

Adams Lake Indian Band

P.O. Box 588; Chase, BC V0E 1M0

PHONE: (250) 679-8841 FAX: (250) 679-8813

www.adamslakeband.org email: receptionist@alib.ca

ALIB Community Communique

FOR IMMEDIATE RELEASE

Sept 23, 2021

Adams Lake Covid-19 Update

Submitted by Health & Wellness Department

Total cases since January 1, 2021: 73 cases.

*approximate, as we don't know all contacts.

Current Active Covid Cases	Recovered Covid Cases	Isolating at Home (Confirmed case or close contact)
5	68	5

Is Covid gone?

No, Covid isn't gone despite the vaccine rates. Recently, 15 of our members tested positive for Covid-19 and were on isolation. Some members are still on isolation. We thank our members for getting tested and completing their isolation. By doing so it protects our Elders and more vulnerable members.

What to do if you have Covid and cold symptoms?

If you have Covid symptoms please call **8-1-1**, you can also call Adam's Lake Indian Band Health Centre **250-679-7726**.

What to do if you get tested for Covid?

Once you get tested you need to go home and isolate until you get your result. If your result is negative but you still have symptoms you need to keep

isolating. If your test comes back negative and you have no symptoms and no one else in your home is positive, then you do not have to isolate. If your test comes back positive you must start isolation, call the **8-1-1** line, call the nurse at Adam's Lake Health Centre **250-679-7726** and wait for Interior Health to call you for your interview. If a member of your household test positive, you and everyone in the household must isolate. Interior Health will contact you for your interview and will let you know how many days you must isolate. If you test positive, please call the nurse at Adam's Lake Health Centre as we can help you with cleaning supplies and basic groceries up to \$100. There is also financial support for people on isolation from First Nations Health Authority (FNHA). Call the Adams Lake Health Centre for more information.

Third dose vaccine for immunocompromised individuals

A third dose of Covid-19 vaccine is recommended for some people who are moderate to severely immunocompromised. Some individuals are unable to develop strong immune response from two doses because of medications they are taking, treatments and some medical conditions as a result these individuals need a third vaccine to create an appropriate level of immunity and protection against Covid-19.

Who is eligible for third doses?

People who are moderately and severely immunocompromised which includes individuals who had solid organ transplant, individuals receiving cancer treatments and other related treatments. If you are immunosuppressed you will receive an invitation by text, email or phone call from the get vaccinated system, if you don't, please contact the **8-1-1** line.

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What is the difference between a third dose and a booster dose?

A booster dose is an additional vaccine you may get later if the protection from the initial two doses vaccine series begins to decrease. A third vaccine is an additional vaccine given to immunosuppressed individuals for them to reach an appropriate level of antibodies for protection. We have not received any information at this time about booster vaccines.

BC vaccine passport

Your BC vaccine passport is now available online at www2.gov.bc.ca. You will need to provide your health card number, birthdate, and the date of one of the vaccines you received. You can save your passport with a screenshot with either an iPhone or smart phone. If you don't have either phone you can come to the Adams Lake Health Centre to make a copy of your passport.

Why do I need my vaccine passport?

As of September 13th, you will need to show proof of vaccination at the following businesses: restaurants, bars, pubs, lounges, fitness centres, organized indoor events (50 people), night clubs, movie theatres, indoor concerts, and indoor sporting events.

What to do if my immunization record is wrong?

If you log into your vaccine passport and your immunization record is wrong you need to scroll down the first page of the website www2.gov.bc.ca to "My immunization is wrong", they will ask you to upload a picture of the immunization card you were given when you received your vaccine. The website states it would take a few days to update but I know that it takes longer from experience.

Who can I contact if I have any questions about my vaccine passport?

If you have any questions about the vaccine passport, please call **1-833-838-2323**. If you need help with getting your vaccine passport online, please call the Adams Lake Health Centre and ask to speak to the nurse.

Meal programs

Our meal program for our Elders has taken off very well. We will be making a special Thanksgiving meal within our meal program for our Elders which will be delivered on October 8th, a portion of turkey, with mash potatoes, gravy, and cranberry sauce. If you are an Elder and have not yet received a frozen meal, please call the Adams Lake Health Centre. We would like to remind our Elders to return our plastic containers so we can wash them and put them through our industrial dishwasher to reuse for the next meals.

Immunization for grade 6 and 9

Children grade 6 and 9 will be sent home with a consent form for parents to sign. As previous years, the immunization will not be at the schools but at the Adams Lake Health Centre and by appointment to make it easier on the children. The immunization will start at the end of October, to book your grade 6, or grade 9 child please call the Adams Lake Health Centre. The vaccines for grade 6 are HPV vaccine, 2 doses 6 months apart and varicella vaccine if they have not received two doses. The vaccine for grade 9 is men-C and Tdap booster. Your child would have received those vaccines as infants and those are boosters to make sure they retain good immunity levels. If you have any questions please call the nurse at Adams Lake Health Centre.

Stay Safe & Healthy