



FNHA Mental Health Provider List

Listed below are the names and contacts of counselors within the Secwepemc Territory through FNHA who are here and ready to support our nation members during these stressful times. Contact a counselor of your choice so that they can connect with you by phone, or online.

SERVICE PROVIDER	TELEPHONE	EMAIL	LOCATION
Karen Lara	250-299-8543	info@antarescounselling.com	Kamloops
Tracy Davison	250-320-3407	finefeathercounselling@gmail.com	Kamloops
Nicole Befurt	250-319-8596	nbefurt@gmail.com	Kamloops
Jeff Conners	250-819-0316	jeffreydavidconners@gmail.com	Kamloops
Shannon Ritchie	250-819-1902	sritchie@rbpinterior.com	Kamloops
Robert Dolson	250-319-0101	rdolson@rbpinterior.com	Kamloops
Kalie McIntosh	250-574-1426	kmcintosh@rbpinterior.com	Kamloops
Shelley Bonnah	250-819-1898	sbonnah@rbpinterior.com	Kamloops
Wade Alexander	778-472-0388	Focusing-with-wade@shaw.ca	Kamloops
Corrinna Douglas	250-299-4197	corrinna@cordiscovery.ca	Kamloops
Erle Jaeger	778-281-1287	Ejaeger4@gmail.com	Kamloops
Elyssa Krutop	250-571-6953	ekrutop@alignedcounselling.com	Kamloops
Cole Levitt	778-220-1410	clevitt@alignedcounselling.com	Kamloops
Urszula Zawadzka	250-377-5433	uzawadzke@alignedcounselling.com	Kamloops
Dave Freeze	250-318-1099	dave@riplerockconsulting.com	Kamloops
Robin Collins	778-257-1150	robin@collinscounselling.ca	Kamloops
Matt McLean	250-320-0846	mattmcleancounselling@gmail.com	Kamloops



Bobbie Rasmussen-Merz	250-879-2244	bobbie@artandpossibility.com	Kamloops
Gina Carnegie	250-879-0234	gina@charmcountselling.ca	Kamloops
Sharon Todd	250-320-8615	Stodd66@telus.net	Kamloops
Shelley Blair	250-819-1685	shelleyblair@live.ca	Kamloops
Magdalena Tornyai	250-315-8432	magditornyai@gmail.com	Kamloops
Nicole Tourangeau	250-981-2960	Nicole.tourangeau@alumni.unbc.ca	Kamloops
Mark Moody	250-899-5278	markmjmoody@gmail.com	Kamloops
Rachael Pasemko	250-318-0652	rachael@lighthousetherapy.info	Kamloops
Patrick McDonald	778-257-7801	Mcd9396@telus.net	Kamloops
Sandip Sadhra	778-257-0480	ssadhra7@gmail.com	Kamloops
Ricardo Pickering	250-842-8552	dickiepickering@gmail.com	Cache Creek
Kendra Rogers-Calabrese	250-398-6378 / Or text 250-398-0438	Wellnest213@telus.net	Williams Lake
Jennifer Hanson	604-866-6585	opencirclecounselling@gmail.com	Williams Lake
Carrie McNeely	250-819-0268	Dragonflycounselling.ca	Kamloops
Narinder Serown	250-682-1074	Nserown1@gmail.com	Kamloops
Mary Widmer	250-554-4747	mary@candcresources.com	Kamloops
Jolene Lindsey	250-554-4747	jolene@candcresources.com	Kamloops
Jillian Shepard	250-554-4747	jillian@candcresources.com	Kamloops
Jennifer Dustin	250-554-4747	jennifer@candcresources.com	Kamloops
Adele Huculak	250-554-4747	adele@candcresources.com	Kamloops