



Get the
FLU



SHOT
not the flu!

Influenza Flu vaccines

There will not be any mass Flu clinics this year but the nurse will be booking smaller flu clinics by appointments at Sxwetsméllp IR # 6 and Sexqeltqin IR # 4 . The dates for the clinics are

Sxwetsméllp IR # 6 : Nov 1st and 8th 2021

Sexqeltqin IR # 4 : Nov 2nd , 3rd and Nov 5th, 2021

How do I register for the Flu vaccines?

Please call Sxwetsméllp IR # 6 office to register 250-833-0356.

Please call Sexqeltqin IR # 4 office to register 250-679-7726.

What is Influenza? Influenza is an infection of the upper way caused by the influenza virus.

Why should I get the Flu shot? A flu shot will protect you against the influenza virus. A person who has influenza is at risk of contracting other infections such as Covid, and pneumonia, while sick with the influenza. Therefore it is important that you get your influenza shot.

Who should get the Flu shot?

All children 6 months and older, pregnant women, elders, teens and adults and essential workers.

Who should not get the Flu shot?

Speak to your doctor if you had life threatening reaction to a previous dose of Influenza vaccine, or to any part of the vaccine. People with allergy to eggs can receive the flu shot. People who had severe Oculo-respiratory syndrome.

How does the Influenza spread? Influenza spreads easy from person to person through coughing, sneezing, or face to face contact. The virus can also survive on objects, If an infected person touches her nose and then touch an object, then you can catch it from that object.

Grade six and nine routine vaccines

The consent for Grade 6 and 9 immunization will be sent with your children. Please call Sexqeltqin Health Centre to book the appointment 250-679-7726.