The Adams Lake Health Center would like to create an information call list for families with children ages 0- 18 years old in regards to upcoming events, training, etc.

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To register please call the Adams Lake Health Center.

250-679-7726 ext. 2351

You can also contact Robin Murphy 778-257-3722

Niomi Boadway 250-371-7062

Sandy Lund 778-257-4123