately 5.5km past Lafarge Rd Bridge. the 2nd 25km marker is around 6 mile noted grounds (Sampson property, south of Neskonlith Lake Swiftheads).

Day 3, June 13th, 8am Breakfast. Continue from 2nd 25km marker located approximately 9 Mile Road Grounds (Sampson property, south of Neskonlith Lake Swiftheads). keep walking approximately 10 km to the Adams Lake Recreation Conference Center End of Walk.

FOR MORE INFORMATION CONTACT/ REGISTRATION:
Brandy Cheeser, tblies@alib.ca
Jude John, jude.john@alib.ca

Date: May 28, 2021
Reference Scale: 1:100,000
Data Source: Esri, DeLorme, AIB
Mapping by: Adams Lake Indian Band (AD)
0 500m 1000 1500 2000 2500 3000 3500 4000 4500 5000

