

Walking Our Spirits Home Sponsored by Adams Lake Indian Band

Agenda (Approximate Times)

Day 1, Friday June 11th

- 8:00 Registration table opened (Pioneer Park & Pow Wow Grounds)
- > 9:00 Gather at Red Bridge, Pioneer Park side by the water, Kamloops, B.C.
- 9:10 Opening Prayer by elder, Tobacco Burning & drum songs Lead by Howard Shields, ALIB Cultural Worker
- > 9:30 Walk across the bridge to the Pow Wow Grounds, Flag, and eagle staff in front
- > 11:00 Ceremonies at the MC Paul Michel
 - o Ceremony Co-leader Councillor Brandy Chelsea, Adams Lake Indian Band
 - Kukpi7 Roseanne Casimir, Tk'emlups te Secwepemc
 - o Kukpi7 Wayne Christian, Tribal Chief Shuswap Nation Tribal Council
 - Kukpi7 Cliff Arnouse, Adams Lake Indian Band
 - Mayor Ken Christian, City of Kamloops, BC (TBC)
- 12:15 Bagged Lunch (handed out at Pow-Wow Grounds)
- 1:00 Procession begins relay journey on Kamloops Shuswap Road, Flag, families, drums
 - Walkers can do 5km increments, transportation will be available to and from the Pow Wow Grounds (Due to the high volume of walkers expected, please sign up for times so we may follow COVID safety plan, groups of max. 10 walkers) Please park at the designated parking areas at the Pow Wow Grounds:
 - 1:00 pm 1 to 5 km marker
 - 2:00 pm 5km to 10 km marker
 - 3:00 pm 10 km to 15 km marker
 - 4:00 pm 15 km to 20 km marker
 - 5:00 pm 20 km to 25 km marker
- > 6:00 Arrival at 25 km marker, Flag, and eagle staff first, Elders prayer done for the day





Day 2, Saturday June 12th

- > 8:00 am Registration table open at T'kemlups Pow Wow Arbour
- > 8:45 Breakfast packages handed out at T'kemlups Pow Wow Arbour
- > 9:30 Begin relay at the 25km marker/Opening Prayer
 - Flag, eagle staff and elders will lead our group
 - Walkers can do 5km increments, transportation will be available from the Pow Wow Grounds (Due to the high volume of walkers expected, please sign up for times):
 - 9:30am 25 km to 30 km marker
 - 10:30am 30 km to 35 km marker
 - 11:30am 35 km to 40 km marker
 - 12:00 to 12:30 pm LUNCH En Route/Food Truck
 - 12:30pm 40 km to 45 km marker
 - 1:30pm 45 km to 50 km marker
- 2:30 pm to 4:30 pm Finish at the 50km marker Flag put away for the day/Closing Prayer

Day 3, Sunday June 13th

- > 8:00 Check in at Registration Table at the ALIB Gym
- 9:00 Breakfast packages handed out at Adams Lake Recreation Conference Centre (ALIB gym), Chase
- 9:30 Families and elders, Flag and Eagle Staff in front, begin final walk to gym at 50 km marker/Opening Prayer. Drums and songs throughout the final 8km
 - 9:30am 50 km to ALIB Graveyard (may be more than 5km)
- > 11:00 am Stop at the ALIB cemetery to honour our past Residential School Survivors
 - Support workers will be available
- > 12:00 Arrival at the ALIB gym parking lot
 - Closing Ceremonies Begin Tobacco burning, smudge ceremony
 - Speakers:
 - Kukpi7 Cliff Arnouse, Adams Lake Indian Band
 - Kukpi7 Wayne Christian, Tribal Chief Shuswap Nation Tribal Council





- Mayor Rod Crowe, Chase, BC (TBD)
- Ceremony Co-leader Councillor Brandy Chelsea, Adams Lake Indian Band
- Honouring Adams Lake Indian Band Survivors of Indian Residential School
- Honouring Indian Residential School attendees (Past and Present)
- Closing Healing Ceremony: Bear Dancers
- 2:30 pm Barbeque Salmon Feast
 - Recognition of donations done by Michelle Lynxleg, ALIB
- Closing from an Elder/Kukpi7

Notes:

- We expect to have horses & a buggy and vans to transport elders and family members. Transportation will also be available to your start and return to your vehicle. Must wear your mask if you are getting a ride from volunteer drivers.
- First aid and mental and spiritual support at the residential school and along the walk will be available for this healing journey
- COVID-19 regulations will be followed and adhered to during this walk to protect our families and communities
- All Hand Drummers Welcome
- Other Bands are invited to bring their Community Flags for the procession
- This 3-day event will be recorded through video, still photography, and the Media have been invited to cover the event, please make sure a media consent form/registration is filled out
- Water/Snacks will also be available during the walk, please make sure you also bring your own supply of water and snacks to take care of your health during the walk
- Due to the high volume of walkers expected, we will limit walkers for the 5km increment times.

